

Lesson 1/6

To judge the flight of a ball and know when it is at the highest point

Success Criteria

To be able to:

- **Bounce a ball and catch it on its way up**
- **Show when the ball is at the top of its flight**
- **Meet the ball at various heights**

Lesson 2/6

**To make contact
with a ball with
their hand and
a small piece
of equipment**

Success Criteria

To be able to:

- **Hold the variety equipment safely and can make contact a ball/object**
- **Feed a ball to them and be able to contact it**
- **Track the ball and show good hand/eye coordination**

Lesson 3/6

To strike a ball that has been bounced towards them

Success Criteria

To be able to:

- **Judge the path of a ball that is bouncing towards them**
- **Tell where the ball is travelling and be able to contact the ball with their racket/bat**
- **Strike the ball in different directions**

Lesson 4/6

To retrieve and gather a ball that is rolling/bouncing towards them

Success Criteria

To be able to:

- **Follow the flight/path of the ball and can collect it off the floor**
- **Collect the ball and throw back towards a target under control**
- **Get their body in line with the ball**

Lesson 5/6

To retrieve and gather a ball that is rolling/bouncing away from them

Success Criteria

To be able to:

- **Follow the path of the ball and can retrieve it**
- **Collect the ball and throw back towards a target under control**
- **Get behind the path of the ball as it travels away from them**

Lesson 6/6

To make contact and strike a ball that is thrown towards them

Success Criteria

To be able to:

- **Make contact/strike a ball that has been thrown towards them**
- **Move their body depending on where the ball is travelling to contact the ball**