



Seven Words of Humility

By Brian Childres

Humility is the heart attitude of a freedom minister. Humility unleashes the power of God. James says that God gives grace (supernatural empowerment) to the humble. Our primary activity is simple: Humble yourselves.

What does humility look like in real life? Humility is when we see the world as God sees it- When we view ourselves, God, and others the way God does. We experience the Kingdom of God when we live in His truth.

Let's look at the Seven Words of Humility.

Humility in seven words:

“I am him, I can't, God will.”

- I am him. **Friendship!**

When you are ministering to a person, look them in the eye and say to yourself, “I am this person, they are me. I am no different than they are. We both have the same struggles that all people possess.”

This is vital; you must connect with the person. The counselor-counselee relationship will not work. We must walk **shoulder-to-shoulder** with the person we are helping. We are not above them. Ministry flows out of friendship.



- I can't. **Freedom!**

The keyword here is “I.” This act of humility is a fierce denouncing of self-effort. How do you know if you have slipped back into self-effort? You know when you find yourself being frustrated or fearful. ***Frustration with a person is always indicative of taking matters into your own hands. Again, Frustration with a person is always indicative of taking matters into your own hands.*** Relying on God means the pressure is off. Freedom Ministry becomes enjoyable. Fear will also be present if it is up to you. You will experience an anxiety before ministry even begins. You will have a fear of failure. If God is the one that you are depending on, then there will be no fear. The pressure is on God. You are a merely a vessel.

- God will. **Faith!**

Before you step into Freedom Ministry, ask yourself this question “How huge is my God?” Your God view will make a huge difference in how you minister. If you choose to believe that God is bigger than life, and is still working miracles, then freedom ministry will be a powerful time for you and the person you are helping. God is always asking us one simple question, “Will you believe”? He only wants our childlike faith. Take a few minutes to read the miracles that Jesus did in the book of John. Get back in touch with the supernatural.



Freedom Ministry is all about miracles and is not for the weak in faith. Ask God to open your eyes to his power. Repent of your unbelief. Ask for fresh faith.

God will do it!

Be a friend. Get free from self. Choose faith. Those are the fruits of true humility. When you step into Freedom Ministry there is good news: It is not about you! There is no greater way to live life. Humble yourself!



We have discovered that men can only be spiritually healthy when they are intimately connected with other men. Once this connection takes place, spiritual growth accelerates. Husbands begin to love and serve their wives. Dads begin to spend more time with their children. The local church benefits greatly: more mature and committed leaders.

We have witnessed many churches be greatly impacted by men relationally discipling other men. The ripple effect can be huge. Whether you choose to host a Men's Bootcamp or start a new SPAR Group, spiritual renewal is just waiting to happen. Men are hungry for discipleship opportunities that make them come alive. Let us serve you!

Join us in the pursuit of authentic masculinity

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