

4-7s

THE  
STRINGS  
CLUB

# HOLIDAY CAMP TIMETABLE

Monday 16th – Friday 20th February 2026

MON

TUES

WED

THURS

FRI

8:00

Early Birds

9:30

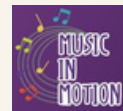
Standard Hours Begin

9:45

Welcome Warm ups, Games and Fun!

10:00

Learn Together, Play Together



11:00

Break Time

11:30

Learn Together, Play Together



12:30

Lunch

13:30



Learn  
Together, Play  
Together

14:15

Break Time

14:45



Rehearsal

15:45

Get Ready For Home



16:00

Home Time

17:30

Pick Up for Extended Hours



# THEME: HAPPY HEARTS

Send them on a musical adventure they'll never forget!

MON



## Heart-Beat Buddies

Kick off the week by exploring how our hearts beat through clapping, tapping, and playful movement games with a partner. By listening to our bodies and moving together, we'll discover how rhythm connects us and helps us work as a team.



## Love Bug Builders

We'll design and create adorable love bugs with heart-shaped wings, using colour and imagination to celebrate kindness and caring. As we craft, we'll talk about what makes a good friend and how small actions can show love.

TUES



## Heart Collage Crew

Time to create bright, colourful heart collages using layered paper, textures, and patterns. This calm, creative session encourages self-expression while celebrating all the different ways love and friendship can look.



## Kindness Scenes

We'll act out simple, playful role-play scenarios about sharing, helping, and saying sorry. Through drama and discussion, we will be practicing kind choices and exploring how our actions make others feel.

WED



## Friendship Relays

We'll be working in pairs to tackle fun relay challenges, racing together to complete the friendship relay course! This energetic session focuses on teamwork, encouragement, and celebrating success together.



## Heartlight Windows

Get ready to design stunning stained-glass-style paper hearts that glow with colour and light. As we create, we talk about how love and kindness can brighten up spaces and make people feel welcome.

THURS



## Proud Pictures

We'll be drawing pictures showing moments we feel proud of ourselves or kind to others. This reflective activity helps us recognise achievements and build confidence through positive self-expression, whilst listening to calm happy music and letting our pencils move in time with the beat.



## Friendship Singalong

We'll come together for a joyful group singalong to You've Got a Friend in Me, celebrating friendship through music. Singing together builds confidence, connection, and a strong sense of belonging.

FRI



## Heartbeat Beats

We discover how heartbeats can inspire music and dance, creating simple routines to songs with steady, repetitive beats. Using movement and rhythm, we'll finish the week feeling energised, connected, and full of happy heart vibes.



## JOIN US!

We'd love for you to join us for the Grand Concert, where your child performs their musical talents with their new friends!

**FRIDAY 3:30PM**

## RECOMMEND A FRIEND FOR A FREE DAY!

Recommend The Strings Club to a Friend and you can both get a FREE day at any of our Holiday Camps! Visit our website to sign up.

## Contact Us

☎ 0121 296 9204



@thestringsclub

## Explore other events & book online



8-11s

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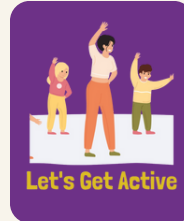
MON



Let's Explore

## Spoon Selves

We'll turn simple wooden spoons into bold mini self-portraits, using colour, texture, and design to show off personality and style. From expressive faces to creative details, each spoon becomes a playful snapshot of who we are.

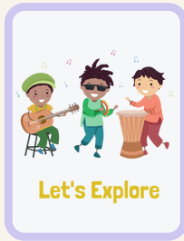


Let's Get Active

## Sound & Stillness

Time to slow things down as we sink into a calming sound bath filled with gentle strings and soft percussion. With breathing and yoga-inspired movement, we'll discover how music can relax our bodies, clear our minds, and reset our energy.

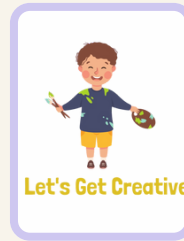
TUES



Let's Explore

## For Good Voices

Stepping into the world of Wicked, we'll learn and sing For Good, exploring harmony, emotion, and storytelling through song. As our voices blend, we'll build confidence and experience the power of singing together.



Let's Get Creative

## Emotion Covers

Music meets design as we create striking album covers inspired by different emotions. Using bold colours and shapes, we'll experiment with how artwork can express feelings without using a single word.

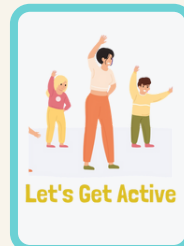
WED



Let's Explore

## Feel-Good Tracks

Songwriters take the lead as we create short, original songs about friendship, courage, or confidence. From catchy hooks to meaningful lyrics, we'll turn positive ideas into music we can perform and share.



Let's Get Active

## Rhythm Burn

Get moving with a high-energy fitness circuit powered by music. Each station brings a new tempo and challenge, keeping us active while sharpening our sense of rhythm, timing, and stamina.

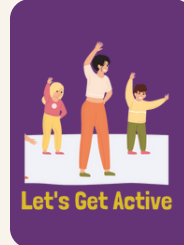
THURS



Let's Explore

## Colour and Contrast

Inspired by Elphaba and Glinda, we'll dive into bold colour choices and explore how opposites can work beautifully together. Through expressive artwork, we celebrate individuality, balance, and creative contrast.

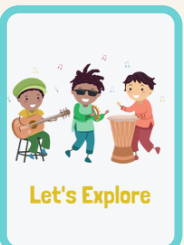


Let's Get Active

## Heart Hustle

Fast, fun, and full of encouragement, these team relays put cooperation at the centre of the challenge. Success comes from cheering each other on, working together, and sharing the win.

FRI



Let's Explore

## Feel-Good Playlist

We wrap up the week by building our ultimate feel-good playlist, packed with songs that boost our mood and make us smile. It's a chance to share favourites, reflect on the week, and celebrate the power of music and friendship.



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