

Recap: What do we know about hockey?

Lesson 1/6

To develop passing and controlling the ball, both stationary and on the move in hockey

Success Criteria

To be able to:

- **Understand that they need to use the flat side of the hockey stick when controlling the ball**
- **Lower their stick in line with the ball**
- **Control the ball whilst on the move and pass towards a partner without stopping**

Recap: To develop passing and controlling a hockey ball, both stationary and on the move

Lesson 2/6

To develop an understanding of the basic rules of hockey

Success Criteria

To be able to:

- **Understand they cannot kick the ball on purpose**
- **Understand they cannot use the back of their stick**
- **Understand they cannot lift their stick up to play the ball in the air**
- **Understand they cannot hit another player's stick with theirs**

Recap: To develop an understanding of the basic rules of hockey

Lesson 3/6

To be able to play a game of hockey

Success Criteria

To be able to:

- **Know how to start and restart the games, and where the defending teams needs to be**
- **Identify and use techniques to help the team keep the ball and advance it forward**
- **Pass and dribble with control**

Recap: What do we know about tag rugby?

Lesson 4/6

To develop passing the ball accurately whilst on the move in tag rugby

Success Criteria

To be able to:

- **Select how much distance to put into a pass**
- **Pass the ball on the run**
- **Catch the ball whilst running forwards**
- **Understand that they must move the ball forward at the same time as passing it backwards**

Recap: To develop passing the ball accurately whilst on the move in tag rugby

Lesson 5/6

**To develop
attacking as
individuals,
2's and 3's**

Success Criteria

To be able to:

- **Use the spaces on the field to attack and score**
- **Look to see gaps between defenders**
- **Know if there is no gap they pass to a teammate**

Recap: To develop attacking as individuals, 2's and 3's

Lesson 6/6

To be able to play 4-a-side tag rugby games using the techniques and rules of the game

Success Criteria

To be able to:

- **Follow the rules of the game**
- **Identify and use tactics to help the team keep the ball and advance it forward**