

**Recap: What do we know about dance?**

**Lesson 1/6**

# **To introduce working to a regular beat and explore different movement patterns**

## **Success Criteria**

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**To be able to:**

- **Work creatively and imaginatively**
- **Explore a variety of different movement patterns in time to the music**
- **Find new ways of moving**
- **Be creative in how they move around**

**Recap: To introduce working to a regular beat and explore different movement patterns**

**Lesson 2/6**

# **To introduce and develop a short sequence**

## **Success Criteria**

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**To be able to:**

- **Work creatively and imaginatively**
- **Respond imaginatively to a stimulus used**
- **Perform dances fluently and with control**

**Recap: To introduce and develop a short sequence**

**Lesson 3/6**

# **To practice and perform dance sequences to a regular beat**

## **Success Criteria**

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**To be able to:**

- **Work creatively and imaginatively**
- **Perform dances fluently and with control**
- **Remember and repeat simple movement patterns**
- **Link actions into a simple dance routine**

**Recap: To practice and perform dance sequences to a regular beat**

**Lesson 4/6**

# **To introduce and develop a short sequence with a partner**

## **Success Criteria**

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**To be able to:**

- **Work creatively and imaginatively with a partner**
- **Use and structure simple movement patterns individually and in pairs**
- **Respond and move to a range of different music and the changes in tempo**
- **Perform a range of basic movements (Gestures, canon and unison)**

**Recap: To introduce and develop a short sequence with a partner**

**Lesson 5/6**

**To practice and perform  
group sequences  
and rehearse the  
full dance routine**

**Success Criteria**

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**To be able to:**

- **Link actions into a simple dance routine in pairs or small groups**
- **Use movements which express ideas, moods or feeling**
- **Perform dances fluently and with control**

**Recap: To practice and perform group sequences and rehearse the full dance routine**

**Lesson 6/6**

# **To perform a full dance sequence to a regular beat**

## **Success Criteria**

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**To be able to:**

- **Work independently and in small groups to plan, prepare and perform a dance routine**
- **Choose some of the movements they have already explored and use them to make their own movement patterns**
- **Create and perform fluent dance routines (4-5 elements)**