

**Recap: What do we know about rounders?**

## **Lesson 1/6**

# **To introduce and reinforce the underarm throwing and catching technique in rounders**

### **Success Criteria**

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#### **To be able to:**

- **Accurately throw the ball over a variety of distances using underarm technique**
- **Judge the flight of the ball and be ready to catch the ball using the appropriate technique**

**Recap: To introduce and reinforce the underarm throwing and catching technique in rounders**

## **Lesson 2/6**

# **To introduce and reinforce the overarm throwing and catching technique in rounders**

### **Success Criteria**

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#### **To be able to:**

- **Accurately throw the ball over a variety of distances using overarm technique**
- **Judge the flight of the ball and be ready to catch the ball using the appropriate technique**

**Recap:** To introduce and reinforce the overarm throwing and catching technique in rounders

## **Lesson 3/6**

# **To introduce and develop a range of fielding techniques in rounders**

### **Success Criteria**

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#### **To be able to:**

- **Watch the flight/movement of the ball and get into line with its path**
- **Receive the ball and return it back to a partner using the correct throwing technique needed**
- **Use the long barrier technique when the ball is travelling on the ground**

**Recap: What do we know about cricket?**

## **Lesson 4/6**

# **To introduce throwing a cricket ball both underarm and overarm to a partner**

### **Success Criteria**

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**To be able to:**

- **Accurately throw both over and underarm to a partner**
- **Judge the flight of the ball and use the correct technique to catch**

**Recap: To introduce throwing a cricket ball both underarm and overarm to a partner**

## **Lesson 5/6**

# **To introduce fielding the ball in a variety of different ways in cricket**

### **Success Criteria**

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**To be able to:**

- **Understand the 'long barrier' technique when fielding a low driven ball**
- **Field with growing accuracy and know where they need to throw the ball back to at the wicket**

**Recap: To introduce fielding the ball in a variety of different ways in cricket**

**Lesson 6/6**

# **To introduce bowling the ball overarm towards a batsman in cricket**

## **Success Criteria**

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**To be able to:**

- **Have a two fingered grip on the ball when bowling**
- **Have a straight arm when bowling and stay away from a throwing action**
- **Release the ball as high as possible and use front arm as a guide towards the target**