


St Christopher Breakfast Menu

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Banana Bread Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	3 Powdered Sugar Mini Donuts Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	4 Cereal,Variety Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	5 Chocolate Chip Muffins Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	6 Bagel Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk
9 Waffle Snaps Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	10 Pop Tarts - Strawberry Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	11 Cereal,Variety Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	12 Oatmeal Bar Strawberry Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	13 Donut Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk
16 	17 	18 	19 	20 
23 Cereal Bar Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	24 Yogurt Fresh Fruit Juice cup Graham Crackers Upstate 1 % Milk Upstate Fat Free Milk	25 Cereal,Variety Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	26 Chocolate Chip Muffin Top Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	27 Cinnamon Roll Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk

A variety of breakfast items will be offered daily!

Stop in and check it out!!

This institution is an equal opportunity provider.
Menu is subject to change.

WHAT IS IN A BREAKFAST???

Grains, Meat/Meat Alternate, Vegetables, Fruits, and Milk.

Students MUST take 3 full items including 1/2 cup fruit.

PLEASE NOTE: The nutrition information provided in this analysis should not be used for people with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. In planning and treating allergies and medical conditions, please contact the district regarding their individual policy for accommodating special dietary needs.