



For Immediate Release

January 22nd, 2026

Canadian Olympic Biathlon Team Named for Milano Cortina 2026 Olympic Winter Games

CANMORE (January 22, 2026) – Biathlon Canada and the Canadian Olympic Committee have announced the roster of Team Canada biathletes selected to compete at the Milano Cortina 2026 Olympic Winter Games.

The athletes qualified for Team Canada based on their performances across the Olympic Qualification window. Canada qualified eight quota spots based on the Nations Cup ranking at the end of the 2024-25 season, which counted results from the IBU World Cup and IBU Cup circuits as well as the IBU World Championships. The eight athletes are:

[Zachary Connelly](#) (Ottawa, Ont.)

[Jasper Fleming](#) (Squamish, B.C.)

[Nadia Moser](#) (Whitehorse, Yuk.)

[Pascale Paradis](#) (Calgary, Alta.)

[Benita Peiffer](#) (Whistler, B.C.)

[Logan Pletz](#) (Regina, Sask.)

[Shilo Rousseau](#) (Thessalon, Ont.)

[Adam Runnalls](#) (Calgary, Alta.)

Calgary's Adam Runnalls will lead a young Canadian team that features seven first-time Olympic team members who are determined to deliver personal-best performances at the Games.

Runnalls, who contributed to the sixth-place finish in the men's 4x7.5km relay at Beijing 2022 – Team Canada's best-ever Olympic result in the event – is looking forward to competing at his second Olympic Winter Games and in one of his favourite venues, the Anterselva Biathlon Arena.

"Being named a two-time Olympic team member is a powerful reminder of the commitment and consistency it takes to compete at the highest level of my sport," said Runnalls. "I'm extremely excited to be heading to Milano Cortina. The race venue is a place where I've achieved all of my personal bests, which gives me a lot of confidence. I've been building toward this Olympics my

entire career, and I can't wait to give it everything I have."

Yukon native Nadia Moser will make her Olympic debut four years after a broken ankle prevented her from being named to the Canadian Olympic Team for Beijing 2022. She competed at the 2012 and 2014 Arctic Winter Games, reaching the podium in every race both times. Racing for Canada at every IBU World Championships since 2020, she contributed to top eight finishes in the mixed relay at both the 2021 and 2023 IBU World Championships.

Pascale Paradis, who competed for Team Canada at the Lausanne 2020 Winter Youth Olympic Games, raced in her first senior IBU World Championships in 2025. Steadily progressing throughout the ranks, she contributed to two top-10 finishes in the women's relay on the World Cup circuit last season.

"Being named to represent Team Canada honestly feels crazy and awesome. It is still surreal and I can't believe it's happening and it's hard to believe that my dream as a child is actually coming true," said Paradis. "The Youth Olympics were pretty eye opening into what it means to have many different sports and countries competing at one event. It was very inspirational, especially at a young age, and it showed me just how big this dream could be. I'm ready to ski my heart out for Canada at these Games."

Biathlon will take place February 8 - 21 (Days 2 - 15) at the Anterselva Biathlon Arena – one of the most renowned race venues on the World Cup circuit.

"This is a determined group of athletes, combining veteran experience with youthful energy and drive," said Clayton Whitman, Performance Pathway Manager with Biathlon Canada. "Each of these athletes has achieved success at every stage of their development, and it is inspiring to see them reach the very top of biathlon. They are a strong, supportive group who work tirelessly every day, and it is rewarding to see those long hours and sacrifices pay off."

Team Canada has won 3 Olympic biathlon medals, all earned by Myriam Bédard. Men's biathlon has been part of the Olympic program since Squaw Valley 1960, while women's biathlon made its debut at Albertville 1992.

"Biathlon is one of the purest tests of mind-body connection in sport—pushing all-out endurance, then demanding total calm and precision on the range. Huge congratulations to the eight athletes who will race for Team Canada," said Jennifer Heil, Team Canada's Milano Cortina 2026 Chef de Mission. "With seven first-time Olympic team members and veteran Adam leading the team, it's going to be a special Olympic experience in Anterselva, where biathlon is truly beloved. We'll be cheering you on every step of the way."

Team Canada's biathletes for the Milano Cortina 2026 Olympic Winter Games will be supported by the following coaches and staff:

Andrew Chisholm - Team Leader and Coach
Helene Jorgensen - Coach
Raphael Grosset - Wax Technician
Eric Gosselin - Wax Technician
Paul Moore - Wax Technician
Pavel Stolba - Wax Technician
Bastien Buttin - Wax Technician
Clayton Whitman - Team Manager
Stephen Waterreus - Massage Therapist

Prior to being named to Team Canada, all nominations are subject to approval by the Canadian Olympic Committee's Team Selection Committee following its receipt of nominations by all National Sport Organizations.

The latest Team Canada roster can be found [here](#) and the qualification tracker can be found [here](#).

Team Canada FanFest

[Team Canada FanFest](#) is back! Come celebrate and cheer on the athletes who will proudly represent Canada at Milano Cortina 2026. Join us for an immersive and festive experience, share unforgettable Olympic moments, and be part of Team Canada. Follow @TeamCanada on social for the latest news.

MEDIA CONTACTS:

Chris Dornan
Team Canada Biathlon Media Attache for Milano Cortina 2026
C: 403-620-8731
E: hpprchris@shaw.ca

Tara MacBournie, Team Canada Milano Cortina 2026 Sport Communications Lead
Canadian Olympic Committee
C: 647-522-8328
E: tmacbournie@olympic.ca