Carolina Family Health Centers, Inc.

Casual Attire ("Dress Down Day") Examples – Acceptable and Unacceptable

Dress Down Day also includes all categories of business casual attire.

Clothing Category	Acceptable	Unacceptable
Tops/Shirts	T-shirts ¹ Sweatshirts ¹	Beachwear Exercise wear Spaghetti straps ² Strapless top ² Halter top ² T-strap ²
Pants	Denim pants Jeans	Sweatpants Leggings ³ Jeggings ³ Tights ³ Athletic wear Shorts Bib overalls Joggers Knit bottoms Lounge wear
Skirts/Dresses	Denim skorts Denim skirt Denim dress	Spaghetti strap dress ⁴ Strapless dress ⁴

¹No political, sexually suggestive, inappropriate language or symbolism, or religious statements or ideology allowed on clothing in the workplace.

²Spaghetti straps, strapless tops, halter tops, and t-straps may only be worn when a jacket or sweater covers the exposed body areas.

³Skin-tight pants are not considered pants and are only acceptable when worn under a skirt or dress of appropriate length.

⁴Spaghetti strap or strapless dresses may be worn as long as a jacket or sweater covers the exposed body areas.