

# CAROLINA FAMILY HEALTH CENTERS, INC. POLICY

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**TITLE:** IBH-400 Medication Assisted Treatment Program

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**EFFECTIVE DATE:** May 27, 2025

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**SECTION:** IBH

**REFERENCE PROCEDURE:**

IBH-400.01 Medication Assisted Treatment Program

IBH 400.03 Syringe Services Program

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**RESPONSIBLE CHIEF OF STAFF:** Chief Medical Officer

**RESPONSIBLE COMMITTEE:** Medical CIT

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**REVIEWED:**

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## **I. PURPOSE**

The purpose of this policy is to describe the Medication Assisted Treatment (MAT) program at Carolina Family Health Centers, Inc. (CFHC, Inc.)

## **II. POLICY**

CFHC, Inc. supports the use of evidence-based practices for the treatment of opioid use disorder (OUD), alcohol use disorder (AUD), and other substance use disorders. CFHC, Inc.'s cautious and selective enrollment of patients into the MAT program, along with the implementation of a standardized approach to treating and monitoring patients receiving MAT, is critical to treatment success. The multidisciplinary collaboration between the medical and integrated behavioral health (IBH) departments is also a key factor in providing this service. CFHC, Inc.'s MAT program follows the following principles:

- Functions from a harm reduction perspective with a focus on keeping patients engaged and accountable, while reinstating structure and responsibilities with time.
- Offers individualized treatment plans.
- Incorporates substance use treatment seamlessly into primary care and mental health services.

The ultimate goals of treatment are improved outcomes and quality of life for patients with substance use disorders. Refer to *IBH-400.01 Medication Assisted Treatment Program*.

CFHC, Inc. is an established syringe services program (SSP) extension site for both the Wilson County Health Department and the Edgecombe County Health Department's syringe services programs. SSPs are established and governed by the North Carolina Department of Health and Human Services (NC DHHS) under the North Carolina Safer Syringe Initiative. Harm reduction supplies available through SSPs are primarily intended for people who inject drugs (PWID), though resources can also be used to educate individuals using drugs via other routes, as well as individuals at high risk of infectious disease transmission associated with drug use. Refer to *IBH-400.03 Syringe Services Program*