

Lesson 1/6

To dodge an opponent whilst running and change direction quickly

Success Criteria

To be able to:

- **Dodge a defender using a variety of different techniques**
- **Move away from crowded areas into space**
- **Negotiate space and obstacles safely, with consideration for themselves and others**

Lesson 2/6

To dribble a ball **using their hands**

Success Criteria

To be able to:

- **Dribble a ball with their hands in a stationary position**
- **Understand how they need to bounce the ball to keep control**
- **Show a preference for a dominant hand**

Lesson 3/6

To dribble a ball **using their feet**

Success Criteria

To be able to:

- **Dribble a ball with their feet, keeping it under control**
- **Move in a variety of directions whilst keeping the ball under control**
- **Demonstrate strength, balance and coordination when playing**

Lesson 4/6

To move with a ball using a variety of techniques against an opponent

Success Criteria

To be able to:

- **Play against an opponent and understand how to keep the ball under control**
- **Know what technique is needed depending on the game and/or ball**
- **Develop and refine a range of ball skills including: Throwing, catching, kicking, passing, batting, aiming**

Lesson 5/6

To play small games using the techniques learnt

Success Criteria

To be able to:

- **Play small games using the skills learnt throughout the term**
- **Dodge and avoid players on the opposite teams**
- **Understand basic rules of games and can follow them**

Lesson 6/6

To play small games using the techniques learnt

Success Criteria

To be able to:

- **Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball**
- **Dodge and avoid players on the opposite teams**
- **Understand basic rules of games and can follow them**