

**Recap: What do we know about netball?**

**Lesson 1/6**

**To decide when to use different types of passing and know the correct footwork needed in netball**

### **Success Criteria**

**To be able to:**

- **Realise when they need to use each type of pass**
- **Perform a range of passes against a defender**
- **Catch the ball with one foot on the ground and know that foot is called the landing foot**
- **Pivot on the landing foot and move the other foot any number of times**
- **Understand the rules regarding footwork faults**

**Recap: To decide when to use different types of passing and know the correct footwork needed in netball**

**Lesson 2/6**

# **To shoot the ball whilst under pressure**

## **Success Criteria**

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### **To be able to:**

- Know how to stand and hold the ball before shooting**
- Use correct technique when aiming at a target in a game situation**
- Shoot the ball whilst the defender stands the required distance away applying pressure**

**Recap: To shoot the ball whilst under pressure**

**Lesson 3/6**

**To understand the  
roles of each player  
on the netball team  
and know the specific  
rules involved**

### **Success Criteria**

**To be able to:**

- **Understand where each specific player can move to on the court**
- **Know that they are expected to play in each position throughout the games**
- **Know they only have four seconds to hold the ball**
- **Analyse skills and techniques to modify and improve performance**

**Recap: To understand the roles of each player on the netball team and know the specific rules involved**

## **Lesson 4/6**

**To have the opportunity  
to play in all roles  
on the netball team  
and know the specific  
rules involved**

### **Success Criteria**

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#### **To be able to:**

- **Move across the court whilst passing the ball confidently using the correct techniques against a defender**
- **Know they only have four seconds to hold the ball**
- **Analyse skills and techniques to modify and improve performance**

**Recap: To have the opportunity to play in all roles on the netball team and know the specific rules involved**

## **Lesson 5/6**

# **To play small modified games of netball**

### **Success Criteria**

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#### **To be able to:**

- Understand the rules of netball and the positions that are needed**
- Identify and use tactics to help the team keep the ball and advance it forward**
- Apply some elements of strategy and tactics**

**Recap: To play small modified games of netball**

**Lesson 6/6**

# **To play small-sided games and follow the rules of the game**

## **Success Criteria**

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### **To be able to:**

- Pass and receive under control in a game situation**
- Understand each positions roles and responsibilities**
- Demonstrates leadership qualities to provide strategy and tactics in game situations for teammates to succeed**