

Lesson 1/6

To roll a ball back and forth with a partner

Success Criteria

To be able to:

- Know the correct way to roll a ball**
- Pick up and put down objects with ease and accuracy**
- Understand how to get low to the ground when rolling the ball**
- Get into line with the ball and be able to receive it**

Lesson 2/6

To throw and catch underarm using a variety of equipment

Success Criteria

To be able to:

- **Throw a ball/bean bag underarm with some accuracy**
- **Know how to throw the ball underarm with control and accuracy**
- **Watch the flight of an object and be able to move in-line with the object in order to catch underarm**

Lesson 3/6

To throw and catch overarm using a variety of equipment

Success Criteria

To be able to:

- **Be aware that the further the target, the harder they need to throw the object**
- **Understand how to throw the ball overarm with control and accuracy**
- **Use basic throwing techniques to hit large targets**

Lesson 4/6

To judge the flight of an object and catch it using the correct technique

Success Criteria

To be able to:

- **Perform a range of rolling, throwing, catching and gathering skills with control**
- **Understand what skills are needed in certain situations**

Lesson 5/6

To kick a ball accurately over a variety of distances

Success Criteria

To be able to:

- **Understand their leg action whilst kicking the ball**
- **Kick a ball along the floor using their left and right feet to a variety of targets**

Lesson 6/6

To show control and accuracy with the basic actions of throwing, rolling, and kicking a ball

Success Criteria

To be able to:

- **Track balls and other equipment, moving in line to collect them and understanding when ball is at the top of its bounce**
- **Recognise whether they need to throw or kick the ball to the target**
- **Throw and kick a ball in a variety of ways, depending on the game**