




St. Christopher's Lunch Menu

January 2026

Monday		Tuesday		Wednesday		Thursday		Friday	
PLEASE NOTE: The nutrition information provided in this analysis should not be used for people with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. In planning and treating allergies and medical conditions, please contact the district regarding their individual policy for accommodating special dietary needs.				WHAT IS IN A LUNCH???		1		2	
				Milk, Meat/Meat Alternate, Vegetables, Fruits, and Grains. Students MAY take all 5 items but MUST take 3 items including 1/2 cup fruit or vegetables.					
5 Big Daddy's Pizza Peas Vegetable Soup with Rice		6 Cougar Burger Lettuce & Tomato Baked Beans		7 Chinese Chicken Teriyaki Rice Bowl Roasted Broccoli		8 Cougar Bagel Egg Patty with Cheese Sweet Potato Fries		9 Mozzarella Sticks Roasted Cauliflower	
12 Pizza Crunchers Dipping Sauce Glazed Carrots Cream Of Broccoli Soup		13 Beef Taco Corn Salsa Refried Beans		14 BBQ Turkey Sandwich Waffle Fries		15 Philly Steak Sub with Melted Cheese Roasted Broccoli		16 French Toast Sticks Maple Syrup Egg Patty Hash Brown Patty	
19 		20 Burger Sliders Cheesy Potato Vegetarian Chili		21 Cheese Quesdilla Salsa Roasted Brussels Sprouts		22 Crispy Chicken Patty on a Roll Mashed Sweet Potatoes		23 Creamy Macaroni And Cheese Seasoned Spinach	
26 Stuffed Crust Pizza Refried Beans Chicken Noodle Soup		27 BBQ Shredded Turkey Shredded Cheddar Cheese Tortilla Wrap Waffle Fries		28 Chicken & Waffles Maple Syrup Roasted Broccoli		29 Turkey and Gravy Pasta Noodles Glazed Carrots		30 Cheese Ravioli Dinner Roll Corn Niblets	

Offered Daily:
Either Hummus Meal
OR Fruit and Yogurt
Platter,
Chicken Nuggets, Sun
Butter & Jelly Sandwich,
Upstate Skim Chocolate
Milk or Upstate 1% Milk
Canned or Fresh Fruit

This institution is an equal opportunity provider.
 Menu is subject to change.