

A STUDY IN

EPHESIANS





NOW TO HIM WHO IS ABLE TO DO IMMEASURABLY MORE THAN ALL WE ASK OR IMAGINE, ACCORDING TO HIS POWER THAT IS AT WORK WITHIN US, TO HIM BE GLORY IN THE CHURCH AND IN CHRIST JESUS THROUGHOUT ALL GENERATIONS, FOR EVER AND EVER!

EPHESIANS 3:20-21

FORWARD

TABLE OF CONTENTS

I	FORWARD
2	TABLE OF CONTENTS
3	A NOTE FROM PASTOR SCOTT
4-5	WEEK1
6-7	WEEK 2
8-9	WEEK 3
10-11	WEEK 4
12-13	WEEK 5
14-15	WEEK 6
16-17	WEEK 7
18-19	WEEK 8
20-21	WEEK 9
22-23	WEEK 10
24-25	WEEK 11
26-27	WEEK 12
28-29	WEEK 13







A MESSAGE FROM PASTOR SCOTT

Truth transforms. What we believe shapes who we are, how we think, and how we live. Our beliefs about God shape us most profoundly, flowing into our hopes, dreams, and relationships. And the book of Ephesians delivers the clearest declaration of who God is, how much he loves us, and the blessings he lavishes upon us.

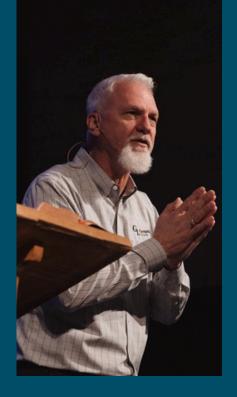
Ephesians calls you to live boldly. You are meant for more! - more than mere survival or drifting through life as a victim of circumstances. God never minimizes your problems and pain, but he does promise to be your constant

friend and helper.

This study guide will be your companion on a discovery journey through Ephesians. You'll find space for weekly message notes and questions that deepen your personal study.

A Prayer for you - The Apostle Paul prayed that the Ephesian believers would "know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, and what is the immeasurable greatness of his power toward us who believe" (1:18-19). We pray the same for you.

Blessings!





Great News About the Good News

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What question do I have after hearing the sermon?



Reflect

Paul writes about God's "good pleasure" in choosing us (v. 5). What does it mean that God delights in having me as part of His family?

The passage mentions "wisdom and insight" being given to us (v. 8). Where do I need divine wisdom to see beyond my current limitations?

How might my small acts of obedience today connect to God's eternal purposes that I

can't yet see?	

EPHESIANS 1:1-14

Read:	
Ephesians 1: 1-10 What spiritual blessings do I already possess that I'm not fully accessing or appreciating?	
Ephesians 1:11-12 How can my life become a testimony that brings praise to God's glory in ways haven't considered?	
Ephesians 1:8-9 What mysteries about God's plan for my life am I asking Him to reveal, even if they seem impossible?	
	Create a list of spiritual blessings you already have access to. Choose one to actively live from this week instead of striving for something you think you lack. Ask three people close to you: "How
	have you seen God work through my life?" Use their responses to recognize ways God is already using you beyond your awareness.
	 Identify one area where you've been trying to figure everything out on your own. Invite God into that space and take one step forward, trusting His wisdom

over your understanding.

Pray Big!

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing the sermon?



Reflect

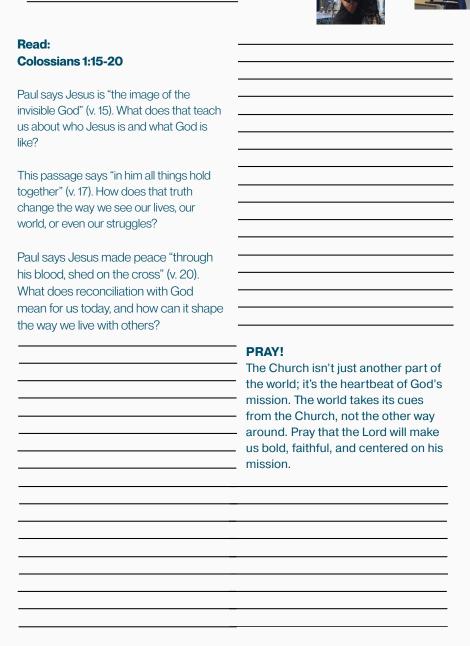
Who can you recall during your personal prayer time because they, too, have experienced the love of Jesus? Write their name(s) down and pray for them today.

Internalize what it means to have an attitude of thankfulness. How does that get displayed in your conversations, in your dispositions, and in your prayers?

Paul, no doubt stressed to us in verses 20-23, how big our God is, his power and his creativity in our big world, yet he claimed us as his prize. How does that make you feel?

What should be our response as Christians to that?	

EPHESIANS 1:15-23



You are Meant for More

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing the sermon?



Reflect

When verse 1 states that you were once dead, what came to mind for you in that moment?

How does it make you feel when you hear that Christ has the power to make you alive and raise you with Him (v. 5-6)?

What does it look like for you to work for the Lord, knowing that you can't earn your

salvation by works?	
	=

EPHESIANS 2:1-10

eas of your that looks Then, ask the ur new self.
se: Each the grace He
y and ask cointments planned for tion of the t he shows

Welcome to the Family

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

Where in my life do I still feel like an "outsider" to God's family, even though Christ has brought me in?

How do I view people who are different than me:

Culturally, Socially, Religiously

n what ways am I living as a peacemaker, breaking down walls of division?	
-	

EPHESIANS 2:11-22

Read:	
Galatians 3:28	
n Christ, we are made one. How does	
his truth reshape the way you see	
ourself and others, beyond labels or	
stereotypes?	
Colossians 1:19-20	
What does the word "reconciliation"	
mean to you? How has your	
relationship with Christ brought peace	
o your human relationships?	
Peter 2:9-10	
How do I work with God as opposed to	
for God?	
o. 0.00.	
	The state of the s
	Identify one relationship or group where I've built a "wall" and take a
	step this week toward reconciliation or unity.
	reconciliation or unity.
	Intentionally practice hospitality
	by welcoming someone into my
	circle who may feel like an
	"outsider."
	- Catolaci.
	Initiate pray daily for God to use
	me as an agent of peace, asking
	him to show me specific ways to
	build bridges instead of barriers.
	-

A Family Secret to Share

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing the sermon?



Reflect

What does it mean that the gospel was once a mystery but is now revealed through Christ?

God, being gracious, entrusted Paul with a great mission. How does this challenge the way you view your own weaknesses and God's mission for your life? (Verse 8)

How can your life and our church reflect God's wisdom to the world and to the community in

which you live? (Verse 10)

EPHESIANS3:1-13

Read:	
Philippians 1:7	
What difference does it make in your -	
relationships when you realize you are _	
united with other believers because	
we are all partakers of the same	
grace?	
Colossians 1:23 & 25	
How does the eternal hope of the	
gospel help you remain stable and	_
steadfast in difficult circumstances?	
Romans 2:4	
How do the riches of God's kindness,	
forbearance, and patience lead you to	
repent and savor the grace given to	
you by God?	
-	
	Pray: In Christ, "we have boldness
	and access with confidence
	through our faith in him" (v.12).
	What is an area of your life that you
	have felt weak or unsure in?
	Commit to praying this week,
	asking God for the faith and for His
	confidence in this area of your life.
	confidence in this area of your inc.
	Thank God: Just as God gave Paul
	the gift of God's grace, which was
	given by the working of God's
	power (v.7), you also have been
	given God's grace. Identify and
	thank God for an area where you
	see God's grace at work in your life
	right now

Pray Bigger!

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

Paul prays that believers would be "strengthened with power through his Spirit in your inner being" (v. 16). Where do you sense God calling you to step into more than you can do on your own?

Verse 17 says that Christ dwells in our hearts "through faith." How might trusting Him more fully open the door to experiencing more of what God intends for you?

Paul describes Christ's love as one that "surpasses knowledge" (v. 19). How would truly grasping that love change the way you live, give, or serve?	
	-
	-
	-
	-
	-

EPHESIANS3:14-21

Read: John 15:4-5 f God designed us to bear fruit, what might "more" look like when we remain connected to Christ?	
Romans 8:29-38 How does knowing that nothing can separate us from God's love free us o live courageously for more than ourselves?	
Colossians 2:6-7 What does it mean for us, both personally and as a church, to be cooted in Christ so we can grow into more than we imagined?	
	Pray Paul's prayer (Ephesians 3:14–21) and ask God to strengthen you for more—not just for yourself, but for the impact He wants to make through you.
	Identify one area of your life where you've been settling for "enough" instead of trusting God for more. Take a step of faith in that area.
	Share one way you sense God calling you to live into "more" right now—whether in your generosity, relationships, service, or daily walk with Him.

Walk like a Winner

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

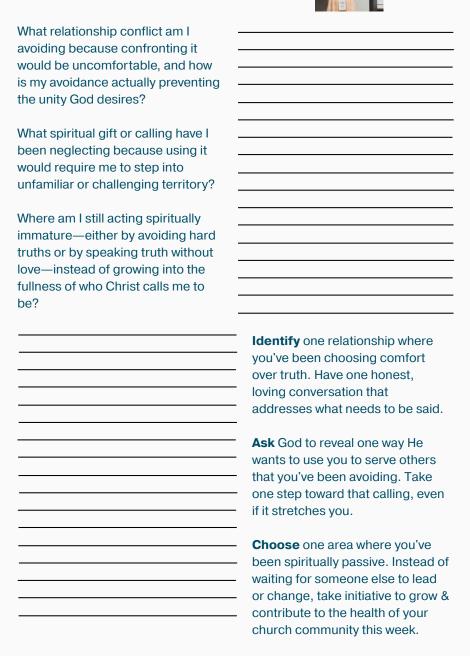
Paul calls us to "walk in a manner worthy of the calling" (v. 1). What specific behavior or attitude this week revealed that I'm living below the standard of who God says I am?

The passage emphasizes "bearing with one another in love" (v. 2). Which relationship am I avoiding difficult conversations in because I'd rather stay comfortable than pursue unity?

When I consider Christ giving gifts "to equip the saints for the work of ministry" (v. 12), what

service opportunity have I declined because it would push me out of my comfort zone?

EPHESIANS 4:1-16



Relationship Secrets of the Super Successful

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

Where do you see in the world what verses 17-19 talk about? How have you contributed to that?

Paul says we have been "sealed with the promised Holy Spirit" (v. 13). In what ways have I seen the Spirit's presence and guidance in my life recently?

What in my language needs to change in order to adhere to what God's word says (v. 29-31)?				
_				
<u>-</u>				

EPHESIANS 4:17-32

Read: Corinthians 4:3-4 What are Satan's tactics when it comes to being the god of this world/age?	
John 2:15-17 What does righteous anger look like n the body of Christ?	
James 3:5-6 Where have you seen the damaging effects of language? How untrue is he phrase "sticks and stones may break my bones, but words will never hurt me?"	
	Practical Thinking: Where can I speak words of life into people today?
	Forgiveness Exercise: Even righteous anger has a shelf life, where can I extend forgiveness to someone who has wronged me? (Remember, we forgive just as God in Christ has forgiven us.)
	Spirit Awareness: When praying, ask God to reveal the areas in your life that you have been grieving

the Holy Spirit. Once He shows you those areas, repent of that sin and ask the Holy Spirit to have all

of you!

Flashlights and Streetlights

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

Paul calls us to "walk in love, as Christ loved us and gave himself up for us" (v. 2). In what ways do you feel God inviting you to love more sacrificially?

Verse 8 says, "for at one time you were darkness, but now you are light in the Lord. Walk as children of light." Where do you sense God calling you to live more fully as light in your daily life?

In verses 15–16, Paul urges believers to "look carefully then how you walk... making the best use of the time." How does remembering that you are meant for more change the way you

think about how you spend your time and energy?		
-		

EPHESIANS 5:1-21

Read Matthew 5:14–16	
How can your life shine in a way that	
points others to God's greater	
ourposes?	
Romans 12:1–2	
What would it look like for you to live as a "living sacrifice," pursuing	
nore of God's will in your everyday	
decisions?	
Colossians 3:16–17	
How might letting God's Word dwell ichly in you empower you to live	
nto more than what the world	
expects?	
жросто.	
	Ask God to reveal one specific area where you can "walk in love" more fully, and take a practical step in obedience.
	Identify a place in your life where you've been blending into darkness rather than shining as light, and prayerfully choose to step into the "more" God has for you.
	Commit to making the best use of your time by dedicating one

intentional practice (prayer, Scripture, serving, or

for more.

encouragement) that will help you live into God's calling to be meant

Winning at Home

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

How does my relationship with those closest to me (spouse, children, parents) reveal my understanding of Christ's love?

Where do I need to grow in my humility, grace, and patience within my family relationships			
How can my home life and relationships serve as a witness of Christ to others?			

EPHESIANS 5:24-6:4

Read	
Colossians 3:18-21	
How does this cross-reference help	
clarify God's vision for mutual love	
and respect within our homes?	
·	
Philippians 2:3-5	
How does Christ's example of	
numility and unselfishness shape	
the way I approach my family?	
the way rapproach my family?	
0.07	
Deuteronomy 6:6-7	
What intentional practices can I	
ouild in my family rhythms to pass	
on faith?	
	Identify one relationship at home
	where I need to practice greater
	humility, patience, or
	encouragement this week—and
	take a concrete step to do so.
	Begin (or renew) a simple family
	practice of prayer, scripture
	reading, or blessing to nurture
	faith in the home.
	raith in the nome.
	Ask a trusted friend, mentor, or
	small group to pray with me for my
	family relationships—inviting
	accountability and
	encouragement as I live out God's

design at home.

Winning at Work

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

God asks us to obey "with a sincere heart, as you would Christ" (v. 5). How do your actions and your thoughts towards obedience change when you realize that when you serve someone, you are really serving Christ?

We are to do "the will of God from the heart" (v. 6). What does it look like in your job or in your life to work from the heart? How does this differ from mere external actions?

To work for eye-service means to work only when being watched by others, for your own

recognition. Who is an example in your life that you have seen work for the Lord and not for men? What does that look like?		
_		

EPHESIANS 6:5-9

Read

Colossians	3:23-24
------------	---------

How does this change your perspective about the impact your 'work' has eternally, rather than just temporarily in this lifetime?

1 Timothy 6:1

How does the way you treat those in authority over you exalt the name and teaching of the Lord?

Job 31:13-14

Job recognized he was accountable to God for those who worked for him. How does it change the way you treat others who have been put under your authority when you realize you are accountable to God first and foremost?

•		

List three ways that you can serve God, not for the recognition of

men, this week.

Repent: Is there someone in your life that you have, or haven't, given preference to because you view them as higher or lower than you? Recognize and repent from the partiality you have shown.

Identify an authority in your life, a boss, employer, staff, or pastor at church. Pray daily for that person of authority this week. Pray for God to be working in their lives in the position in which they serve.

Winning at War

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

Paul says a key to being victorious over the enemy and his forces is our responsibility of putting on the WHOLE armor of God, not half or pieces of it. In what areas of my life am I relying on only "pieces" of God's armor, and what would it look like for me to intentionally put on the whole armor every day?

This is no weekend war that we'll walk away from and forget about in a couple of hours.

This is for keeps, a life-or-death fight to the finish against the Devil and all his angels. How does viewing my faith as a lifelong battle, rather than something occasional or casual, challenge the way I approach prayer, scripture, and obedience?

EPHESIANS 6:10-20

Read Isaiah 59:17 Each piece of armor represents a divine resource to help us stand firm. What does that look like to put them on? (Get as practical as you possibly can). Spiritual warfare is real, but so is	
our victory in Christ. What has been your experience with spiritual warfare? How has your upbringing, theology, and experience shaped how you see and handle spiritual warfare?	
We are declared WINNERS in	
Christ. Dear friend, hear me- You are a winner! Not just a participation trophy type winner, but a victor. How does that truth further help you face life on earth and our future embrace of heaven?	Action step: Take time today to pray for yourself, for fellow believers in your life, for our church, and for the global Church that we may all stand firm and prevail in Christ.
	Prayer: Father, You call us ambassadors for the gospel in every generation for every person in every place. You tell us there is opposition. Grant us confidence in the power of Christ at work in us, for us, and around us. Prepare us for the battle of our lives so we

might be witnesses for Christ in

every place. Amen.

Winning at Church

Sermon Response

What stood out most to me from today's message?

Where have I seen God at work in my life this week?

What questions do I have after hearing this sermon?



Reflect

Who in your life consistently encourages your faith, like Tychicus did for the Ephesians?

When have you experienced "peace and love with faith" (v. 23) in a way that strengthened your walk with Jesus?

aith?	ty Oi
	—
<u> </u>	

EPHESIANS 6:21-24

Read	
Colossians 4:7–8	
Why do you think Paul valued	
people like Tychicus to carry his	
nessage rather than only relying	
on letters?	
Romans 15:33	
How does Paul's repeated blessing	
of peace show us what he wanted	
churches to experience together?	
2 Thessalonians 3:5	
What does this verse teach us	
about what we need in order to	
stay faithful in our Christian	
ourney?	
	Respond
	Identify one person this week you
	can intentionally encourage in
	their faith—through a note,
	message, or face-to-face
	conversation.
	•
	Practice praying Paul's closing
	blessing (vv. 23–24) over
	someone in your family, small
	group, or church.
	-
	Consider: Where can you
	embody "peace, love, faith, and
	grace" in a practical way this week
	_in a conflict_friendship_or act of

service?

G Gospelife Church

Gospelife.com

Gospelife North Wheaton Sundays | 9:00AM & 10:30AM 1N100 Gary Ave, Carol Stream, IL

Gospelife Carol Stream
Sundays | 9:00AM & 10:30AM
600 Kuhn Road, Carol Stream, IL

Gospelife Washington
Sundays 10:00AM
1113 Peoria Street, Washington, IL
309-444-4559

Church Office Monday-Friday, 9-5 PM 630-668-5900 info@gospelife.com