

**Recap: What do we know about rounders?**

**Lesson 1/6**

# **To develop the overarm throwing and catching technique in rounders**

## **Success Criteria**

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### **To be able to:**

- Accurately throw the ball over a variety of distances using overarm technique**
- Judge the flight of the ball and be ready to catch the ball using the appropriate technique**

**Recap: To develop the overarm throwing and catching technique in rounders**

**Lesson 2/6**

# **To develop a range of fielding techniques in rounders**

## **Success Criteria**

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### **To be able to:**

- Watch the flight/movement of the ball and get into line with its path**
- Receive the ball and return it back to a partner using the correct throwing technique needed**
- Use the long barrier technique when the ball is travelling on the ground**

**Recap: To develop a range of fielding techniques in rounders**

**Lesson 3/6**

# **To develop the underarm bowling technique in rounders**

## **Success Criteria**

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### **To be able to:**

- Bowl the ball to a partner using the correct technique**
- Understand where they need to release the ball when bowling towards the batter**
- Understand that they need to bowl the ball between the knee and shoulders of the batter**

**Recap: What do we know about cricket?**

**Lesson 4/6**

**To develop  
fielding the ball  
in a variety of  
different ways  
in cricket**

### **Success Criteria**

#### **To be able to:**

- **Understand the 'long barrier' technique when fielding a low driven ball**
- **Field with growing accuracy, and know where they need to throw the ball back to at the wicket**

**Recap: To develop fielding the ball in a variety of different ways in cricket**

**Lesson 5/6**

# **To develop bowling the ball overarm towards a batsman in cricket**

## **Success Criteria**

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### **To be able to:**

- Have a two fingered grip on the ball when bowling**
- Have a straight arm when bowling and stay away from a throwing action**
- Release the ball as high as possible and use front arm as a guide towards the target**

**Recap: To develop bowling the ball overarm towards a batsman in cricket**

**Lesson 6/6**

**To develop playing the  
correct batting shots  
from a variety of different  
feeds in cricket**

### **Success Criteria**

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**To be able to:**

- Understand the correct stance when batting**
- Have their bat upwards, ready to play their shot when the ball is bowled**
- Hit the ball on both sides of their body**