

**Lesson 1/6**

# **To judge the flight of a ball and know when it is at the highest point**

## **Success Criteria**

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**To be able to:**

- **Bounce a ball and catch it on its way up**
- **Show when the ball is at the top of its flight**
- **Meet the ball at various heights**

**Lesson 2/6**

# **To hold a bat and contact a ball from a self-feed**

## **Success Criteria**

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**To be able to:**

- **Hold the variety of rackets/bats safely and can contact a ball**
- **Feed a ball to them and be able to contact it**

**Lesson 3/6**

# **To strike a ball that has been bounced towards them**

## **Success Criteria**

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**To be able to:**

- **Judge the path of a ball that is bouncing towards them**
- **Tell where the ball is travelling and be able to contact the ball with their racket/bat**
- **Strike the ball in different directions**

**Lesson 4/6**

# **To retrieve and gather a ball that is rolling/bouncing towards them**

## **Success Criteria**

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**To be able to:**

- **Follow the flight/path of the ball and can collect it off the floor**
- **Get their body in line with the ball early and stop the traveling ball from going past them**
- **Collect the ball and throw back towards a target under control**

**Lesson 5/6**

# **To make contact and strike a ball that is thrown towards them**

## **Success Criteria**

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**To be able to:**

- **Make contact/strike a ball that has been thrown towards them**
- **Move their body depending on where the ball is travelling to contact the ball**

**Lesson 6/6**

# **To play modified games using the techniques learnt**

## **Success Criteria**

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**To be able to:**

- **Understand the simple scoring methods of the modified games and be able to do this as well as stop the other teams from doing so**
- **Use the skills taught and put into practice in a modified game**