

Lesson 1/6

To dribble a ball using their feet in several small competitive games

Success Criteria

To be able to:

- Dribble the ball with their feet, keeping it under control**
- Move in a variety of directions whilst keeping the ball under control**

Lesson 2/6

**To introduce
turning and changing
direction whilst
dribbling a ball
with their feet**

Success Criteria

To be able to:

- **Change direction with the ball whilst moving**
- **Turn with the ball using different surfaces of the foot**
- **Turn in different direction whilst keeping the ball under control**

Lesson 3/6

To dribble a ball using their hands against an opponent

Success Criteria

To be able to:

- **Dribble a ball with their hands in a stationary position**
- **Understand how they need to bounce the ball to keep control**
- **Play against an opponent and understand how to keep the ball under control**
- **Use their bodies to protect the ball against the defender**

Lesson 4/6

To move with a ball using a variety of techniques against an opponent

Success Criteria

To be able to:

- **Play against an opponent and understand how to keep the ball under control**
- **Know what technique is needed depending on the game and/or ball**
- **Know what equipment can be used for to create multi skilled games**

Lesson 5/6

To introduce and develop different types of passing

Success Criteria

To be able to:

- Chest pass the ball to a partner**
- Cushion the ball into their chest when catching**
- Be introduced to different passes including the overarm and bounce passes**

Lesson 6/6

To play small games using the techniques learnt

Success Criteria

To be able to:

- **Play small games using the skills learnt throughout the term**
- **Dodge and avoid players on the opposite teams**
- **Understand basic rules of games and can follow them**