

Recap: What do we know about dodgeball?

Lesson 1/6

To throw a dodgeball with precision and speed

Success Criteria

To be able to:

- **Throw the ball with precision and speed and attempt to use either hand**
- **Throw with increasing power and at a low trajectory**
- **Throw hard and low at your opponents**

Recap: To throw a dodgeball with precision and speed

Lesson 2/6

To dodge with control in a game of dodgeball

Success Criteria

To be able to:

- **React quickly and dodge keeping good balance and control**
- **Know to turn my back on the other team**
- **Know how to use 'the court' to avoid being easily hit**

Recap: To dodge with control in a game of dodgeball

Lesson 3/6

To block the ball **to protect yourself** **or a teammate**

Success Criteria

To be able to:

- **Use a ball in a game to block and protect themselves**
- **Use the block to regain possession of the ball**
- **Know what I need to do when my team is down to the last couple of players**

Recap: To block the ball to protect yourself or a teammate

Lesson 4/6

To catch a ball during a game of dodgeball

Success Criteria

To be able to:

- **Consistently catch a ball during a game of dodgeball in the ready position**
- **Attempt to catch the ball and when to dodge**
- **Catch balls low down and thrown at pace at me**

Recap: To catch a ball during a game of dodgeball

Lesson 5/6

To work as a team in a modified dodgeball game

Success Criteria

To be able to:

- **Know that if they drop an attempted catch, they are out**
- **Choose the right moment to attack and defend**
- **Know who to target on the opposition and what tactics might be best deployed**

Recap: To work as a team in a modified dodgeball game

Lesson 6/6

To work as a team in a dodgeball tournament

Success Criteria

To be able to:

- **Know their own strengths are and where they can improve**
- **Evaluate and recognise success to help improve performance**
- **Play within rules and to resolve any dispute**