

Recap: What do we know about hockey?

Lesson 1/6

To control the ball by dribbling and using a stick

Success Criteria

To be able to:

- Know how to hold a hockey stick correctly**
- Dribble the ball at various speeds**
- Know how to move a hockey stick and be able to adjust it to where the ball is placed**

Recap: To control the ball by dribbling and using a stick

Lesson 2/6

To pass the ball whilst stationary and travelling

Success Criteria

To be able to:

- **Know how to pass the ball by sliding the ball towards a teammate – push pass**
- **Use the stick to pass short and long and know where to place their hands on the grip**
- **Know when to dribble and when to look to pass the ball**

Recap: To pass the ball whilst stationary and travelling

Lesson 3/6

To shoot the ball under control

Success Criteria

To be able to:

- Know where to hold the stick in order to get power in their shots**
- Understand they can only score inside the opponent's circle**

Recap: To shoot the ball under control

Lesson 4/6

To understand the basic rules of hockey

Success Criteria

To be able to:

- Understand they cannot kick the ball on purpose**
- Understand they cannot use the back of their stick**
- Understand they cannot lift their stick up to play the ball in the air**
- Understand they cannot hit another player's stick with theirs**

Recap: To understand the basic rules of hockey

Lesson 5/6

To play a game of hockey

Success Criteria

To be able to:

- **Know how to start and restart the games, and where the defending teams needs to be**
- **Identify and use tactics to help the team keep the ball and advance it forward**
- **Pass, dribble and shoot with control**

Recap: To understand the basic rules of hockey

Lesson 6/6

To play a game of hockey

Success Criteria

To be able to:

- **Know how to start and restart the games, and where the defending teams needs to be**
- **Identify and use tactics to help the team keep the ball and advance it forward**
- **Pass, dribble and shoot with control**
- **Officiate and run small games of hockey and be able to follow the rules they have learnt throughout the term**