

Recap: What do we know about dodgeball?

Lesson 1/6

**To throw
a dodgeball
with precision
and speed**

Success Criteria

To be able to:

- Throw the ball with precision and speed and attempt to use either hand**
- Throw with increasing power and at a low trajectory**
- Throw hard and low at your opponents**

Recap: To throw a dodgeball with precision and speed

Lesson 2/6

To dodge with control in a game of dodgeball

Success Criteria

To be able to:

- React quickly and dodge keeping good balance and control**
- Know to turn my back on the other team**
- Know how to use 'the court' to avoid being easily hit**

Recap: To dodge with control in a game of dodgeball

Lesson 3/6

To block the ball to protect yourself or a teammate

Success Criteria

To be able to:

- Use a ball in a game to block and protect themselves**
- Use the block to regain possession of the ball**
- Know what I need to do when my team is down to the last couple of players**

Recap: To block the ball to protect yourself or a teammate

Lesson 4/6

To catch a ball during a game of dodgeball

Success Criteria

To be able to:

- Consistently catch a ball during a game of dodgeball in the ready position**
- Attempt to catch the ball and when to dodge**
- Catch balls low down and thrown at pace at me**

Recap: To catch a ball during a game of dodgeball

Lesson 5/6

To work as a team in a modified dodgeball game

Success Criteria

To be able to:

- Know that if they drop an attempted catch, they are out**
- Choose the right moment to attack and defend**
- Know who to target on the opposition and what tactics might be best deployed**

Recap: To work as a team in a modified dodgeball game

Lesson 6/6

To work as a team in a dodgeball tournament

Success Criteria

To be able to:

- Know their own strengths are and where they can improve**
- Evaluate and recognise success to help improve performance**
- Play within rules and to resolve any dispute**