

Recap: What do we know about hockey?

Lesson 1/6

To control the ball by dribbling and using a stick

Success Criteria

To be able to:

- Know how to hold a hockey stick correctly**
- Dribble the ball at various speeds**
- Know how to move a hockey stick and be able to adjust it to where the ball is placed**

Recap: To control the ball by dribbling and using a stick

Lesson 2/6

**To use a variety
of passes**

**whilst stationary
and travelling**

Success Criteria

To be able to:

- Know how to pass the ball by sliding the ball towards a teammate – push pass**
- Use the 'slap pass' for passing over a longer distance**
- Use the stick to pass short and long and know where to place their hands on the grip**
- Know when to dribble and when to look to pass the ball**

Recap: To use a variety of passes whilst stationary and travelling

Lesson 3/6

To shoot the ball under control

Success Criteria

To be able to:

- **Know where to hold the stick to get power in their shots**
- **Understand they can only score inside the opponent's circle**
- **Use correct technique when aiming at a target in a game situation**

Recap: To shoot the ball under control

Lesson 4/6

To select the correct tactics within a game situation

Success Criteria

To be able to:

- Perform a range of passes in a game situation (Small-sided games, e.g. 2v2 or 3v3, etc.)**
- Dribble/run with a ball confidently in a game situation**
- Use the correct technique when aiming at a target in a game situation**

Recap: To select the correct tactics within a game situation

Lesson 5/6

To play a small modified game of hockey

Success Criteria

To be able to:

- Understand they cannot kick the ball on purpose**
- Understand they cannot use the back of their stick**
- Understand they cannot lift their stick up to play the ball in the air**
- Understand they cannot hit another player's stick with theirs**

Recap: To play a small modified game of hockey

Lesson 6/6

To play a game of hockey

Success Criteria

To be able to:

- Officiate and run small games of hockey and be able to follow the rules they have learnt throughout the term**
- Consistently demonstrate an understanding of spatial awareness**
- Effectively apply some elements of strategy and tactics**