



SPAR Module: James 1: 2-4

By Brian Childres

(Ask men to close their eyes during the reading)

Read passage in NIV. Pause. Read passage in Message.
Meditate for 20 seconds.

1 minute meditation:

“How would you like to be mature, complete, and lacking nothing? What would your life look like 5 years from now if you were much more mature and complete as a man? What about 12 months from now? Do you want your wife and kids to have a husband and a father that is more mature and complete in his ability to love and serve? What is the key to this? James says that it is the “testing of our faith” that results in this grand prize of manhood. And how do we sign up for this school? James 1:2 says there is only one way: it is the way of hardship. Think about that for a moment. (Pause) If you desire maturity – which produces much fruit as well as spiritual multiplication in others- then you will embrace every hardship, both small and great, as opportunities to have your faith tested, purified, and increased. This is the way of maturity.

Write on the board:

(This is the tee-up to the God encounter)



***Choose one or more hardships in your life. Then seek God about the following:

Testing of your faith in your hardship(s):

My faith in WHO God is: What part of the character of God do I need in this hardship?

My faith in WHO I am: What part of my identity in Christ is being revealed by God?

My faith in God's commitment and promises to me: What Biblical promises are being spoken to me by the Holy Spirit?

5-minute discussion about this.

Make sure all men are clear here. Each man will have 10 minutes to journal and listen to God about these 3. Make it clear: if they only want to focus on one area that is fine.

Return to Large Group:

Give each man 30 seconds to tell the story (hardship) And then 5 minutes to declare the truths concerning the 3 areas.

Pray into all of this.

Gratitude, Declaration, Surrender, Confession.



We have discovered that men can only be spiritually healthy when they are intimately connected with other men. Once this connection takes place, spiritual growth accelerates. Husbands begin to love and serve their wives. Dads begin to spend more time with their children. The local church benefits greatly: more mature and committed leaders.

We have witnessed many churches be greatly impacted by men relationally discipling other men. The ripple effect can be huge. Whether you choose to host a Men's Bootcamp or start a new SPAR Group, spiritual renewal is just waiting to happen. Men are hungry for discipleship opportunities that make them come alive. Let us serve you!

Join us in the pursuit of authentic masculinity

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