

Nottingham Roman Catholic **Diocesan Education Service**

NRCDES Training Programme for Local Governors

2025 - 2026















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FOREWORD

I am delighted to welcome you to our Local Governors' Training Programme, updated for the academic year 2025-2026.

Our diocesan training will continue to take place virtually. Once more we will hold this year's training sessions on a number of different weekday evenings, beginning at 6.15pm and lasting for approximately one hour.

If any local governing body would like some direct input for their governors at one of their LGB meetings, please let a member of the NRCDES team know. We would be happy to offer this, if dates and times are available.

In order to assist local governors, we have also established a training pathway. For newly appointed local governors, this begins with induction both at school and CMAT level; please make these arrangements with your headteacher and your CMAT.

SCHOOL INDUCTION

Meeting with Chair of Governors

Meeting with Headteacher

CMAT INDUCTION

Safeguarding

PREVENT

GDPR

Following this, our training is offered at three different levels.

DIOCESAN TRAINING

Level 1 - Developing

New governors and those who would welcome a 'refresher' on the basics of local governance in a CMAT within the Diocese of Nottingham.

Level 2 - Embedding

Local governors who are well established and ready to reflect upon and deepen their effectiveness.

Level 3 - Advancing

Local governors who are highly experienced. Chairs and Vice-Chairs of Governors and those in a position to support other local governors.

On behalf of Bishop Patrick McKinney, I would like to thank you very much for your generous support and for the vital role that you play in ensuring that our schools remain Christ-centred worshipping communities.

Peter Giorgio

Director of Education

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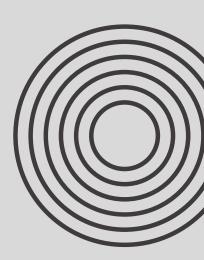
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WHAT IS CATHOLIC LIFE AND MISSION?

Course Content / Overview

Catholic Life and Mission is the focal point for our Catholic schools. For local governors, the promotion and development of Catholic Life and Mission is the first priority.

But what exactly is it? Religious Education and Collective Worship may sometimes feel easier for us to define. Catholic Life and Mission is, essentially, everything else through which the Catholic ethos permeates; there is therefore lots of scope for local governors to really 'get under the skin' of what the school is all about in its Catholic mission.

This session will assist governors in promoting a shared understanding of what exactly we mean by Catholic Life and Mission.

This course is ESSENTIAL for new governors

Dates & Times

ONLINE

Monday 6 October 2025

6.15pm - 7.15pm

MY ROLE AS A LOCAL GOVERNOR

Overview

We want to support new local governors so that they can take up their positions with increased confidence. In these initial sessions, we will focus on important aspects of the role.

UNDERSTANDING THE CONTEXT

Tuesday 23 September 2025

- 6.15pm 7.15pm
- Catholic Education in the Diocese of Nottingham
- Our Catholic Multi-Academy Trusts
- How local governors help and support our schools

click here to book

ASKING QUESTIONS

Monday 13 October 2025

- Focussing on the right things
- Types of questioning
- Challenging and supporting school leaders

6.15pm - 7.15pm

click here to book

VISITING THE SCHOOL

Thursday 27 November 2025

- Meeting the headteacher or members of staff
- Planning and preparing for your visit
- Recording your visit

6.15pm - 7.15pm

MY ROLE AS A LOCAL GOVERNOR - NAVIGATING 'TRUST GOVERNOR'

Course Content / Overview

An interactive training session where delegates will be 'walked through' how to:

- Log in to Trust Governor
- Access the Trust Governor calendar
- Accept and send apologies for meeting invitations
- Access meeting agendas, minutes and related documents
- Access stored policies and other documents
- Carry out the individual skills audit
- Complete the individual training log

Dates & Times ONLINE

Tuesday 14 October 2025

Wednesday 25 February 2026

Monday 8 June 2026

6.15pm - 7.15pm

6.15pm - 7.15pm

6.15pm - 7.15pm

click here to book

click here to book

MONITORING AND EVALUATING: THE BASICS

Course Content / Overview

In this session we will explore the role of local governors in the process of school monitoring and evaluation, aiming to answer the following questions:

- How well do we know our own schools and where can we find out more?
- What does 'monitoring and evaluation' mean for local governors?
- What does an effective plan look like for governor monitoring and evaluation?
- How can local governors offer both challenge and support to headteachers and senior leaders?
- How can we plan ahead for improvement?

Dates & Times

ONLINE

Tuesday 4 November 2025

6.15pm - 7.15pm



ENGAGING WITH STAKEHOLDERS

Course Content / Overview

In this session will explore the role of local governors in relation to engaging a range of stakeholders, aiming to answer the following questions:

- Who are our stakeholders?
- How do we relate to and gather information from our stakeholders?
- What do we do with the information we glean from our stakeholders?
- How do we plan ahead for improvement?

Dates & Times

ONLINE

Wednesday 14 January 2026

6.15pm - 7.15pm

UNDERSTANDING MORE ABOUT SPECIAL EDUCATIONAL NEEDS AND DISABILITIES (SEND)

Course Content / Overview

This session will enable governors to find out more about special educational needs and disabilities by considering:

- What we mean by the term SEND
- The four broad areas within SEND
- National headlines around SEND
- Documentation all schools should have to hand in relation to SEND
- Roles and responsibilities for governors and school leaders

Dates & Times

ONLINE

Monday 1 December 2025

6.15pm - 7.15pm

UNDERSTANDING MORE ABOUT PUPIL PREMIUM

Course Content / Overview

This session will enable governors to find out more about Pupil Premium by considering:

- What we mean by the term Pupil Premium
- Pupil eligibility for the Pupil Premium funding (FSM, Ever6, service children, LAC, PP+, post adoption)
- National headlines around Pupil Premium
- Documentation all schools should have to hand in relation to Pupil Premium
- Roles and responsibilities for governors and school leaders re Pupil
 Premium

Dates & Times

ONLINE

Wednesday 12 November 2025

6.15pm - 7.15pm

SUPPORTING AND CHALLENGING SCHOOL LEADERS

Course Content / Overview

In order to be an effective local governor, it is important to perfect the art of providing both support to school leaders and also a suitable amount of challenge.

In this session we will explore a variety of approaches to ensure that local governors feel equipped to address both of these important aspects of their work.

Dates & Times

ONLINE

Thursday 12 February 2026

6.15pm - 7.15pm

CATHOLIC FOUNDATION STONES

Exploring the basics of the Faith

The programme, 'Catholic Foundation Stones' is a basic introduction to the Catholic faith. It is free of charge open to all staff, directors and local governors in our schools, for example:

- Colleagues from all faith backgrounds or none who are interested in learning something about the Catholic faith;
- Colleagues who wish to deepen their knowledge of the Catholic faith;
- Colleagues who are returning to the practice of their faith;
- Colleagues who may be interested in becoming Catholics.

Catholic Foundation Stones is structured around the four pillars of the Catechism of the Catholic Church:

- The faith we profess (the Creed a statement of what we believe);
- The faith we celebrate (the Sacraments);
- The faith we live (the moral life);
- The faith we pray (prayer and the spiritual life).

The programme comprises twelve sessions in total which will be delivered throughout the academic year (four sessions per term). Sessions will last for one hour; they will be delivered informally and will include some input, time for reflection and prayer and opportunities to engage in discussion. Nobody will be tested or 'made' to contribute! (You will be able to join at any point during the year).

Session titles are as follows:

- Session 1 Introducing the Catholic Faith
- Session 2 God's Revelation and God the Father and Creator
- Session 3 God the Son: Jesus Christ
- Session 4 God the Holy Spirit; Mary and the Saints
- Session 5 The Church
- Session 6 Liturgy; the Liturgical Year and the Sacraments
- Session 7 The Sacraments of Baptism and Confirmation
- Session 8 The Sacrament of the Eucharist
- Session 9 The Sacraments of Reconciliation and Anointing of the Sick
- Session 10 The Sacraments of Marriage and Ordination
- Session 11 Living a Christian Life
- Session 12 Prayer



CATHOLIC FOUNDATION STONES

- An introduction to the Catholic faith for all members of staff, directors and local governors who would benefit from learning more about the faith that underpins the school in which they work
- Structured around the four sections of the Catechism of the Catholic Church
- An opportunity to further explore and discuss various aspects of the Catholic faith
- A series of 4 one-hour sessions each term

ADVENT TERM	ONLINE
	OI LII L

Tuesday 16 September 2025 4.00pm - 5.00pm

Tuesday 7 October 2025 4.00pm - 5.00pm

Tuesday 11 November 2025 4.00pm - 5.00pm

Tuesday 2 December 2025 4.00pm - 5.00pm

click here to book

LENT TERM ONLINE

Tuesday 27 January 2026	4.00pm - 5.00pm
Tuesday 10 February 2026	4.00pm - 5.00pm
Tuesday 17 March 2026	4.00pm - 5.00pm
Tuesday 28 April 2026	4.00pm - 5.00pm

PENTECOST TERM ONLINE

Tuesday 5 May 2026	4.00pm - 5.00pm
Tuesday 19 May 2026	4.00pm - 5.00pm
Tuesday 9 June 2026	4.00pm - 5.00pm
Tuesday 30 June 2026	4.00pm - 5.00pm

PREPARING FOR CATHOLIC SCHOOLS INSPECTION

Course Content / Overview

This session will help governors to understand more about the Catholic School Inspection process.

- Why do our schools have an inspection as a Catholic school, in addition to an Ofsted inspection?
- How is it carried out?
- What role do local governors play in the process?

Dates & Times	ONLINE
Tuesday 16 September 2025	6.15pm - 7.15pm
click here to book	
Monday 22 June 2026	6.15pm - 7.15pm
click here to book	

MONITORING AND EVALUATING CATHOLIC LIFE AND MISSION, RELIGIOUS EDUCATION AND COLLECTIVE WORSHIP

Course Content / Overview

Our diocesan schools place Catholic Life and Mission, Religious Education and Collective Worship at the heart of all that they do. For this reason it is important to pay particular attention to the ways in which we can successfully monitor and evaluate the quality of provision across these three key areas of school life.

Monitoring and evaluation is not just for Catholic School Inspection, it is one of the main methods for ensuring that our pupils and students receive the very best, and truly authentic, Catholic education.

Dates & Times

ONLINE

Tuesday 20 January 2026

6.15pm - 7.15pm



PRIMARY RELIGIOUS EDUCATION

Course Content / Overview

This session will enable local governors to develop their understanding of how Religious Education is taught and assessed at primary level. It will include an overview of the Religious Education Directory (RED), which comes into force in primary schools from September 2026.

Local governors will also learn more about how Religious Education is assessed and what the expectations are for our children as they move through the primary phase.

Dates & Times

Monday 17 November 2025

6.15pm - 7.15pm

ONLINE



RELATIONSHIPS, SEX AND HEALTH EDUCATION IN A CATHOLIC SCHOOL

Course Content / Overview

The Government's revised requirements for schools on the teaching of Relationships, Sex and Health Education became statutory from September 2021.

Updates are expected in readiness for September 2025.

This session will assist local governors in understanding what these requirements are and, most importantly, how these should be delivered in a Catholic school. There will be opportunities in this session to discuss these issues further at both primary and secondary level.

Dates & Times ONLINE

Thursday 8 January 2026

6.15pm - 7.15pm



UNDERSTANDING DATA

Course Content / Overview

So many acronyms are used in the world of education! This is particularly true in terms of understanding how well pupils and students are learning. This session will assist local governors in their understanding of the terminology used to describe academic standards. It will also help local governors to better understand the context of their school through looking at the assessment information gathered by school leaders throughout the year. Finally, there will be an introduction to the ISDR (Inspection Data Summary Report) produced by Ofsted and how local governors can formulate meaningful and incisive questions on data.

Dates & Times ONLINE

Tuesday 9 September 2025

6.15pm - 7.15pm



WHAT LOCAL GOVERNORS NEED TO KNOW ABOUT HUMAN RESOURCES

Course Content / Overview

This session will assist local governors to understand what they need to know about human resources in the context of our diocesan schools. We will consider recruitment, performance review and other areas relating to employment of school staff.



Wednesday 21 January 2026

6.15pm - 7.15pm



LGBT+ ISSUES FOR LOCAL GOVERNORS

Course Content / Overview

This session will provide information for local governors on dealing with LGBT+ issues within schools, with a particular focus on the teachings of the Church and compliance with legal requirements.



Tuesday 3 February 2026 6.15pm - 7.15pm



UNDERSTANDING ARTIFICIAL INTELLIGENCE (AI) IN SCHOOLS

Course Content / Overview

Al is no longer a future concept — it's already influencing how schools operate, communicate, and support learning. This timely and engaging session will give Governors the essential knowledge to navigate this fast-moving area with confidence. We'll demystify what Al really is, explore how it's being used in education right now, and unpack what it means for governance and strategic oversight. From improving efficiency to raising serious questions about ethics, GDPR, and safeguarding, this session will equip you to ask the right questions and support schools in making informed, responsible decisions. No tech background needed — just a curiosity about the future of education.

Dates & Times ONLINE

Wednesday 15 October 2025

6.15pm - 7.15pm



ADVANCING

BEING THE CHAIR OR VICE-CHAIR

Course Content / Overview

This session is aimed at providing future (or recently appointed) chairs and vice-chairs of local governing bodies to become more confident in their role. It will include content on:

- What the role of chair and vice-chair involves
- Developing effective relationships with the headteacher, senior leaders, members of the local governing body, the clerk and the Chair of the Trust Board
- The elements of good meetings

Dates & Times

ONLINE

Monday 29 September 2025

6.15pm - 7.15pm



ADVANCING

AFTER CATHOLIC SCHOOL INSPECTION - WHAT NEXT?

Course Content / Overview

Congratulations on navigating through the Catholic Schools Inspection process! You now have your CSI report and some identified areas for development. What should you do next?

This session aims to support school leaders in building upon success and considering development points in relation to Catholic Life and Mission, RE and Collective Worship.

Dates & Times

ONLINE

Monday 26 January 2026

10.15am - 12.15pm



ADDITIONAL

Overview

This menu is offered to school leaders so that they can bring their staff teams to one, or all, of the 1-hour sessions as part of their staff meeting CPD programmes across the year.

Local governors are very welcome to book onto these meetings as well. The content will be similar to that of similarly-named evening training outlined in previous pages of this booklet; but, if the afternoon dates and times suit, or governors would like to meet alongside classroom practioners, these sessions are on offer as well.

WHAT IS CATHOLIC SCHOOLS INSPECTION (CSI)?

Tuesday 16 September 2025

3.45pm - 4.45pm

click here to book

WHAT IS CATHOLIC LIFE AND MISSION?

Monday 6 October 2025

3.45pm - 4.45pm

click here to book

WHAT IS PRAYER AND LITURGY?

Monday 24 November 2025

3.45pm - 4.45pm

click here to book

WHAT IS CATHOLIC SOCIAL TEACHING (CST)?

Monday 9 February 2026

3.45pm - 4.45pm

click here to book

WHAT IS A CATHOLIC CURRICULUM?

Thursday 2 April 2026

3.45pm - 4.45pm

click here to book

AN ON-LINE RETREAT FOR STAFF/GOVERNORS

Monday 18 May 2026

3.45pm - 4.45pm



SELF-STUDY

FORMATIO TRAINING FOR GOVERNORS

This free online training resource for all governors of Catholic schools, designed by the Catholic Education Service, is now available.



The training is for all those involved in governance in schools and is for all abilities and experience.

The training consists of a series of modules but we suggest the first three modules for local governors in the Diocese of Nottingham.

- An introduction to Catholic education
- The environment of a Catholic school
- Strategic Leadership

You can access the training at: https://www.formatio.org.uk/e-learning

SELF-STUDY

CES - RELATIONSHIPS, SEX AND HEALTH EDUCATION

There are six modules, which each contain several units. You can choose to complete all six modules and receive accreditation for the course from the Catholic Education Service. Or you can choose the non-accredited route and complete only the modules and units that you want to learn about.



Module structure

- Each module should take no more than 20 minutes to complete
- You can choose to deepen your understanding on any particular module through suggested further reading and links to other resources
- You can save your progress as you go along. That means you don't need to complete a module all in one go!

At the end of the course

- You'll understand the new statutory requirements for teaching Relationships, Sex and Health Education and some key principles for applying these in a Catholic context
- You'll have had the chance to think about how the new requirements relate to you and your pupils, as well as their parents
- You'll have been introduced to Catholic educational material –
 including a model curriculum cited as an example of good practice –
 and resource lessons that meet the new requirements

You can access the training at: https://rsetraining.catholiceducation.org.uk/courses/

BOOKING INFORMATION

MAKING A BOOKING

Please visit www.bookwhen.com/nrcdes and follow the screen instructions to reserve your place at any NRCDES event. A 'How to' guidance note is available on the home page (www.bookwhen.com/nrcdes) for your reference. The process is very similar to online shopping...... just put the places you want in your basket and checkout!

CANCELLING / AMENDING A BOOKING

To cancel your online booking please contact us on:

coursebookings@nottingham-des.org.uk

Should you wish to adjust a booking (e.g. to change a delegate), please contact us.

For any queries or if you need assistance, please contact us on 01332 293833



ANNUAL PLANNER

	SEPTEMBER	2025			
09/09/2025	Understanding Data	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ
16/09/2025	What is Catholic Schools Inspection (CSI)?	3.45pm	4.45pm	VIRTUAL - Microsoft Teams	ADD
16/09/2025	Advent Term - Catholic Foundation Stones (Session 1)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV
23/09/2025	Preparing for Catholic Schools Inspection	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ
29/09/2025	My Role as a Local Governor - Understanding the Context	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
29/09/2025	Being the Chair or Vice Chair	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ADV

	OCTOBER 2025				
06/10/2025	What is Catholic Life and Mission?	3.45pm	4.45pm	VIRTUAL - Microsoft Teams	ADD
06/10/2025	What is Catholic Life and Mission?	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
07/10/2025	Advent Term - Catholic Foundation Stones (Session 2)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV
13/10/2025	My Role as a Local Governor - Asking Questions	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
14/10/2025	My Role as a Local Governor - Navigating 'Trust Governor'	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
15/10/2025	Understanding Artificial Intelligence (AI) in Schools	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	EMB

	NOVEMBER	2025			
04/11/2025	Monitoring and Evaluating: The Basics	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
11/11/2025	Advent Term - Catholic Foundation Stones (Session 3)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV
12/11/2025	Understanding More About Pupil Premium	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
17/11/2025	Primary Religious Education	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ
24/11/2025	What is Prayer and Liturgy?	3.45pm	4.45pm	VIRTUAL - Microsoft Teams	ADD
27/11/2025	My Role as a Local Governor - Visiting the School	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV





ANNUAL PLANNER

	DECEMBER	2025			
01/12/2025	Understanding More About SEND	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
02/12/2025	Advent Term - Catholic Foundation Stones (Session 4)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV

JANUARY 2026					
08/01/2026	Relationships, Sex and Health Education in a Catholic School	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ
14/01/2026	Engaging with Stakeholders	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV
20/01/2026	Monitoring and Evaluating CL&M, RE and CW	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ
21/01/2026	What Local Governors need to know about Human Resources	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ
26/01/2026	After Catholic School Inspection - What Next?	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ADV
27/01/2026	Lent Term - Catholic Foundation Stones (Session 5)	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV

FEBRUARY 2026						
03/02/2026	LGBT+ Issues for Local Governors	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ	
09/02/2026	What Catholic Social Teaching (CST)?	3.45pm	4.45pm	VIRTUAL - Microsoft Teams	ADD	
10/02/2026	Lent Term - Catholic Foundation Stones (Session 6)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV	
12/02/2026	Supporting and Challenging School Leaders	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV	
25/02/2026	My Role as a Local Governor - Navigating 'Trust Governor'	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV	

MARCH 2026							
17/03/2026	Lent Term - Catholic Foundation Stones (Session 7)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV		

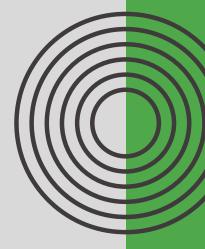
APRIL 2026						
02/04/2026	What is a Catholic Curriculum?	3.45pm	4.45pm	VIRTUAL - Microsoft Teams	ADD	
28/04/2026	Lent Term - Catholic Foundation Stones (Session 8)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV	



ANNUAL PLANNER

MAY 2026						
05/05/2026	Pentecost Term - Catholic Foundation Stones (Session 9)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV	
18/05/2026	An On-Line Retreat for Staff/Governors	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ADD	
19/05/2026	Pentecost Term - Catholic Foundation Stones (Session 10)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV	

JUNE 2026						
08/06/2026	My Role as a Local Governor - Navigating 'Trust Governor'	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	DEV	
09/06/2026	Pentecost Term - Catholic Foundation Stones (Session 11)	4.00pm	5.00pm	VIRTUAL - Microsoft Teams	DEV	
22/06/2026	Preparing for Catholic Schools Inspection	6.15pm	7.15pm	VIRTUAL - Microsoft Teams	ЕМВ	
30/06/2026	Pentecost Term - Catholic Foundation Stones (Session 12)	5.00pm	6.00pm	VIRTUAL - Microsoft Teams	DEV	









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