

Recap: What do we know about tag rugby?

Lesson 1/6

To dodge a defender when running toward a target area

Success Criteria

To be able to:

- Dodge a tagger successfully**
- Dodge a defender when running towards a target area by recognising space on the field**
- Run whilst holding a rugby ball securely and correctly**

Recap: To dodge a defender when running toward a target area

Lesson 2/6

To defend and 'tag' an opponent

Success Criteria

To be able to:

- Know how to tag other players**
- Know the roles of the defending team is to try and stop the opposition moving forward**
- Know that the dangerous attacking player is the one who is carrying the ball**

Recap: To defend and 'tag' an opponent

Lesson 3/6

To reinforce the passing technique with speed in both directions

Success Criteria

To be able to:

- Pass the ball correctly**
- Pass the ball in both directions depending on where they are on the field**
- Consistently receive and control a ball in a game situation**

Recap: To reinforce the passing technique with speed in both directions

Lesson 4/6

**To pass the ball
accurately and
with speed in
both directions
whilst on the move**

Success Criteria

To be able to:

- **Pass the ball correctly on the run**
- **Catch the ball whilst running forwards**
- **Pass the ball in both directions depending on where they are on the field**
- **Consistently receive and control a ball in a game situation**

Recap: To pass the ball accurately and with speed in both directions whilst on the move

Lesson 5/6

To attack in teams of 3's and 4's

Success Criteria

To be able to:

- Use the spaces on the field to attack and score**
- Look to see gaps between defenders and run into them to advance forward**
- Know if there are no gaps to run into, they could pass to a teammate**
- Perform a range of passes in a game situation (Small-sided games, e.g. 3v3)**

Recap: To attack in teams of 3's and 4's

Lesson 6/6

To play 7-a-side tag rugby games using the techniques of the game

Success Criteria

To be able to:

- Follow the rules of the game**
- Identify and use tactics to help the team keep the ball and advance it forward**
- Identify and use tactics to help the team defend and win the ball back**
- Start to analyse skills and techniques to improve performance**