

Recap: What do we know about rounders?

Lesson 1/6

To develop the overarm throwing and catching technique in rounders

Success Criteria

To be able to:

- **Accurately throw the ball over a variety of distances using overarm technique**
- **Judge the flight of the ball and be ready to catch the ball using the appropriate technique**

Recap: To develop the overarm throwing and catching technique in rounders

Lesson 2/6

To develop a range of fielding techniques in rounders

Success Criteria

To be able to:

- **Watch the flight/movement of the ball and get into line with its path**
- **Receive the ball and return it back to a partner using the correct throwing technique needed**
- **Use the long barrier technique when the ball is travelling on the ground**

Recap: To develop a range of fielding techniques in rounders

Lesson 3/6

To develop the underarm bowling technique in rounders

Success Criteria

To be able to:

- **Bowl the ball to a partner using the correct technique**
- **Understand where they need to release the ball when bowling towards the batter**
- **Understand that they need to bowl the ball between the knee and shoulders of the batter**

Recap: What do we know about cricket?

Lesson 4/6

To develop fielding the ball in a variety of different ways in cricket

Success Criteria

To be able to:

- **Understand the 'long barrier' technique when fielding a low driven ball**
- **Field with growing accuracy, and know where they need to throw the ball back to at the wicket**

Recap: To develop fielding the ball in a variety of different ways in cricket

Lesson 5/6

To develop bowling the ball overarm towards a batsman in cricket

Success Criteria

To be able to:

- **Have a two fingered grip on the ball when bowling**
- **Have a straight arm when bowling and stay away from a throwing action**
- **Release the ball as high as possible and use front arm as a guide towards the target**

Recap: To develop bowling the ball overarm towards a batsman in cricket

Lesson 6/6

To develop playing the correct batting shots from a variety of different feeds in cricket

Success Criteria

To be able to:

- **Understand the correct stance when batting**
- **Have their bat upwards, ready to play their shot when the ball is bowled**
- **Hit the ball on both sides of their body**