

Biathlon Canada Competition-Development Pathway

(Train to Compete Stage)

STEP 1

Pre-requisites

Biathlon Canada
Competition Introduction
Coach Certification

Two years experience
coaching athletes in the
Train to Train or Train to
Compete context



STEP 2

NCCP Multi-Sport Workshops

NCCP Developing Athletic Abilities

NCCP Psychology of Performance

NCCP Prevention and Recovery

NCCP Managing Conflict

NCCP Leading Drug-Free Sport

NCCP Coaching and Leading Effectively



STEP 3

Biathlon Canada's Competition-Development Coach Workshop

PART A – Virtual

PART B – In-Person



STEP 4

Evaluation

Portfolio: Yearly Training Plan, Microcycle Plan, Practice Plan,
Emergency Action Plan, Competition Plan

Training Observation

Competition Observation



Certified
Competition-
Development
Biathlon Coach

Recommended Additional Training

- Nordiq Canada Train To
Train Coaching Workshop

Trained
Competition-
Development
Biathlon Coach



**BIATHLON
CANADA**



National
Coaching
Certification
Program