



Probing Questions

By Brian Childres

Why do we put so much importance of learning the art of asking probing questions? Are we attempting to turn every man into a counselor? Not at all. We are simply tapping into the life-changing power of Luke 6:45: “For out of the overflow of the heart, the mouth speaks.”

Questions accomplish one thing: they empower a man to open his mouth and speak. Once a man begins to talk, we know that something else is also going to eventually take place. His heart is going to be revealed. And once a man’s true heart is exposed, ministry and discipleship can take place.

- What are your greatest fears?
- Which of the 4 core emotions are you feeling right now: fear, anger, sadness?
- What is the idol in your life right now?
- What does faith look like in this situation?
- Which of God’s promises are you struggling to believe?
- What lies (about God, yourself, others) are you believing?
- What is God saying to you right now?
- Four faces of pride: looking good, feeling good, being right, being in control?



- What exactly is causing you the most pain?
- Relationships: What expectations or resentments do you have towards them?
- Who are you?
- Who is God to you right now?
- What else?
- (Silence)



We have discovered that men can only be spiritually healthy when they are intimately connected with other men. Once this connection takes place, spiritual growth accelerates. Husbands begin to love and serve their wives. Dads begin to spend more time with their children. The local church benefits greatly: more mature and committed leaders.

We have witnessed many churches be greatly impacted by men relationally discipling other men. The ripple effect can be huge. Whether you choose to host a Men's Bootcamp or start a new SPAR Group, spiritual renewal is just waiting to happen. Men are hungry for discipleship opportunities that make them come alive. Let us serve you!

Join us in the pursuit of authentic masculinity

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