PLAYING EDSTART

Year 4 - Development of Invasion Games
Handball & Lacrosse - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Develop the technique of catching a ball making the 'W' shape
- Bounce the ball whilst on the move and pass with some control
- Attempt to shoot whilst on the move with some accuracy
- Shoot with accuracy and power successfully at a target
- Hold their stick across the body with the head near the shoulder
- Keep their front elbow high to help with their aim
- Have their preferred hand under the head of their stick
- Stand face-on, pointing their stick head forward

Learning Objective

Learning Outcomes

1 To develop the technique of passing and receiving the ball in handball

Children can:
- Move the ball around their body and catch it with control
- Develop their technique of catching a ball making the 'W' shape
- Step forward with one foot when making a pass

2 To develop the footwork needed in handball

Children can:
- Complete agility drills using elements of the correct technique and demonstrating some control, balance, and coordination
- Bounce the ball whilst on the move and pass with some control
- Pass and receive the ball whilst on the move and taking no more than three steps

3 To develop the technique of shooting whilst on the move in handball

Children can:
- Attempt to shoot while on the move with some accuracy
- Shoot with accuracy and power successfully at a target
- Release the ball at the highest point whilst aiming at a target

4 To develop the technique of scooping and carrying the ball in lacrosse

Children can:
- Hold their stick across the body with the head near the shoulder
- Get into position to scoop the ball by having one hand at the top and one at the bottom of the stick
- Step and have their body over the ball
- Keep their stick close to the ground, scoop the ball and return to the carrying position

5 To develop the technique of throwing the ball in lacrosse

Children can:
- Know how to hold the stick keeping their hands high and away from their body
- Keep their front elbow high to help with their aim
- Pull the stick down with their bottom hand as they push forward with their top hand, following through towards the target

6 To develop the technique of catching the ball in lacrosse

Children can:
- Have their preferred hand under the head of the stick
- Stand face-on, pointing their stick head forward
- Follow the flight of the ball and lower their top hand's elbow to cushion the ball

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Assessment Mark	Requirements
Working Towards	• Understand basic rules • Retain key information • Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
On Target	• Can perform some passes (Unopposed) • Can dribble/run with a ball confidently using the correct techniques (Unopposed) • Use correct technique when aiming at a target (Unopposed) • Can consistently receive and control a ball (Unopposed)
Above Target	• Can perform a range of passes against a defender • Can dribble/run with a ball confidently against a defender • Use correct technique when aiming at a target against a defender • Can consistently receive and control a ball against a defender • Can demonstrate an understanding of spatial awareness
Excelling	• Competes/demonstrates an ability to compete at an elite level • Demonstrates leadership qualities • Effectively apply some elements of strategy and tactics • Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.