



## Competition Invitation

**IBU Regional Event La Patrie**

**Eastern Canadian Championships**

**Race 3 Canada and USA Eastern Cup**

**Quebec Cup 2**

**Estrie Cup 2**

**January 31<sup>st</sup> & February 1<sup>st</sup> 2026**

**Centre de biathlon La Patrie**



**BIATHLON  
CANADA**



**FQB**



## **SUBJECT: COMPETITION INVITATION**

**Place** 191, route 257 Sud, La Patrie, Québec, J0B 1Y0

**Events** IBU Regional Event La Patrie, Eastern Canadian Championships, Race 3 of Canada and USA Eastern Cup , Quebec Cup 2 and Estrie Cup 2

### **COMITÉ ORGANISATEUR :**

OC President	Virginie Cloutier
Chief of Competition	Daniel Harvey, International Referee
Competition Secretary	Hugo Fantoni
Chief of Course	Martin Bernier
Chief of Range	Louis-Philippe Harvey, Technical Delegate CAD
Timing Chief	Marco Bouffard, Advance official
Chief of Stadium	Mélanie Charest, Technical Delegate CAD

### **Information**

- General Manager: Erika Charron 819-349-7670 erikacharron@gmail.com
- Competition Secretary: Hugo Fantoni 873-682-3017 infobiathlonestrie@gmail.com

## **ELIGIBILITY**

Competitors from all divisions that are registered participants of Biathlon Canada or US Biathlon or another IBU national federation for the 2025-2026 season will be eligible to participate. Competitors must be prepared to show a membership card or otherwise prove their membership for the current year as part of the event registration process.

Teams and individual competitors from outside Canada must declare their firearms at the Canadian border, complete the necessary documentation, and pay the required fees when bringing firearms and ammunition into Canada. Please consult the Royal Canadian Mounted Police website and RCMP Form 5589e ([rcmp-grc.gc.ca](http://rcmp-grc.gc.ca)) for Access to the Non-Resident Firearms Declaration.

### **Non-residents | Royal Canadian Mounted Police**

For further guidance, please refer to the government website

<http://www.rcmp-grc.gc.ca/cfp-pcaf/fs-fd/visit-visite-fra.htm>

For Canadian citizens in the categories using a firearm (.22), it is mandatory that all athletes have in their possession and be able to show on request their proof of completion of the Canadian Firearms Safety Course. For the categories carrying the rifle, they must also have in hand the Possession and Acquisition License for firearms or their minor's license, issued by the Government of Canada.

The Quebec Cup is open to all athletes who are registered members of a Biathlon club affiliated with the FQB. Non-members can participate in the races if they are members of another federation and will be eligible for medals but not for Quebec Cup points.

On the sidelines of the event, an Estrie Cup will be held for Estrie members, and registration details will follow in another communication intended for Estrie members only. Other individuals who wish to participate in a trial without being a member of the FQB can register for the Quebec Cup, but they will need to obtain an online license before registering <https://www.biathloncanada.ca/membership>.

Some air rifles or electronic rifles may be available on site, but quantities are limited so arrangements will need to be made in advance with the organizing committee.

## INSCRIPTIONS

### IBU Regional Race and Canada Eastern Championship

The online registration period on Zone4 begins on December 1, 2025, and ends on Friday, January 16, 2026, at 11:59 PM.

Please note that starting Wednesday, January 14 at 11:59 PM, race fees will increase by \$10 per race.

Payment must be made by credit card (Visa or MasterCard) and processing fees apply. NO ADDITIONAL REGISTRATION WILL BE ALLOWED AFTER THIS DATE.

The registration link is as follows.

<https://zone4.ca/register.asp?id=40030>

	<b>1 race</b>	<b>2 races</b>
From Wednesday January 14 2026 11:59 PM To Friday January 16 2026 11:59 PM	+10,00 \$	+20,00 \$

### Quebec Cup 2 and 3rd round of the Eastern Canada and United States Cup

People registered for the Eastern Canadian Championships will automatically be registered for the Quebec Cup 2, which is also the 3rd stage of the Eastern Canada and United States Cup circuit. For those who did not register in time for the Eastern Canadian Championships, it will be possible to register **ONLY** for the Quebec Cup and Eastern Canada and USA Cup through Zone 4 using the following link:

<https://zone4.ca/register.asp?id=40301>

Registration will open on January 17 at 12:01 AM and will close at 11:59 PM on Sunday, January 25, 2026.

Please note that it will still be possible to register for the Québec Cup in Zone4 until Tuesday, January 27, 2026, at 11:59 PM, but with the applicable late fees indicated in the table below.

Payment must be made by credit card (Visa or MasterCard), and processing fees apply.

<b>Days</b>	<b>1 Race</b>	<b>2 Races</b>
From Sunday January 25 2026 11:59 PM To Monday January 26 2026 11:59 PM	+10,00 \$	+20,00 \$
From Monday January 26 2026 11:59 PM To Tuesday January 27 2026 11:59 PM	+20,00 \$	+40,00 \$
After Tuesday, January 27, 2026, 11:59 PM, requests must be submitted to the organizing committee and will be reviewed on a case-by- case basis, with the committee reserving the right to reject any registration.	+30,00\$	+50, 00\$

## **New for 2025-2026 season**

All coaches will also need to register in Zone4 as previously specified in **order to obtain their pass to the shooting range**.

When registering, they must provide proof that they meet the safety requirements of Biathlon Canada.

They must have completed the three training courses: "Safety Sport Training", "Understanding the Rule of 2" training and "Creating a Positive Sport Environment". Those trainings are available on line in the coach locker ( <https://thelocker.coach.ca/> ).

They must provide the completion dates of these courses as proof during registration in Zone4.

For coaches from the United States, the completion dates of equivalent courses must be provided.

## **REGISTRATION FEES**

### **Categories**

<b><u>Competitive Athlete (Mandatory Waxing Protocol)</u></b>	<b><u>1 Race</u></b>	<b><u>2 Races</u></b>
<input type="checkbox"/> Seniors (Open) (Men and Women)	50 \$	90 \$
<input type="checkbox"/> Juniors (Men and Women) (U21)	50\$	90\$
<input type="checkbox"/> Masters (Adult 1, 2, 3, 4) (Men and Women) (17-34, 35-49, 50 +)	50 \$	90 \$
<input type="checkbox"/> Youth (Men and Women) U19	50 \$	90 \$
<input type="checkbox"/> U17 Standing Boys and Girls (Seniors Boys and Girls prone and standing)	45 \$	85 \$
<input type="checkbox"/> U17 Prone Boys and Girls (Seniors Boys et Girls prone only)	45 \$	85 \$
<input type="checkbox"/> Dev 2 Boys and girls (Juniors Boys et Girls U15 for Quebec Cup) .22	45 \$	85\$
<input type="checkbox"/> Dev 2 Boys and girls (Juniors Boys et Girls U15 for Quebec Cup) AR	45\$	85\$

**Access to the venue (trails and range) on January 30, 2026 (included in the fees)**

<b><u>Recreational Athlete (No Waxing Protocol)</u></b>	<b><u>1 Race</u></b>	<b><u>2 Races</u></b>
<input type="checkbox"/> Dev 2 Boys and girls (Juniors Boys et Girls U15 for Quebec Cup) Electronic	40\$	70\$
<input type="checkbox"/> Dev 1 Boys and girls (Juvenile U13 for Quebec Cup) AR (with block)	30 \$	60\$
<input type="checkbox"/> Dev 1 Boys and girls (Juvenile U13 for Quebec Cup) Electronic (with block)	30 \$	60\$
<input type="checkbox"/> Beginners, (Boys and Girls) AR U11(with block)	30 \$	60\$
<input type="checkbox"/> Beginners, (Boys and Girls) Electronic U11 (with block)	30 \$	60\$
<input type="checkbox"/> Initiations, (Boys and Girls) AR U09 (with block)	30 \$	60\$
<input type="checkbox"/> Initiations, (Boys and Girls) Electronic U09 (with block)	30 \$	60\$
<input type="checkbox"/> Open Participatory Category (all ages and rifles)	45\$	85\$

**Access to the venue (trails and range) on January 30, 2026 (included in the fees)**

AR: Air Rifle

Electronic: Écoaims

## Races

### COMPETITIVE

#### **Caliber .22**

Masters Men (adult 35-49) Adult 4  
Masters Men (adult 50 et +) Adult 3  
Masters (adult 35-49) Adult 2  
Masters (adult 50 et +) Adult 1  
Men (Open)  
Junior Men U21  
Youths Men U19  
U-17 Standing (Senior Boys)  
U-17 Prone (Seniors Boys prone)  
Master Women Adult 4 (35-49)  
Masters Women Adult 3 (adult 50et +)  
Master Women Adult 2 (35-49)  
Masters Women Adult 1 (adult 50et +)  
Women (Open)  
Juniors Women U21  
Youth Women U19  
U17 standing (Senior girls)  
U17 prone (Senior girls prone)

**31 January**

**1 February**

#### **Sprint**

7,5 km (2 tirs) (P, S) (75m)  
6 km (2 tirs) (P, S) (75m)  
4,5 km (2 tirs) (P, S) (75m)  
4,5 km (2 tirs) (P, S) (75m)  
10 km (2 tirs) (P, S) (150m)  
10 km (2 tirs) (P, S) (150m)  
7,5 km (2 tirs) (P, S) (150m)  
6 km (2 tirs) (P, S) (75m)  
6 km (2 tirs) (P, P) (75m)  
7,5 km (2 tirs) (P, S) (75m)  
6 km (2 tirs) (P, S) (75m)  
4,5 km (2 tirs) (P, S) (75m)  
4,5 km (2 tirs) (P, S) (75m)  
7,5 km (2 tirs) (P, S) (150m)  
7,5km (2 tirs) (P, S) (150m)  
6 km (2 tirs) (P, S) (150m)  
6 km (2 tirs) (P, S) (75m)  
6 km (2 tirs) (P, P) (75m)

12,5km (4 tirs) (P,S,P,S) (30sec)  
10km (4 tirs) (P,S,P,S) (30sec)  
7,5km (4 tirs) (P,S,P,S) (30sec)  
7,5km (4 tirs) (P,S,P,S) (30sec)  
15 km (4 tirs) (P,S,P,S) (45sec)  
15 km (4 tirs) (P,S,P,S) (45sec)  
12,5 km (4 tirs) (P,S,P,S) (45sec)  
7,5 km (4 tirs) (P,S,P,S) (30sec)  
8 km (3 tirs) (P, P, P) (30sec)  
12,5 km (4 tirs) (P,S,P,S) (30sec)  
10 km (4 tirs) (P,S,P,S) (30sec)  
7,5 km (4 tirs) (P,S,P,S) (30sec)  
7,5 km (4 tirs) (P,S,P,S) (30sec)  
12,5 km (4 tirs) (P,S,P,S) (45sec)  
12,5 km (4 tirs) (P,S,P,S) (45sec)  
10 km (4 tirs) (P,S,P,S) (45sec)  
7,5 km (4 tirs) (P,S,P,S) (30sec)  
8 km (3 tirs) (P,P,P) (30sec)

#### **Air Rifle (.177) and .22**

Dev 2 Junior Boys U15 (no block)  
Dev 2 Junior Girls U15 (no block)

4,5 km (2 tirs) (P,P) (75m)  
4,5 km (2 tirs) (P,P) (75m)

6 km (3 tirs) (C, C, C) (30sec)  
6 km (3 tirs) (C, C, C) (30sec)

## PARTICIPATORY

### Air Rifle or Electronic

Dev 2 Junior Boys U15 (Electronic) (no block)  
Dev 2 Junior Girls U15 (Electronic) (no block)  
Dev 1 Juveniles Boys (AR) U13 (with block)  
Dev 1 Juveniles Girls (AR) U13 (with block)  
Dev 1 Juveniles Boys (Electronic) U13 (with block)  
Dev 1 Juveniles Girls (Electronic) U13 (with block)  
Beginners Boys U11 (AR) (with block)  
Beginners Girls U11 (AR) (with block)  
Beginners Boys U11 (Electronic) (with block)  
Beginners Girls U11 (Electronic) (with block)  
Initiations Boys U8 (AR) (with block)  
Initiation Girls U8 (AR) (with block)  
Initiation Boys U8 (Electronic) (with block)  
Initiation Girls U8 (Electronic) (with block)

**31 January**

**1 February**

#### **Sprint**

4,5 km (2 tirs) (P,P) (75m)  
4,5 km (2 tirs) (P,P) (75m)  
3 km (2 tirs) (P,P) (75m)  
1.5 km (2 tirs) (P,P) (20sec)  
1.5 km (2 tirs) (P,P) (20sec)  
1.5 km (2 tirs) (P,P) (20sec)  
1.5 km (2 tirs) (P,P) (20sec)

6 km (3 tirs) (P,P,P) (30sec)  
6 km (3 tirs) (P,P,P) (30sec)  
4 km (3 tirs) (P,P,P) (20sec)  
2 km (3 tirs) (P,P,P) (20sec)

## **Open participatory category for trial (custom non-competitive race):**

For all ages. Distance and type of rifle are chosen by the participant. No medals for these categories. Included on the results sheet but without ranking, all age groups together. The organization will determine the athlete's start time. We cannot guarantee that they will start with their age group. When registering, indicate your date of birth, desired course, and the type of rifle used.

### **Start time:**

Scheduled for 11 a.m. every day.

Note: The organization reserves the right to change the start time depending on the weather and the number of registrations.

### **SANCTION**

The competitions are sanctioned by the International Biathlon Union, Biathlon Canada and the FQB and are covered by their insurance.

### **IBU TRANSPORT AID FUND**

As this is an IBU Regional IBU Event, travel grants for eligible athletes under 21 will be provided by the IBU to the participating national federations. Travel grants for Canadian athletes will be sent by Biathlon Canada directly to the athletes' club/team. Contact your club/team for details on how your club/team will manage the travel grants allocated to them. Travel grants for American athletes participating in the event may be provided through the USBA. American athletes should contact the USBA for details on the management of travel grants for IBU regional events.

Athletes in the IBU categories (M, W, Jr M&W, Youth M&W) can check if they are registered with the IBU Member Centre by visiting the IBU Data Centre at <https://www.biathlonresults.com/> and searching for their name. If their name does not appear in the Data Centre when they search, it means they are not registered with the IBU Member Centre.

If a Canadian athlete in an IBU category is not yet registered with the IBU Member Center, Biathlon Canada can register them with the IBU Member Center. If you would like to register, please email a copy of your passport to Sheri Adams-Selinger at [sadams selinger@biathloncanada.ca](mailto:sadams selinger@biathloncanada.ca). Biathlon Canada must receive your passport at least two weeks before the event in order to have enough time to process your application.

Athletes who are members of the US Biathlon or other national federations must contact their national federation to register with the IBU member center if they are not already registered.

### **AWARDS**

Eastern Canadian Championships medals will be awarded for eligible categories according to Biathlon Canada policy

Quebec Cup medals will be awarded to the top three athletes in each open Quebec Cup category according to FQB policy.

There will be no medals for the other categories

## **WAXING PROTOCOL AND WAXING CLINIC**

We are very happy to count UGO SKI SERVICES among our partners. They will be on site all weekend to assist with the waxing process. In addition to providing a high-level waxing protocol, they can help you, answer your questions, and present their products. Don't hesitate to go see them. They are passionate and will be happy to guide you.

The waxing protocol is mandatory for all competitive categories mentioned earlier. Everything will be carried out in collaboration with our partner UGO SKI SERVICES. Skis must be dropped off in the main waxing room. For the Saturday race, they must be submitted between 3:30 PM and 4:30 PM on Friday. For the Sunday race, skis must be submitted between 2:00 PM and 2:30 PM on Saturday. This time may be adjusted depending on the number of registrations and the finish time of the Saturday race.

The skis must be returned scraped. It is possible to apply a structure to the skis before returning them.

The skis will be waxed by the UGO SKI SERVICES team with the help of coaches. Each team will need to provide coaches to assist with the ski waxing process. A schedule will be prepared to assign coaches based on the information provided by the coaches during their registration. This schedule will be confirmed at the team captains' meeting. Coaches who participate in the protocol will receive a souvenir gift at the gala or during the medal ceremony on Sunday.

A waxing clinic will take place on the site over the weekend. The company **UGO SKI SERVICES**, distributor of **Holmenkol** products, will offer us this high-level clinic for free, involving qualified technicians working on the international circuit. The clinic is scheduled for 2:30 PM or immediately after the medal presentation on Saturday. Please indicate your interest in participating when you register so that we have an idea of the space required.

A Fluoro ban is in effect for this event for all competition classes.

## **BANQUET**

A banquet will be held on Saturday at 6:00 PM at the La Patrie municipal hall located at 18 Chartier Street, La Patrie. An all-you-can-eat pasta meal will be served for \$30.

Registration for the banquet is done in Zone 4 when you register, whether you are an athlete, a coach, or a companion.

An alcohol permit has been requested, persons aged 18 and over will be able to purchase wine and certain spirits on site. In accordance with the permit, **only alcohol purchased on site** may be consumed. To help us estimate the required quantities and to ensure you get what you want, you will be able to pre-order your bottle of wine in Zone4 for a fee of 16.50\$.

Fun and surprises on site guaranteed by the organizing committee, don't miss it. The draw for participation prizes for athletes and coaches will take place on site. Attendance required.

## **MEALS AND FACILITIES**

Given the absence of an on-site cafeteria, the organizing committee offers you the opportunity to reserve a lunch box for Saturday and Sunday midday meals. This lunch box, along with hot soup on the side, will be available at a cost of \$15.

Lunch box reservations are made in Zone4 when you register, whether for athletes, coaches, or companions.

We will be happy to offer hot soup to other coaches and athletes. However, out of environmental concern and to minimize event waste, this soup will be provided to people who bring their own bowl and spoon. We will have a limited number of reusable bowls and spoons available on-site for \$2 each, while supplies last.

Hot and cold beverages will also be available for free on site if you bring your own reusable cup or mug. We will have a limited number of reusable cups for hot and/or cold drinks on site for \$1 while supplies last.

## Event schedule

(to be confirmed during the coaches meeting depending on the number of registrations)

	<b>Time</b>	<b>Descriptions</b>
Thursday, January 29, 2026	20h00	Team Captains virtual meeting
Friday January 30 2026	10h00 to 11h30	Training
	14h00 to 16h00	
	15h30 to 16h30	Ski drop race wax protocol Saturday
	16h30 to 18h00	Waxing of the Saturday Race skis
Saturday January 31 2026	09h45	Air and electronic Rifle Zeroing opens
	10h00	.22 zeroing opening opens
	10h45	End of zeroing Access to skis at Start/finish
	11h00	Sprint competition (All categories)
	14h00 à 14h30	Awards ceremony Ski drop off wax protocol (Sunday race)
	14h30	Waxing clinic
	15h30 à 17h30	Waxing of the Sunday Race skis
Sunday February 1 2026	09h45	Air and electronic Rifle Zeroing opens
	10h00	.22 zeroing opening opens
	10h45	End of zeroing Access to skis at Start/finish
	11h00	Short Individual race (all categories)
	14:00	Awards ceremony

## Event canceled or postponed

In the event the Event is cancelled or postponed the Organizing Committee reserves the right to retain all or part of the registration fees to cover expenses incurred.

## Notes

Minimum registration of 4 athletes for the opening of a category. Athlete can compete anyway in the category but with no medals.

Air rifles Categories: The athlete does not carry the rifle during the event. Shots will be made in the prone position only. The penalty ring is 100 meters. Weights are not provided. A heated area will be available near the shooting range to warm up rifles as needed. For Boys and Girls initiation, a 20-second penalty per missed target will be added to the race time as there will be no penalty magnifying glass for these categories.

Participants in the open participatory category will not have medals and no points will be accumulated in the Quebec Cup standings.

The races are recognized by the Quebec Biathlon Federation and points will be awarded for the 2025-2026 Quebec Cup ranking in accordance with the organizational policy

### **Competition Jury**

Technical Delegate	Pascal Morcet (International Technical Delegate)
Competition Chief	Daniel Harvey (International Referee)

The other three members of the jury for the event will be elected at the Team Captains meeting on Thursday, January 29, 2026 at 8:30 p.m. by video conference. (Terms and conditions will follow)

### **PROTEST**

Protests will be prepared and submitted to the competition secretariat.

A deposit of \$50.00 will be required at the time of filing the protest. It can be made in cash or by bank transfer to [infobiathlonestrie@gmail.com](mailto:infobiathlonestrie@gmail.com).

The amount will be refunded for any protest granted by the competition jury.

### **RULES**

The event will follow the rules of:

- IBU Rules 2025.
- FQB Biathlon Event Organization Policy, November 2019
- Canadian Hosting Policy 2025
- During competitions, Junior Boys and Girls (U15) and Juveniles Boys and Girls (U13) will have to shoot at targets with a diameter of 15 mm, U13 will be allowed to use a support. Athletes aged 10 years old and under (U11) will be able to benefit from support and will use 35mm diameter targets.

### **COMPETITION DETAILS**

The OC will publish all technical details about competition on the Club plein air biathlon Estrie WEB site <https://biathlonestrie.ca/> and Eastern Canada and United States Régional Race Series 2025-2026 WEB site: <https://www.biathloneast.org/> .

## COMMUNICATIONS DURING THE EVENT

The "Remind" app, which is free, uses text messages and will also be used during the competition to convey relevant information such as documents for coaches, provisional results, final results, jury decisions, schedule changes, etc.

We have 2 classes for the 2025-2026 season, one reserved for coaches and another that you can share with athletes and parents. As we need to have a limited number of participants in the REMIND classes, monitoring will be conducted.

**For the coaches' class, please follow the information in the PDF file attached to this invitation.**

## Sign up for important updates from D. Villeneuve.

Get information for **CQ2025-226 COACH** right on your phone—not on handouts.

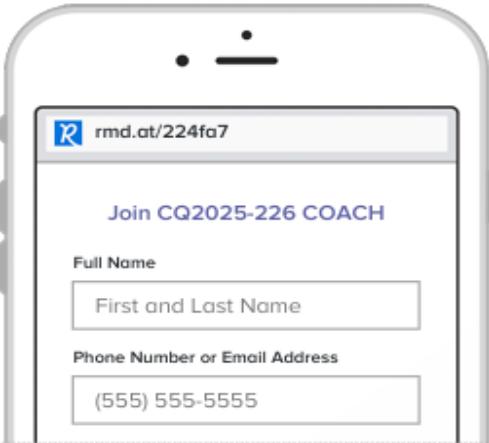
Pick a way to receive messages for **CQ2025-226 COACH**:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

**rmd.at/224fa7**

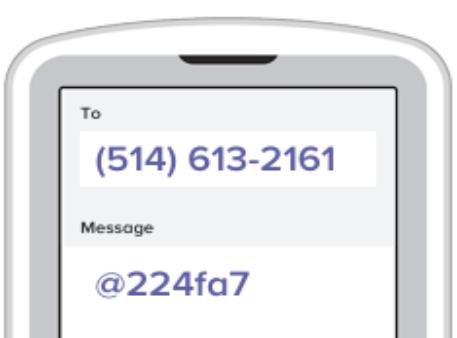
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message **@224fa7** to the number **(514) 613-2161**.

\* Standard text message rates apply.



For the Parent-Athlete class, please follow the information in the PDF file attached to this invitation.

# Sign up for important updates from D. Villeneuve.

Get information for CQ2025-2026 Athletes-parent right on your phone—not on handouts.

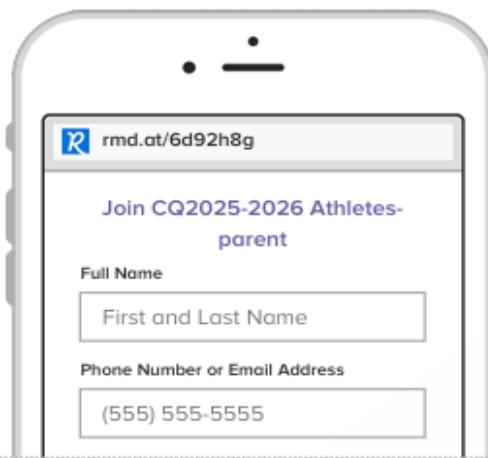
Pick a way to receive messages for CQ2025-2026 Athletes-parent:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/6d92h8g](https://rmd.at/6d92h8g)

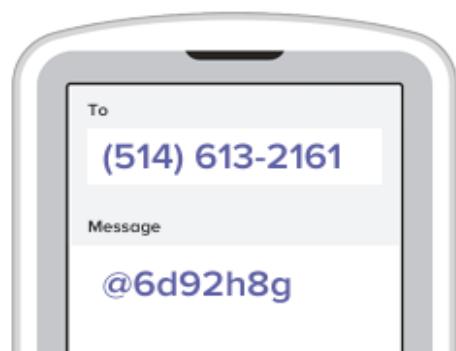
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message [@6d92h8g](https://rmd.at/6d92h8g) to the number [\(514\) 613-2161](tel:(514)613-2161).

\* Standard text message rates apply.



Don't have a mobile phone? Go to [rmd.at/6d92h8g](https://rmd.at/6d92h8g) on a desktop computer to sign up for email notifications.



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