

Recap: What do we know about rounders?

Lesson 1/6

To introduce and reinforce the underarm throwing and catching technique in rounders

Success Criteria

To be able to:

- Accurately throw the ball over a variety of distances using underarm technique**
- Judge the flight of the ball and be ready to catch the ball using the appropriate technique**

Recap: To introduce and reinforce the underarm throwing and catching technique in rounders

Lesson 2/6

To introduce and reinforce the overarm throwing and catching technique in rounders

Success Criteria

To be able to:

- Accurately throw the ball over a variety of distances using overarm technique**
- Judge the flight of the ball and be ready to catch the ball using the appropriate technique**

Recap: To introduce and reinforce the overarm throwing and catching technique in rounders

Lesson 3/6

To introduce and develop a range of fielding techniques in rounders

Success Criteria

To be able to:

- Watch the flight/movement of the ball and get into line with its path**
- Receive the ball and return it back to a partner using the correct throwing technique needed**
- Use the long barrier technique when the ball is travelling on the ground**

Recap: What do we know about cricket?

Lesson 4/6

To introduce throwing a cricket ball both underarm and overarm to a partner

Success Criteria

To be able to:

- Accurately throw both over and underarm to a partner**
- Judge the flight of the ball and use the correct technique to catch**

Recap: To introduce throwing a cricket ball both underarm and overarm to a partner

Lesson 5/6

To introduce fielding the ball in a variety of different ways in cricket

Success Criteria

To be able to:

- Understand the 'long barrier' technique when fielding a low driven ball**
- Field with growing accuracy and know where they need to throw the ball back to at the wicket**

Recap: To introduce fielding the ball in a variety of different ways in cricket

Lesson 6/6

To introduce bowling the ball overarm towards a batsman in cricket

Success Criteria

To be able to:

- Have a two fingered grip on the ball when bowling**
- Have a straight arm when bowling and stay away from a throwing action**
- Release the ball as high as possible and use front arm as a guide towards the target**