

Recap: What do we know about volleyball?

Lesson 1/6

To develop the ability to decide which shot needs to be played in volleyball and keeps a rally going with a partner

Success Criteria

To be able to:

- Stand in the ready position and move towards the ball**
- Move as the ball is travelling to get into line with it and select appropriate pass**
- Understand that their pass has to be played up high, and ball should be travelling slowly**

Recap: To develop the ability to decide which shot needs to be played in volleyball and keeps a rally going with a partner

Lesson 2/6

To develop passing the ball to a partner who is moving forwards to a space

Success Criteria

To be able to:

- Set up an attack with their first pass travelling up and towards the net**
- Try and follow the dig, set pattern when receiving the ball**
- Know they are only allowed three touches of the ball on their side of the court before they send it back to a target area**

Recap: To develop passing the ball to a partner who is moving forwards to a space

Lesson 3/6

**To play small 2v2
games and be able
to work together to
send the ball towards
the other team**

Success Criteria

To be able to:

- Understand that they need to play a pass on their side of the court before it is sent back to the other team**
- Pass the ball towards their partner so that they have time to play the next shot**
- Use three touches of the ball to get the ball back to the other team**

Recap: What do we know about dodgeball?

Lesson 4/6

To develop the skill of throwing and catching with a dodgeball

Success Criteria

To be able to:

- **Throw the ball with accuracy and good technique**
- **Start to throw with some precision at opponents**
- **Aim at and consistently hit a moving target, even from longer distances**

Recap: To develop the skill of throwing and catching with a dodgeball

Lesson 5/6

To develop the skill of blocking in dodgeball

Success Criteria

To be able to:

- Make the decision of whether to dodge or block a ball thrown at them**
- Know to use the ball to block incoming shots**
- Block the ball successfully**

Recap: To develop the skill of blocking in dodgeball

Lesson 6/6

To develop ways of avoiding being hit in dodgeball

Success Criteria

To be able to:

- **Dodge the ball successfully**
- **Start to jump, leap, duck and sidestep to dodge the ball**
- **Know where to position themselves on the court, to avoid being hit**