

**Recap: What do we know about tag rugby?**

**Lesson 1/6**

# **To dodge a defender when running toward a target area**

## **Success Criteria**

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### **To be able to:**

- Dodge a tagger successfully**
- Dodge a defender when running towards a target area by recognising space on the field**
- Know how to avoid being tagged**
- Run whilst holding a rugby ball securely and correctly**
- Score a try successfully**

**Recap: To dodge a defender when running toward a target area**

**Lesson 2/6**

# **To defend and 'tag' an opponent**

## **Success Criteria**

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### **To be able to:**

- Know how to tag other players**
- Know the roles of the defending team is to try and stop the opposition moving forward**
- Know that the dangerous attacking player is the one who is carrying the ball**

**Recap: To defend and 'tag' an opponent**

**Lesson 3/6**

**To pass the ball  
accurately and  
with speed in  
both directions  
whilst on the move**

**Success Criteria**

**To be able to:**

- **Pass the ball correctly on the run**
- **Catch the ball whilst running forwards**
- **Pass the ball in both directions depending on where they are on the field**
- **Know that they must move the ball forward at the same time as passing it backwards**

**Recap: To pass the ball accurately and with speed in both directions whilst on the move**

## **Lesson 4/6**

# **To attack in teams of 3's and 4's**

## **Success Criteria**

### **To be able to:**

- Use the spaces on the field to attack and score**
- Look to see gaps between defenders and run into them to advance forward**
- Know if there are no gaps to run into, they could pass to a teammate**
- Perform a range of passes in a game situation (Small-sided games, e.g. 3v3)**

**Recap: To attack in teams of 3's and 4's**

**Lesson 5/6**

# **To attack as a team**

## **Success Criteria**

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### **To be able to:**

- **Know that they have six attempts to advance the ball forward**
- **Restart the game after they have been tagged by 'playing the ball'**
- **Explain the basic rules of tag rugby and understand the difference between attack and defense**

**Recap: To attack as a team**

**Lesson 6/6**

# **To play 7-a-side tag rugby games using the techniques of the game**

## **Success Criteria**

### **To be able to:**

- Follow the rules of the game**
- Identify and use tactics to help the team keep the ball and advance it forward**
- Identify and use tactics to help the team defend and win the ball back**
- Officiate small games between themselves and be able to restart the game after a stoppage in play**
- Analyse skills and techniques to improve performance**