

Recap: What do we know about tag rugby?

Lesson 1/6

To dodge a defender when running toward a target area

Success Criteria

To be able to:

- **Dodge a tagger successfully**
- **Dodge a defender when running towards a target area by recognising space on the field**
- **Know how to avoid being tagged**
- **Run whilst holding a rugby ball securely and correctly**
- **Score a try successfully**

Recap: To dodge a defender when running toward a target area

Lesson 2/6

To defend and 'tag' an opponent

Success Criteria

To be able to:

- **Know how to tag other players**
- **Know the roles of the defending team is to try and stop the opposition moving forward**
- **Know that the dangerous attacking player is the one who is carrying the ball**

Recap: To defend and 'tag' an opponent

Lesson 3/6

To pass the ball accurately and with speed in both directions whilst on the move

Success Criteria

To be able to:

- **Pass the ball correctly on the run**
- **Catch the ball whilst running forwards**
- **Pass the ball in both directions depending on where they are on the field**
- **Know that they must move the ball forward at the same time as passing it backwards**

Recap: To pass the ball accurately and with speed in both directions whilst on the move

Lesson 4/6

To attack in teams of 3's and 4's

Success Criteria

To be able to:

- **Use the spaces on the field to attack and score**
- **Look to see gaps between defenders and run into them to advance forward**
- **Know if there are no gaps to run into, they could pass to a teammate**
- **Perform a range of passes in a game situation (Small-sided games, e.g. 3v3)**

Recap: To attack in teams of 3's and 4's

Lesson 5/6

To attack as a team

Success Criteria

To be able to:

- **Know that they have six attempts to advance the ball forward**
- **Restart the game after they have been tagged by 'playing the ball'**
- **Explain the basic rules of tag rugby and understand the difference between attack and defense**

Recap: To attack as a team

Lesson 6/6

To play 7-a-side tag rugby games using the techniques of the game

Success Criteria

To be able to:

- **Follow the rules of the game**
- **Identify and use tactics to help the team keep the ball and advance it forward**
- **Identify and use tactics to help the team defend and win the ball back**
- **Officiate small games between themselves and be able to restart the game after a stoppage in play**
- **Analyse skills and techniques to improve performance**