

NEW Race Series & Mileage Challenge

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Mountain State Storm Announcement

PAGE 9



www.thebridgewv.com





include four diamond fields, 0.8 mile walking path, a turf field, and other upcoming projects.



POLICIES



Sign up for text alerts

Receive alerts affecting pool or facility usage such as changes in hours of operation due to weather, upcoming events & more. Inbox not monitored.

Pool updates: Text POOL

to 833-262-7722

Facility updates: Text BRIDGE

to 833-271-7733

0 - 9 years

- Direct supervision of a parent or guardian at all times while utilizing the Wesbanco Fieldhouse, turf, UHC Aquatics Center, and locker room.
- Not permitted in the fitness center or indoor walking track.

10 - 12 years

- Parent or guardian present in the Citynet Center at all times while utilizing the Wesbanco Fieldhouse, turf, UHC Aquatics Center, or locker room.
- Direct supervision of a parent or guardian at all times while utilizing the fitness center
- May be on the indoor walking track while walking **with** a parent/guardian.

13 - 15 years

- May utilize the fitness center and track unsupervised but **must** sign in at the fitness desk.
- May utilize the Wesbanco Fieldhouse and turf unsupervised.
- May utilize the UHC Aquatics Center as long as they have completed swim lessons.

16+ years

- May utilize the facility unsupervised and do not have to sign in at the fitness desk.

The Bridge campus is smokefree. The Bridge's primary concern is our members, participants, guests, and staff's safety and experience.

All of our policies are available online at www.thebridgewv.com. Keep the following rules in mind at all times:

- Proper attire required, per facility policies.
- Children under 12 are not permitted in the facility without a parent or guardian.
- Waivers for youth guests must be signed by a parent or legal guardian.
- Pets are not allowed within the facility.
- The Bridge is not responsible for lost or stolen items.
- Security cameras are utilized throughout the facility and by the Bridgeport police.





AQUATICS



Lessons based on instructor availability.

Parent & Child Lessons Levels 1 & 2

One parent must be in the water at all times. Swim diapers required.

Length: 30 minutes

Ages: 6 months to 3 years



Basic swim skills: submerging face, blowing

bubbles, floating, kicking technique.

Length: 30 minutes **Ages:** 3-5 years

Youth Swim Lessons

Levels are based on ability. Swimmers advance sequentially and progress to more complex

strokes. Levels 1 - 4 are available.

Length: 45 minutes **Ages:** 5–12 years

Adult Swim Lessons

Swimmers of any level are welcome. Class focuses on proper techniques of freestyle and backstroke.

Length: 45 minutes **Ages:** 13+ years

Private & Semi-Private Swim Lessons

Private lessons are designed to allow students to learn at their own pace with quality instruction.

Length: 30 or 45 minutes

Ages: 3+ years



Receive alerts about swim lessons:

Text SWIM LESSONS

to 833-262-7722

WE'RE HIRING!
Lifeguards
& swim
instructors

Swim Lesson Dates Registration opens*

9/8-10/13 9/2 11/3-12/15** 10/20

*Registration opens at 6:00 AM. Fall lessons are once a week for six weeks.

**No class the week of Thanksgiving.



Congratulations State Champs!

Mountain State Storm Swim Club

Registration for the 2025-2026 season will begin mid-August. Contact Club Director Ali Walker for more information.

Contact: AWalker@thebridgewv.

com



UNITED HOSPITAL CENTER ##=

ADULT SPORTS



	Early Bird Team Price	Regular Team Price	Free Agent Price	Start date	Format
Men's 18+ Basketball (A/B League)	\$525	\$575	\$65	Sunday, 9/7 Monday, 9/8	5v5
Men's Soccer (Small-Sided)	\$375	\$425	\$50	Sunday, 9/7	6v6
Coed Softball	\$625	\$675	\$50	Tuesday. 8/26 Thursday, 8/28	10v10

Registration

Early Bird: 7/21-8/1 **Standard:** 8/2-8/18

Registration ends at 5:00 PM on 8/18.

League Information

- Available to adults ages 18+ only
- 7 weeks of regular season play
- 2 additional weeks of playoffs
- Schedules & referees provided
- Championship prizes
- Game times may vary

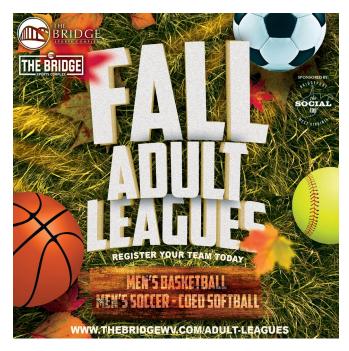
Free Agent Information

- If you cannot register as a full team, you may sign-up individually as a "free agent".
- If there are enough free agents registered, a team consisting of the free agent pool will be formed. If there are not enough free agents to form a team, we will reach out to the team captains asking if they need additional players.
- If these options do not work out, you will be issued a full refund.

Reminders

- Sports vary by season.
 View our yearly schedule online.
- Basketball teams are required to wear numbered jerseys; all sports must wear the same colored shirts or jerseys.
- Platinum discount does not apply to adult league registrations. Questions? Email sports@thebridgewv. com
- Check out our Facebook group, The Bridge Adult Leagues





CLASSES/EVENTS

Coed Volleyball Pickup

Four weeks of recreational pickup volleyball for ages 18+. A registration link will be posted on Facebook this fall.

Dates: Tuesdays **Time:** 6:00-9:00pm

Cost: Membership or \$10 day pass

Beginner Pickleball Class

An introduction to pickleball. Participants will learn rules, score keeping, court positioning, and basic strokes.

Date: Wednesday, 11/5

Time: 9:00am



YOUTH SPORTS

VOLLEYBALL

Youth Rec Coed Volleyball League

Youth rec league provides a safe, fun, and wholesome combination of recreation and competition while playing in practices and games.

Ages: 4th/5th grade, middle school, and high school divisions **Registration:** 7/1-8/15

Dates: 8/25-10/23 (Monday & Thursday)

Cost: \$110



VolleyKids is a developmental camp that focuses on developing fundamental volleyball skills. Participants will be split into groups based on age.

Ages: 7-12 years

old

Registration: 8/1-

8/25

Dates: 9/3-10/22

(Thursdays) **Time:** 5:00-6:00

PM

Cost: \$99



BASKETBALL

COMING UP! Jerry West

Jerry West Youth Basketball League runs

December - February with two practice and one game per week. Waitlist for select divisions may be available. This is a recreational league.

Ages: Grades 2nd -

12th



EVENTS

Weather the Storm Kid Triathlon

Swim, bike, and run an abbreviated triathlon consisting of 100-yard swim, 1-mile bike, and 100-yard dash. Sprint & super sprint triathlon information available on page 8.

Ages: 5 - 12 years **Date:** Saturday, 9/20 **Cost:** Pay your age

Zombie Night Crawl Kids Run

Survive a zombie apocalypse in a 0.85 mile fun run. Additional details & 5K information available

on page 8.

Ages: 5 - 12 years **Date:** Friday, 10/10

Time: 6:00pm **Cost:** \$15



Questions? Sports@thebridgewv.com

RACE SERIES





Weather the Storm Triathlon

Whether you are new to multi-sport events or are a seasoned triathlete looking for one more race for the 2025 season, the Weather the Storm Triathlon is for you! The event will be professionally timed and will take place rain or shine. No refunds. Course map subject to change.

*Teams can consist of 2 or 3 members. The team option is available only for the sprint distance.

Swim: Pool

Bike: Closed course

Run: Trail

RACE INFO

PRICING

Race	Swim	Bike	Run	Until 7/31	After 8/1
Kids (5-12 years)	100 yds	1 mile	100 yds	Pay you	ır age
Super Sprint (10+)	400m	6.2 miles	1.5 miles	\$40	\$60
Sprint - Team* (10+)	750m	12.4 miles	3.1 miles	\$120	\$150
Sprint - Individual (10+)	750m	12.4 miles	3.1 miles	\$65	\$85

NEW! Zombie Night Crawl

Test your speed and endurance while navigating a zombieinfested course. Make it to the finish line with at least one "life" (flag) intact to survive. Race will take place on the path around the baseball fields across from the Citynet Center. Volunteer zombies ages 12+ needed.

Date: Friday, 10/10

Kids Race (0.85 mile): Ages 5-12 years old; 6:00 PM; \$15

5K: Ages 10+; 6:30 PM or 7:30 PM; \$35



NEW! Race Series: Bridge to Victory

Complete all three Bridge races in 2025 and receive a fleece/waterproof blanket. Race 1: Weather the Storm Triathlon, 9/20/25 - Swim, bike, and run at The Bridge **Race 2:** Zombie Run, 10/10/25 - Run for your life from zombies at this evening race

Race 3: Chill in the Hills, 1/1/26 - Start the New Year on the right foot with a New Year's Day 5K trail race

NEW! Choose Your Challenge

Complete 300 miles of walking, running, swimming, biking, and more to complete the challenge. Full list of activities is available online. Open to members and nonmembers. Participants receive a discount on all Bridge to Victory races.

Registration: Ongoing

Dates: 7/1-12/31

8 Cost: \$20



MT. STATE STORM



CLUB SPORTS AT THE BRIDGE

VOLLEYBALL | SWIMMING | LACROSSE | FOOTBALL

What is MSS?

Mountain State Storm represents club sport teams based out of The Bridge Sports Complex. Club sports differ from recreational leagues in that they offer a higher level of intensity and player development, have longer seasons, and are often led by professional coaches.

Participating in a club team develops an athlete's skills at a high level and provides exposure to collegiate coaches and/or recruits. MSS currently includes swim, volleyball, and lacrosse teams.

Questions? Email sports@thebridgewv.com Facebook & Instagram: @MountainStateStormWV



MSSVC 2025 Tryouts

Team	Date	Time
11u	Friday, 10/17	5:30-7:30 PM
12s-14s	Sunday, 11/2	12:30-6:30 PM
15s+	TBD	TBD

Registration is open now. Tryout fee is \$15. Register online: www.mssvc.club

MSS Swim Team registration for our 2025-2026 season will open mid-August. Questions? Email Club Director Ali Walker: AWalker@TheBridgeWV.com

Coming Soon! MSS Football

Mountain State Storm Football is a competitive flag youth football club with initial offerings of the 5v5 flag football format developed to give athletes in North Central West Virginia an opportunity to train, compete, and grow under experienced coaching staff within a high-quality sports facility. As a club under The Bridge Sports Complex, Storm Football will emphasize fundamentals, teamwork, and character development within a unique program structure. Tryouts for players age 9-15 years as of 08/01/25 will take place in mid-October.

Contact: jsaab@thebridgewv.com



CLIP N' CLIMB



Clip n' Climb is a safe and controlled environment anchored by an auto-belay system and supervised by a trained Bridge associate. Before climbing, staff will ensure participants are properly harnessed. Harnesses can support 30-330 pounds.

Follow us on Facebook for schedule changes such as inclement weather closures or additional school break hours. On select dates with high demand, tickets may be sold only on the hour. This information will also be shared on Facebook.

Clean gym shoes are required to climb. No Crocs, flip flops, bare feet, dirty shoes, boots/cowboy boots, or dresses.

Hours of Operation (Beginning 8/11)

M-F - CLOSED

Sat./Sun.- 11:00-2:00pm AND 3:00-5:00pm

WE'RE
HIRING!
Part-time
Clip n' Climb
attendants

All ages: \$10/hour!

BIRTHDAY PARTIES

Birthday Parties

Host your birthday party stress-free at The Bridge! Our staff prepares the party room in your birthday child's chosen color or theme*, provides food services, and handles all the details so that you don't have to.

Pizza is catered by East of Chicago Pizza. The Bridge does not provide dessert.

Dates: Saturdays and Sundays

Times: 1:00-3:00pm or 4:00-6:00pm **Contact:** rcoll@thebridgewv.com

NOW FEATURING
PIZZA
PIZZA Done Hight

S495

INVITE THE GUESTS, WE TAKE CARE OF THE REST!

2 HOUR ROOM RENTAL / 1 HOUR ACTIVITY / 16 ACTIVITY BRACELETS
7 EAST OF CHICAGO PIZZAS / 16 BAGS OF CHIPS / UNLIMITED DRINKS
DESSERT NOT INCLUDED
Saturdays & Sundays, 1:00-3:00 PM or 4:00-6:00 PM

^{*}Select Amazon themes available.



MEMBERSHIPS, FITNESS & **TRAINING**

Become a member today!

The Bridge has two levels of memberships and discounted rates for families, seniors (ages 65+), and youth! Families are two adults sharing a household and their dependents under 21 years old. Everyone on a senior membership must be 65+.

Members can utilize the court, turf, or pools during designated "open" times when programs or events are not taking place.

Membership card or app is required to scan in at the front desk and enter the fitness center.

Questions? Contact memberships@thebridgewv.com

Gold memberships include:

- Fitness Center
- Indoor track
- Open swim / open turf / open court
- 10% off birthday parties

Platinum also includes:

- Group & aquatic fitness classes
- 10% discount on programming
- 20% off birthday parties

Group Fitness

Group exercise classes are available to platinum members or with purchase of a day pass. View our full monthly schedule online. Types of classes include:

- Yoga/pilates
- HIIT
- Step

- **Parkinsons**
- Water aerobics
- 30+ more classes!

Personal Training

We employee personal trainers with years of experience and a wide variety of specialties. Personal training services are not included in memberships.



Kellie Snyder ksnyder@thebridgewv.com



mtubbs@thebridgewv.com



Melissa Suter msuter@thebridgewv.com

COLD



COLD

Ben Yurkovich byurkovich@thebridgewv.com

	MONTHLY	ANNUAL	MONTHLY	ANNUAL
Individual	\$58	\$580	\$37	\$370
Family	\$84	\$840	\$63	\$630
Senior	\$37	\$370	\$21	\$210
Senior Family	\$69	\$690	\$40	\$400
Youth	\$42	\$420	\$21	\$210

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PI ATINII IM

LIBRARY



Family Movie Night

Date: 1st Friday of the month

Time: 5:00pm

Come watch a film with your family! Popcorn provided!

"Switch" It Up: 12-18 years

Date: First Saturday of the month

Time: 11:00am-12:00pm

Join your peers at the library as we play some of the best multiplayer games made for the Nintendo Switch!

Building Club: 3+ Years

Date: First Saturday of the month

Time: 12:00-2:00pm

Build and create with us at the library! With your imagination and some blocks and bricks, the possibilities are endless!

Brilliant Beginnings: 0-2 Years

Date: Every Wednesday

Time: 12:00pm

Share the fun of reading and learning with your little ones in this engaging 20-30 minute storytime!

Little Learners: 3-5 Years

Date: Every Thursday

Time: 3:00pm

Share the fun of reading and learning with your toddler or preschooler in this 30-minute story time full of books, songs, and rhymes.

Juice Box Social (Ages 0-5)

Date: Every Monday **Time:** 11:00-12:00pm

An hour of free socialization for caregivers and their little ones. Coffee, juice, and other light refreshments will be provided. We'll also have toys and books available for children to use.

3D Doodles A & B (Ages 6-11)

Date: 3rd Wednesday & following Monday

Time: 3:00-4:00pm

Have you ever wanted your doodles to be 3-dimensional? Join us at the library to learn how to use our 3Doodler pens! Each month we'll dedicate some time to learning how to improve drawing different lines before focusing on a particular craft project.

Schedule is subject to change.

The Write Connection: Adult

Date: 1st Tuesday of the month

Time: 5:30-6:30pm

This is our writing club for published and aspiring writers alike! Each meeting includes a fun writing exercise and open discussion. We offer an option for writers to get feedback, and sometimes have local authors as guest speakers.

Tabletop Adventures: Ages 10-17

Date: Every Tuesday **Time:** 4:00-5:00pm

Ready to face dragons and mimics? Join us for D&D at the

library. New players welcome!

Stitch Squad: Ages 6-17

Date: Third Wednesday of the

month

Time: 3:30-5:00pm

Join the world of fiber arts and textiles. Each month we'll work on either a new skill or craft using needles, hooks, yarn, thread, fabric and more! All supplies are provided.

Visit bplwv.org to register!

Brain Power Hour: Ages 6-17

Date: Every Monday **Time:** 3:00-4:00pm

Join us at the library to power up your brain by learning to code or playing various strategy games like chess and Mancala!

Pokemon Adventures: All Ages

Date: First Thursday **Time:** 5:00-6:00pm

Join us at the library for all things Pokemon! Learn to play the trading card game or create some Pokemon themed crafts.

Teen Artventures: 12+ Years

Date: Every 2nd Tuesday **Time:** 6:00-7:00pm

Embrace your inner artist and dive into creative activities like rock painting or cryptid sculpting.

Teen Movie Night

Date: Every 3rd Thursday **Time:** Begins at 5:00pm

Gather in the Teen Zone for a showing of a movie once a month. Light refreshments provided.



LIBRARY CONT.

Genealogy Roundtable: Adult

Date: Third Wednesday of the month

Time: 5:00-7:00pm

Receive support in working through genealogical roots.

Sew Simple

Date: Third Thursday of the month

Time: 5:00-6:30pm

Come use a sewing machine to make an easy project to take home. Each month has a different theme. For a full list of required materials and themes, visit bplwv.org/events.

Tech Savvy Rebooted: Adult

Date: Second Thursday of the month

Time: 1:00-2:30pm

Join us each month to build on your technology skills, no experience required. This class is geared toward older adults. Each month focuses on a different topic.

Game Night: Adult

Date: Last Friday of the month

Time: 5:30-7:00pm

Play board games with fellow community members.

Matinee: Adult

Date: 2nd Friday

Time: Starts at 1:00pm

Join us for a matinee showing of a different film. Popcorn and drinks are provided. Films may be rated PG-13.

Hooks and Needles: Adult

Date: Every Wednesday **Time:** 11:00am-1:00pm

Our weekly craft and conversation group. If it's portable, we accept crafters of all kinds - knitting, crochet, lace-making, spinning, hand-quilting, cross-stitch, macrame, and more!

Tea and Talk: Adult

Date: Mondays **Time:** 1:00-2:00pm

PBS Masterpiece Theater discussion group - Watch PBS on Sunday and speculate & discuss the shows on Monday.

Dungeons and Dragons: Adult

Date: 2nd & 4th Wednesdays

Time: 4:30-6:00pm

Join us at the library for a game of Dungeons & Dragons 5e. No experience needed! Snacks and drinks provided. To learn how to join, contact Shelby at smeador@bridgeportwv.gov.

Brush Hour: Adult

Date: 2nd Monday Time: 5:30-6:30pm

Our monthly acrylic painting group! This is NOT a guided program. Supplies are provided and every month we paint

from a different prompt.

Read in Red: Adult

Date: 3rd Thursday Time: 1:00-2:00pm Monthly mystery book club.

Open Book Club: Adult

Date: 4th Thursday Time: 4:00-5:00pm

We all read books (not necessarily the same book) by the same author. Check the library's website to see what we're

reading each month.

Insect Pinning: Adult

Date: Wednesday, 9/3 **Time:** 5:30-6:30pm

Learn the basics of insect preservation in this hands-on workshop. Participants will be guided through the process of preparing, positioning, and mounting specimens for display or study. All materials provided; no experience necessary.

Guided Painting: Adult

Date: Monday, 9/29 **Time:** 5:00-6:30pm

Enjoy a relaxed evening of guided painting in a casual, welcoming setting. All materials provided; no experience

needed.

Halloween Jeopardy Night: Adult

Date: Wednesday, 10/29

Time: 5:30-6:30pm

Put your knowledge to the test in an evening of classic trivia, inspired by the iconic game show format. Participants will compete in teams to answer questions across a range of categories, from cryptids and Hallow's Eve to classic horror and beyond. The winning team will receive a spooky prizel.

Local Author Showcase: Adult

Date: Friday, 11/7 Time: 6:00-8:00pm

Join us for an evening of storytelling, poetry, and connection as local authors share short readings from their work.

PARKS & REC



Red Cross Blood

Drives

Dates: Select Wednesdays **Location:** Civic Center

Pre-registration is required at redcross.org.

Karate with Kevin Drummond

Age: 7+ years

Session 1: 9/9-10/23 **Session 2:** 10/28-12/11

Cost: 7 week session: \$42/individual, \$56/family

Time: T/Th 6:00-7:00pm

Challenge your fitness level and discipline by exploring the Chito-Ryu style of Karate. Learn punching, throwing, kicking, and self-defense techniques in this structured environment. Call 304-842-8240 to register.

StoryWalk

Dates: Year round

Bridgeport StoryWalkTM will again come to life in the Bridgeport City Park with local West Virginia authors and their children's books each month! Take a stroll around the park while stopping to read a new book each month. Complete the monthly Scavenger Hunt while you walk and read for your chance to win a prize.

Creative Kids Art Classes

Age: 5-10 years **Cost:** \$10

Monthly themed art classes taught by Kathie Smallridge. Fee includes all supplies. Dates and themes posted monthly. Call 304-842-8240 for more details.

Adventures in Candyland

Date: Saturday, 10/12

October 12th Join us for a free fun filled day of entertainment, food, exercise, activities, and literacy at The Bridge Sports Complex. Stop by the check in table to pick up your game piece that will help you navigate through Candyland stopping at each station along the way.

Scarecrows Down Main St. | ABB

Date: Sunday, 10/26 **Location:** Civic Center

October 26th Join us for a free fun filled day down Main Street! Admire the scarecrows, collect treats, and visit the Civic Center for refreshments and activities.

Letters to Santa

Date: 11/21-12/12

This is limited to the residents of Bridgeport only.

Each letter to Santa will receive a personalized letter back from Santa! All letters received by 12/15 will receive a response. The city will have a red 'Letters to Santa' mailbox sitting outside of the Benedum Civic Center and City Hall. Children should submit their letters to Santa. Parents will need to include a self-addressed stamped envelope with their letter so Santa can send a letter back!

ABB Light Up Night

Date: Thursday, 12/4 **Time:** 5:00-8:00pm

Location: Main Street in Bridgeport

Celebrate the season and annual tree lighting with Santa, food, music, entertainment, fireworks, and more!

Christmas Parade

Date: Saturday, 12/6 **Time:** 10:00am

Location: Main Street in Bridgeport

Join us on Main Street for our annual holiday parade.



PARTNERSHIPS





















AFFILIATED PROGRAMS

These programs may operate practices/games at The Bridge, but are not Bridge programs.

















