

**Recap: What do we know about volleyball?**

## **Lesson 1/6**

# **To introduce which shot needs to be played and keeps a rally going with a partner in volleyball**

### **Success Criteria**

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#### **To be able to:**

- **Stand in the ready position, and move towards the ball**
- **Move as the ball is travelling to get into line with it and select appropriate pass**
- **Understand that their pass has to be played up high, and ball should be travelling slowly**

**Recap:** To introduce which shot needs to be played and keeps a rally going with a partner in volleyball

## **Lesson 2/6**

# **To introduce passing the ball to a partner who is moving forwards to a space in volleyball**

### **Success Criteria**

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**To be able to:**

- **Set up an attack with their first pass travelling up and towards the net**
- **Try and follow the dig, set pattern when receiving the ball**
- **Know they are only allowed three touches of the ball on their side of the court before they send it back to a target area**

**Recap: To introduce passing the ball to a partner who is moving forwards to a space in volleyball**

## **Lesson 3/6**

# **To introduce small 2v2 games and be able to work together to send the ball towards the other team in volleyball**

### **Success Criteria**

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#### **To be able to:**

- **Understand that they need to play a pass on their side of the court before it is sent back to the other team**
- **Pass the ball towards their partner so that they have time to play the next shot**
- **Use three touches of the ball to get the ball back to the other team**

**Recap: What do we know about dodgeball?**

## **Lesson 4/6**

# **To introduce the skills of throwing, dodging, blocking and catching in same, modified games of dodgeball**

### **Success Criteria**

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**To be able to:**

- **Throw and catch the ball with accuracy and good technique**
- **Decide when to catch or dodge the ball**
- **Know how to avoid being hit, by positioning themselves correctly on the court**

**Recap: To introduce the skills of throwing, dodging, blocking and catching in same, modified games of dodgeball**

## **Lesson 5/6**

# **To introduce the basic rules of dodgeball in adapted games**

### **Success Criteria**

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**To be able to:**

- **Play adapted games with special rules**
- **Know that they need to work as part of a team**
- **Know to aim low to get an opponent out**

**Recap: To introduce the basic rules of dodgeball in adapted games**

**Lesson 6/6**

# **To play small, modified games of dodgeball**

## **Success Criteria**

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**To be able to:**

- **Catch a ball in the ready position and attempt it in a game situation**
- **Be in a good position and be able to move around freely**
- **Understand how to get teammates back in the game**