

# Beat the Heat with Watering Tips From Sipkens

It has been an interesting season to say the least!

Between all the rain and this week's forecasted heat wave, it can be hard to know how to water most effectively!

We answer your questions below with our 5 Golden Tips for Watering!



### When to Water

#### How do I know when to water?



Test the soil with your finger. Poke down a few inches near the base of the plant to check the root zone.

You can also use a soil moisture meter. Even if the surface seems dry, there may still be moisture below.

If not, get the hose!



#### Best Time to Water

The very best time to water is in the early morning.



This allows time for the water to soak in before it evaporates from the heat and dry wind.

Late afternoon is second best, just make sure you allow the foliage to dry out before nighttime.



#### Where to Water

Water at the base of the plant with a watering wand or long-neck watering can.



Try to avoid getting the leaves, fruits, or vegetables wet to help prevent diseases that thrive on moisture, like powdery mildew.



## How Much to Water



Plants benefit much more from a slow and deep watering than a quick splash.

Make sure you're watering deep enough to reach down to below the root ball.

Your plants will thank you!



# Frequency of Water



Fruits and vegetables **need consistent water** to produce well. Don't let them go completely dry before watering them again because this can cause problems like blossom end rot. Containers dry out much faster than the ground and will need more frequent watering, sometimes every day in the heat, especially if they are placed in full sun or exposed to wind. Newly planted gardens will benefit from weekly watering in the summer months and shrubs and trees planted in the past few years should be watered deeply every other week from summer into fall.

## June Gardening Calendar

Watch for our monthly gardening calendar for great tips and reminders for your home and gardens.

















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