

Lunch Menu

Mains:

Fountain Burger £17.50

Homemade 7oz beef burger with bacon, BBQ sauce & mozzarella, with chips, salad & slaw.

Gluten or dairy free bun available.

Butty Battered Cod D £17.00

Butty Bach ale battered cod fillet with chips, homemade tartare sauce & choice of garden peas or mushy peas.

Pan Fried Chicken G £18.00

Pan fried chicken breast in a creamy leek, mushroom & white wine sauce with new potatoes & vegetables.

Ham, Egg & Chips G&D £15.50

Locally sourced ham with chips, 2 free range eggs & salad.

Moving Mountains Burger VN&D £16.00

Moving Mountains plant based 'chicken' burger with tomato & lettuce, served with chips, salad & sweet chilli sauce. *Add Mozzarella for 50p*

Thai Red Curry VN,D&G £15.00

Chef's Thai red curry served with rice.

Add a small portion of chips for £2.00 or grilled chicken for £3.00

Truffle Fettuccine V £14.50

Fettuccini pasta with pan fried mushrooms, spinach & red onion in a creamy truffle & white wine sauce with garlic bread.

Glazed Halloumi Salad V&G £15.50

Grilled halloumi with a sweet chilli, mango & lime glaze on large house salad, tossed in olive oil & drizzled with balsamic.

Add a small portion chips or crispy bacon for £2.00

Baguettes:

Choose from a brown or white baguette, with salad & chips. *Gluten free option available.*

Bacon, Brie & Cranberry £13.00

Thick Cut Ham & English Mustard D £13.00

Brie & Cranberry V £12.00

Roast Chicken, Lettuce & Mayo D £13.00

Smoked Salmon, Cucumber & Cream Cheese £14.00

Light Lunches:

Salt & Pepper Squid D £8.50

Salt & pepper squid with rocket & zesty lime aioli.

Roasted Mushroom Pâté VN,G&D £8.00

Chef's roasted garlic, mushroom & thyme pâté with toasted baguette shards, rocket and butter.

Can be made gluten free, dairy free or vegan upon request.

Baked Brie V&G £8.00

Baked pot of brie with toasted baguette shards, rocket & cranberry.

Can be made gluten free upon request.

Chicken Goujons D £8.50

Butty Bach ale battered chicken goujons with salad & a sweet chilli, mango & lime dip.

Sides Orders:

Chunky Chips	£4.00	Cheesy Chips	£5.00	Blue Cheese Chips	£6.00
Hand Battered Onion Rings	£4.50	Gluten Free Onion Rings	£4.50		
Garlic Bread	£4.50	Cheesy Garlic Bread	£5.00		
Side Salad with House Dressing	£4.00	1/2 Baguette & Butter	£1.00		
Homemade Slaw	£2.00	Seasonal Vegetables	£4.50		

D-Dairy free G-Gluten free V-Vegetarian VN-Vegan

The Fountain Inn, Parkend