

Recap: What do we know about dance?

Lesson 1/6

**To introduce working
to a regular beat and
explore different
movement patterns**

Success Criteria

To be able to:

- Work creatively and imaginatively**
- Explore a variety of different movement patterns in time to the music**
- Find new ways of moving**
- Be creative in how they move around**

Recap: To introduce working to a regular beat and explore different movement patterns

Lesson 2/6

To introduce and develop a short sequence

Success Criteria

To be able to:

- **Work creatively and imaginatively**
- **Respond imaginatively to a stimulus used**
- **Perform dances fluently and with control**

Recap: To introduce and develop a short sequence

Lesson 3/6

To practice and perform dance sequences to a regular beat

Success Criteria

To be able to:

- Work creatively and imaginatively**
- Perform dances fluently and with control**
- Remember and repeat simple movement patterns**
- Link actions into a simple dance routine**

Recap: To practice and perform dance sequences to a regular beat

Lesson 4/6

To introduce and develop a short sequence with a partner

Success Criteria

To be able to:

- Work creatively and imaginatively with a partner**
- Use and structure simple movement patterns individually and in pairs**
- Respond and move to a range of different music and the changes in tempo**
- Perform a range of basic movements (Gestures, canon and unison)**

Recap: To introduce and develop a short sequence with a partner

Lesson 5/6

**To practice and perform
group sequences
and rehearse the
full dance routine**

Success Criteria

To be able to:

- Link actions into a simple dance routine in pairs or small groups
- Use movements which express ideas, moods or feeling
- Perform dances fluently and with control

Recap: To practice and perform group sequences and rehearse the full dance routine

Lesson 6/6

To perform a full dance sequence to a regular beat

Success Criteria

To be able to:

- Work independently and in small groups to plan, prepare and perform a dance routine**
- Choose some of the movements they have already explored and use them to make their own movement patterns**
- Create and perform fluent dance routines (4-5 elements)**