

Lesson 1/6

To dodge an opponent whilst running and change direction quickly

Success Criteria

To be able to:

- **Dodge a defender using a variety of different techniques**
- **Move away from crowded areas into space**
- **Change direction quickly, make sharp turns and off balance the person trying to defend them**

Lesson 2/6

To dribble a ball using their hands when stationary and whilst moving

Success Criteria

To be able to:

- **Dribble a ball with their hands in a stationary position**
- **Understand how they need to bounce the ball to keep control**
- **Change speed and direction safely and under control**

Lesson 3/6

To dribble a ball **using their feet**

Success Criteria

To be able to:

- **Dribble the ball with their feet, keeping it under control**
- **Move in a variety of directions whilst keeping the ball under control**
- **Change speed and direction safely and under control**

Lesson 4/6

To move with a ball using a variety of techniques against an opponent

Success Criteria

To be able to:

- **Play against an opponent and understand how to keep the ball under control**
- **Know what technique is needed depending on the game and/or ball**
- **Know what equipment can be used for to create multi skilled games**

Lesson 5/6

**To show control and
accuracy with the
basic actions of
throwing, rolling
and kicking a ball**

Success Criteria

To be able to:

- **Track balls and other equipment, moving in line to collect them and understanding when ball is at the top of its bounce**
- **Throw and kick a ball in a variety of ways, depending on the game**

Lesson 6/6

To play small games using the techniques learnt

Success Criteria

To be able to:

- **Play small games using the skills learnt throughout the term**
- **Dodge and avoid players on the opposite teams**
- **Understand basic rules of games and can follow them**