

**Recap: What do we know about volleyball?**

## **Lesson 1/6**

**To develop the ability to  
decide which shot needs  
to be played in volleyball  
and keeps a rally going  
with a partner**

### **Success Criteria**

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**To be able to:**

- **Stand in the ready position and move towards the ball**
- **Move as the ball is travelling to get into line with it and select appropriate pass**
- **Understand that their pass has to be played up high, and ball should be travelling slowly**

**Recap: To develop the ability to decide which shot needs to be played in volleyball and keeps a rally going with a partner**

## **Lesson 2/6**

# **To develop passing the ball to a partner who is moving forwards to a space**

### **Success Criteria**

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**To be able to:**

- **Set up an attack with their first pass travelling up and towards the net**
- **Try and follow the dig, set pattern when receiving the ball**
- **Know they are only allowed three touches of the ball on their side of the court before they send it back to a target area**

**Recap: To develop passing the ball to a partner who is moving forwards to a space**

## **Lesson 3/6**

# **To play small 2v2 games and be able to work together to send the ball towards the other team**

### **Success Criteria**

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#### **To be able to:**

- **Understand that they need to play a pass on their side of the court before it is sent back to the other team**
- **Pass the ball towards their partner so that they have time to play the next shot**
- **Use three touches of the ball to get the ball back to the other team**

**Recap: What do we know about dodgeball?**

## **Lesson 4/6**

# **To develop the skill of throwing and catching with a dodgeball**

### **Success Criteria**

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**To be able to:**

- **Throw the ball with accuracy and good technique**
- **Start to throw with some precision at opponents**
- **Aim at and consistently hit a moving target, even from longer distances**

**Recap: To develop the skill of throwing and catching with a dodgeball**

## **Lesson 5/6**

# **To develop the skill of blocking in dodgeball**

### **Success Criteria**

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**To be able to:**

- **Make the decision of whether to dodge or block a ball thrown at them**
- **Know to use the ball to block incoming shots**
- **Block the ball successfully**

**Recap: To develop the skill of blocking in dodgeball**

## **Lesson 6/6**

# **To develop ways of avoiding being hit in dodgeball**

### **Success Criteria**

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**To be able to:**

- **Dodge the ball successfully**
- **Start to jump, leap, duck and sidestep to dodge the ball**
- **Know where to position themselves on the court, to avoid being hit**