

Lesson 1/6

**To judge the flight
of a ball and know
when it is at the
highest point**

Success Criteria

To be able to:

- **Bounce a ball and catch it on its way up**
- **Show when the ball is at the top of its flight**
- **Meet the ball at various heights**

Lesson 2/6

To hold a bat and contact a ball from a self-feed

Success Criteria

To be able to:

- **Hold the variety of rackets/bats safely and can contact a ball**
- **Feed a ball to them and be able to contact it**

Lesson 3/6

To strike a ball that has been bounced towards them

Success Criteria

To be able to:

- **Judge the path of a ball that is bouncing towards them**
- **Tell where the ball is travelling and be able to contact the ball with their racket/bat**
- **Strike the ball in different directions**

Lesson 4/6

**To retrieve and
gather a ball that
is rolling/bouncing
towards them**

Success Criteria

To be able to:

- **Follow the flight/path of the ball and can collect it off the floor**
- **Get their body in line with the ball early and stop the traveling ball from going past them**
- **Collect the ball and throw back towards a target under control**

Lesson 5/6

**To make contact and
strike a ball that is
thrown towards them**

Success Criteria

To be able to:

- **Make contact/strike a ball that has been thrown towards them**
- **Move their body depending on where the ball is travelling to contact the ball**

Lesson 6/6

To play modified games using the techniques learnt

Success Criteria

To be able to:

- **Understand the simple scoring methods of the modified games and be able to do this as well as stop the other teams from doing so**
- **Use the skills taught and put into practice in a modified game**