

Course Title: Facing Anxiety

Description:

In this four-session series, pastor Jonathan Pokluda explores how Christians can face anxiety head-on. With real-life stories from people facing various kinds of anxiety, this series helps us see that peace can be found on this side of eternity.

Objective: To help those struggling with anxiety to overcome and find peace.

Schedule:

1. Trailer 2 min
2. Pretending at the Expense of Peace 17 min
3. Peace of Mind 13 min
4. Peace From Rest 12 min
5. Peace From Heaven 14 min

Approved for ACSI	
CEU Type	Educational
Contact Length	58 min
Requested CEUs / ISPs	.97
CEUs / ISPs Available	.97
Course Delivery Mode	Online Learning
ACSI Course ID	ACSI202554216