

# Evening Menu

## Starters

### WHITEBAIT **D**

£8.00

Breaded whitebait with rocket and lime aioli.

### BAKED BRIE **V**

£7.50

Baked pot of brie with toasted baguette shards, rocket and cranberry.

*Can be made **gluten free** upon request.*

### ANTIPASTI **VN, G&D**

£7.50

Green pitted olives, sun dried tomatoes and toasted baguette shards with olive oil and balsamic for dipping.

*Can be made **gluten free** upon request.*

### CHICKEN GOUJONS **D**

£8.00

Butty Bach ale battered chicken goujons with salad and chef's tomato relish.

## Main Courses

### LEMON SOLE **G&D**

£19.00

Grilled fillet of lemon sole on sautéed new potatoes, cherry tomatoes and spinach with a lemon caper butter and vegetables.

*Can be made **dairy free** upon request.*

### FORESTER'S CHICKEN **G**

£18.00

Pan fried chicken breast in a creamy brandy, mushrooms and sage sauce with new potatoes and vegetables.

*Can be made **gluten free** upon request.*

### BALSMIC BRAISED BEEF **G&D**

£18.00

Locally sourced beef, braised in balsamic with shallots, red peppers and thyme. Served with creamy mashed potato and vegetables.

*Can be made **dairy free** upon request.*

### MOVING MOUNTAINS BURGER **VN&D**

£15.50

Moving Mountains plant based chicken burger with tomato and lettuce, served with chips, salad and chef's tomato relish. *Add Mozzarella for 50p*

*Vegan & dairy free bun available.*

**D** - Dairy free **G** - Gluten free **V** - Vegetarian **VN** - Vegan

The Fountain Inn, Parkend

## Main Courses

### PORK TENDERLOIN **G&D**

£18.50

Pan fried pork tenderloin on creamy mashed potato with a Severn Cider and apple jus, served with seasonal vegetables.

*Can be made **dairy & gluten free** upon request.*

### FOUNTAIN BURGER **G**

£17.00

Homemade 70z British beef burger with bacon, Mozzarella and BBQ sauce. Served with chips, salad and slaw. **Gluten or dairy free** bun available.

*Feeling hungry? Upgrade your burger with an extra patty, bacon, Mozzarella & onion rings for an extra £6.50!*

### BUTTY BATTERED COD **D**

£17.00

Butty Bach ale battered cod fillet with chips, homemade tartare sauce and choice of garden peas or mushy peas.

### SWEET POTATO SAAG **VN,G&D**

£15.00

Chef's sweet potato, garlic and spinach Saag curry served with rice.

*Add a small portion of chips for £2.00 **or** grilled chicken for £3.00*

### GREEK SALAD **V&G**

£15.00

Large house salad with crumbled feta and pitted green olives, tossed in chef's oregano olive oil and drizzled with balsamic.

*Add a small portion of chips **or** crispy bacon for £2.00*

### RUMP STEAK **D**

£23.00

Locally sourced 10 oz Rump steak with chips, roasted cherry tomatoes, onion rings and grilled mushrooms.

*Can be made **gluten free** upon request.*

## Side Orders

Chunky Chips	£4.00	Cheesy Chips	£5.00	Blue Cheese Chips	£6.00
Hand Battered Onion Rings	£4.50	Gluten Free Onion Rings	£4.50		
Garlic Bread	£4.50	Cheesy Garlic Bread	£5.00		
Side Salad with House Dressing	£4.00	1/2 Baguette & Butter	£1.00		
Homemade Slaw	£2.00	Seasonal Vegetables	£4.50		
Homemade sauces: Stilton, Peppercorn or					
Red Wine Gravy £3.00 Garlic Butter £1.00					

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