

Recap: What do we know about hockey?

Lesson 1/6

**To introduce the
technique of dribbling
at a variety of speeds
whilst under
control in hockey**

Success Criteria

To be able to:

- **Travel at varied speeds with the ball under control**
- **Get used to moving their stick according to where the ball is going**
- **Know that they cannot use the back of their stick when dribbling with the ball**

Recap: To introduce the technique of dribbling at a variety of speeds whilst under control in hockey

Lesson 2/6

To introduce passing and controlling, both stationary and on the move in hockey

Success Criteria

To be able to:

- **Understand that they need to use the flat side of the hockey stick when controlling the ball**
- **Lower their stick in line with the ball**
- **Control the ball whilst on the move and pass towards a partner without stopping**

Recap: To introduce passing and controlling, both stationary and on the move in hockey

Lesson 3/6

To introduce the basic rules of hockey

Success Criteria

To be able to:

- Understand they cannot kick the ball on purpose**
- Understand they cannot use the back of their stick**
- Understand they cannot lift their stick up to play the ball in the air**
- Understand they cannot hit another player's stick with theirs**

Recap: What do we know about tag rugby?

Lesson 4/6

**To introduce the
technique of passing
the ball accurately
whilst on the move
in tag rugby**

Success Criteria

To be able to:

- **Select how much distance to put into a pass**
- **Pass the ball on the run**
- **Catch the ball whilst running forwards**
- **Understand that they must move the ball forward at the same time as passing it backwards**

Recap: To introduce the technique of passing of the ball accurately whilst on the move in tag rugby

Lesson 5/6

To introduce attacking as individuals, 2's and 3's

Success Criteria

To be able to:

- Use the spaces on the field to attack and score**
- Look to see gaps between defenders**
- Know if there is no gap they pass to a teammate**

Recap: To introduce attacking as individuals, 2's and 3's

Lesson 6/6

To introduce 4-a-side tag rugby games using the techniques and rules of the game

Success Criteria

To be able to:

- Follow the rules of the game**
- Identify and use tactics to help the team keep the ball and advance it forward**