



LIFE MAPS IN THREES

This exercise will consist of 3 Rounds of 9 minutes each. Before you begin this process, please select an order in which you will share.

OUTLINE

- Speaker A shares moment(s) from their Life Map. (3-4 min.)
- Listeners each ask 1-2 questions to the Speaker. (2 min.)
- Speaker A chooses one question to answer. (2 min.)
- Rotate roles and repeat the process for each speaker.
- Open conversation (time-permitting).

INSTRUCTIONS

1. **Life-mapping:** Take a few moments to think about your political and moral lens (or your relationship to Israel). Where and how was it formed? Has it changed over the course of your life? Now think of three snapshot moments from your direct experience that most powerfully shaped or formed this relationship. For each of these, please draw a picture of that moment. (3 min.)
2. Participants **share one or two of these pivotal moments**, elaborating on them in any way you'd like. (3-4 min.)
If you are listening to your partner's stories, please listen without interruption. Try to listen for what really matters to them. Note your own reaction, but let them speak. While each person speaks, jot down a few questions that you think would help you find what's most meaningful to this person.
3. **Questions:** After the Speaker has shared, the Listeners ask 1-2 questions. Try to ask questions that invite the Speaker to expand on how or why their story matters to them. (2 min.)
4. **Speaker answers one question posed to them.** Which question draws you? Which do you want to answer? (2-3 min.)
5. **Rotate roles and repeat the process.**