

# COMPETING EDSTART

## Year 4 - Development of Invasion Games Basketball & Football - Unit of Work

**Pupils will be taught...**

### Overall Learning Outcomes (Endpoints)

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**Children can:**

- Understand the ABCs of shooting (Angle, Balance, Contact)
- Play small games following the rules provided
- Put into practice the techniques shown
- Know how to stand and hold the ball before shooting
- Understand the terms of 'travelling' and 'double dribble'
- Pass, dribble and shoot with control in a variety of games

### Learning Objective

### Learning Outcomes

**1 To develop the technique of dribbling a basketball using their hands against an opponent**

Children can:

- Understand the terms of 'travelling' and 'double dribble'
- Use their body/other arm to protect the ball whilst dribbling

**2 To develop the technique of shooting in basketball**

Children can:

- Know how to stand and hold the ball before shooting
- Understand what a 'set shot' is
- Understand the acronym of BEEF (Balance, Elbow under the ball, Eyes on the target, Follow through)

**3 To play small games and follow the rules of the game in basketball**

Children can:

- Understand the rules and know how to start and restart the game
- Pass, dribble and shoot with control in a variety of games

**4 To develop the role of the defender in football**

Children can:

- Know how to stand when defending
- Close down the attacker and try to win the ball
- Show the opponent in the direction you want them to go

**5 To develop the shooting technique in football**

Children can:

- Know how to stand and approach the ball to shoot correctly
- Children understand the ABCs of shooting (Angle, Balance, Contact)
- Understand how to hit the ball, and where to aim

**6 To play small-sided games using the techniques shown throughout in football**

Children can:

- Play small games following the rules provided
- Put into practice the techniques shown
- Understand when and where certain techniques need to be used - dribble, pass or shoot?

### Assessment Mark

### Requirements

#### Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

#### On Target

- Can perform some passes (Unopposed)
- Can dribble/run with a ball confidently using the correct techniques (Unopposed)
- Use correct technique when aiming at a target (Unopposed)
- Can consistently receive and control a ball (Unopposed)

#### Above Target

- Can perform a range of passes against a defender
- Can dribble/run with a ball confidently against a defender
- Use correct technique when aiming at a target against a defender
- Can consistently receive and control a ball against a defender
- Can demonstrate an understanding of spatial awareness

#### Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.