

6:AM

Welcome and congrats

**We can't wait to work with you
to get the life and career that
you deserve!**

With us you will experience personal growth, make powerful change, create kick ass plans and visualise your future. The great news is you are already one step closer. Before we can get started, we need to understand a little more about you.

So please take the time to complete this form and get it back to us as soon as you can.

Your Details

Name. _____ Date. _____
Preferred name. _____ DOB. _____
Email. _____ Phone. _____
Occupation. _____

Emergency Contact

Name. _____ Phone. _____

Please sign here. _____

Please continue to next page to fill out our new client questionnaire...

6:AM

I am over 18 years old

Yes, I am over 18

No, I am under 18 years

Where are you located?

New Zealand

Australia

International

How did you hear about this program?

Friend

Social Media

Other _____

What are you wanting to achieve from this program?

1. _____
2. _____
3. _____

What have your limitations to achieving your goals been in the past?

- _____
- _____
- _____

Have you tried any other programs before? If so what were they?

- _____
- _____
- _____

Are you currently working with any other professionals e.g. counsellors, psychologist etc. If so, which ones?

- _____
- _____
- _____

On a scale of 1-5, one being very unhappy and five being very happy, please rate the following areas of your life.

____ Health/Fitness

____ Partner/Love

____ Physical Environment

____ Career/Work

____ Learning/Growth

____ Finance

____ Family/Friends

____ Fun

Would you like us to send you any newsletters, videos or podcasts?

Yes, please! Send to my email address _____