



School Wide Approach Resources Overview

Signalling Resources

1. Categorising Behaviour Template

It is recommended to categorise behaviour regularly in your classroom. Use this worksheet to help you to review the behaviours as well as identify when students are becoming dysregulated.

2. Signalling Lesson Plan

One of the resources to help you prepare for conversations and lessons around the 1-2-3 with your students.

3. Signalling PowerPoint

A PowerPoint resource to support the Signalling Lesson Plan and future classroom follow up meetings highlighting behaviours that are 'Positive' or 'Not Ok'. It also includes information on the signalling and the reset.

4. Cartoon Illustrations

These cartoon illustrations can be used to support conversations and lessons around teaching 'Positive' behaviours and behaviours that are 'Not Ok'.

5. Role Play Scripts

These scripts are very effective with younger students to illustrate the 1-2-3 process.

6. Classroom Posters

Can be used as visual prompts with students. There are a number of these. Please take a look to learn more.

Coach Resources

7. Emotion Coaching Template

Use this worksheet to prepare for when emotion coaching may be needed. These are the times, places or situations you have identified in the dysregulated category on your categorising behaviours worksheet.

8. Emotion Coaching - Catalogue of Emotions

Expand your emotional vocab

Prompt Resources

9. Stay In Your Lane Lesson Plan

Teach students when and how they can focus on themselves and the role of the teacher in behaviour support.

10. Stay In Your Lane PowerPoint

A PowerPoint resource to support teaching students when and how they can focus on themselves and the role of the teacher in behaviour support.

11. Smart Ignore Lesson Plan

Teach students to stay focused on themselves when another student's behaviour is distracting

12. Smart Ignore PowerPoint

A PowerPoint resource to support teaching students to stay focused on themselves when another student's behaviour is distracting

13. Assertive Communication Lesson Plan

Teach students to communicate assertively – in “just the right” way

14. Assertive Communication PowerPoint

A PowerPoint resource to support teaching students to use assertive communication - "just the right" way

15. Tap into your Wise Part Lesson Plan

Teach students to the concept of the "Wise Part" of the brain as a key self-regulation and decision-making strategy

16. Tap into your Wise Part PowerPoint

A PowerPoint resource to support teaching students to "tap into your wise part"

Other resources

17. Tailoring Four Ways to Individual Students - Template

Firstly, categorise behaviour on what you know about the student (neurodiverse etc).

Then use this information to tailor the implementation of methods to support their needs and what you are trying to achieve.