

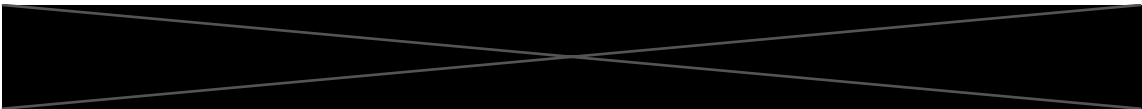


Report for

Gain insight into the stress level in your department



PSS and Mood Score for this period





About this report | how to read the report

In this monthly report, you will gain insight into your employees' wellbeing.

The report contains results of measurements performed by OrbisCure. In the report, you will find data from your entire company, as well as your own department.

Stress Measurement

The stress measurement we use is called the PSS (Perceived Stress Scale). The stress measurement consists of 10 questions and should be taken once a month. The questions in the measurement are answered based on the past month and relate to both work and private life.

When your employees have completed a measurement, they are informed of their stress level. The stress level is measured on a scale from 0-40 and is divided into the following four zones:

- Low stress: 0-13
- Mild stress: 14-17
- Moderate stress: 18-26
- High stress: 27-40

The measurement is scientifically validated and used by the Danish Board of Health. For further information about the stress measurement: [Here](#)

Get knowledge and tools about stress prevention through OrbisCure's article library: [Here](#)

Mood Score

The mood score is a snapshot of your employees' mood on a scale from 1-5.

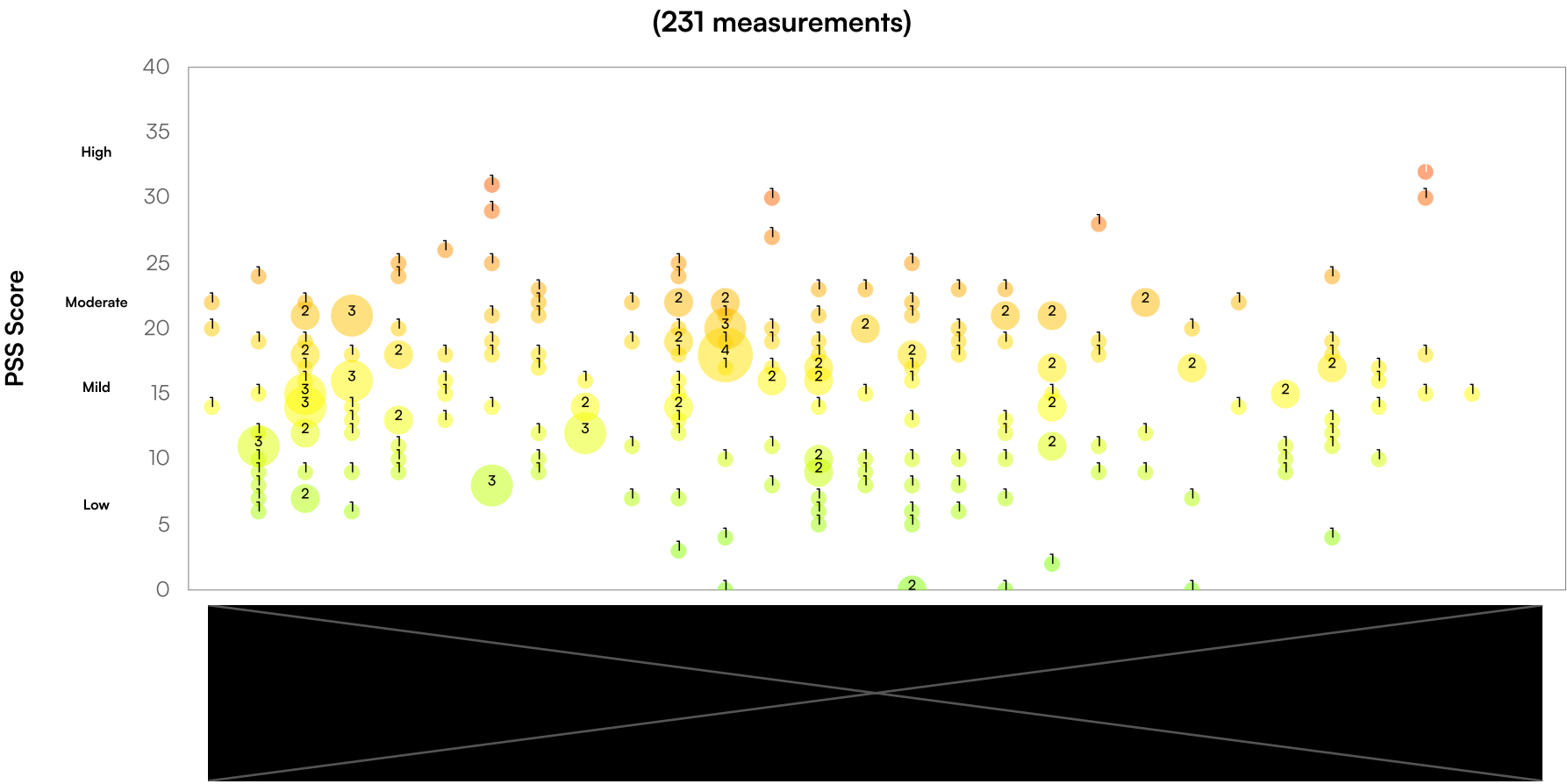
As a leader, you can use the mood score to gain insight into the reasons for your employees' moods — for example, whether they feel stressed due to work or family.

Similarly, like other companies, you can use the mood measurement in departmental meetings as a starting point for a discussion on well-being.

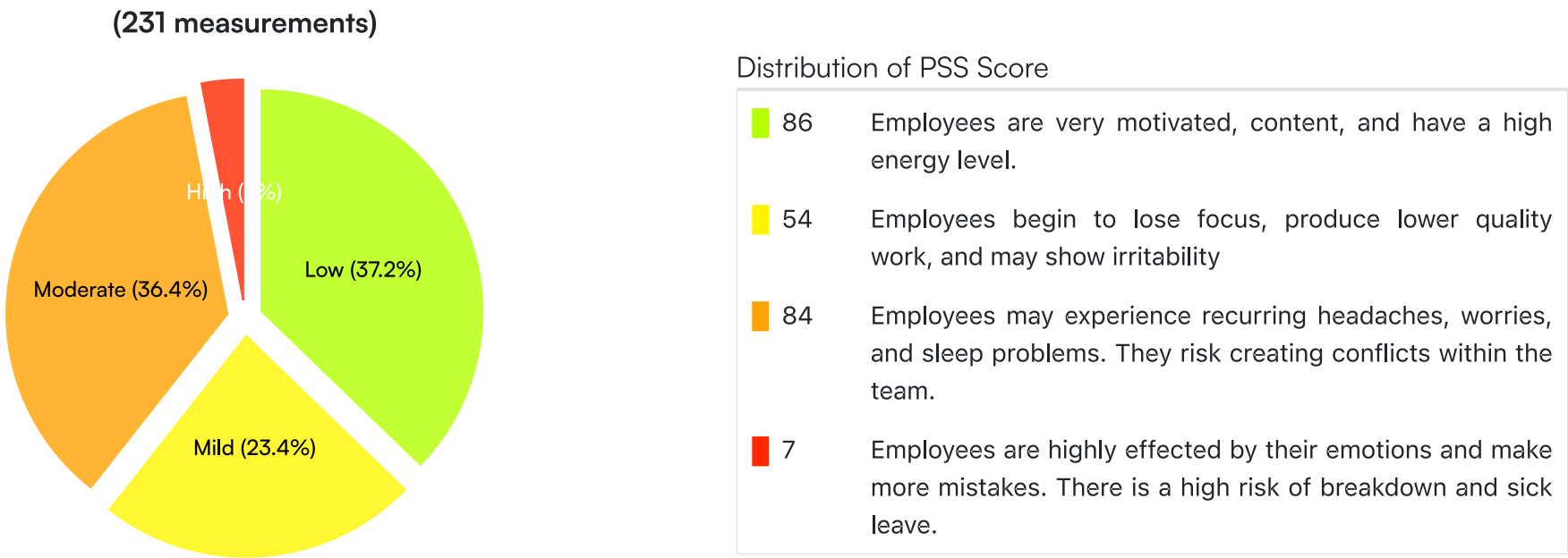
Unlike the mandatory PSS measurement, the mood measurement is optional for your employees. Therefore, the number of responses may vary from month to month.

Company [redacted]

PSS level distribution for Company [redacted]

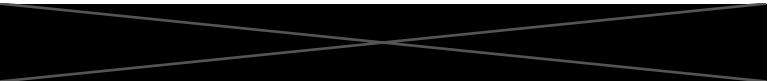


PSS level distribution for Company [redacted]





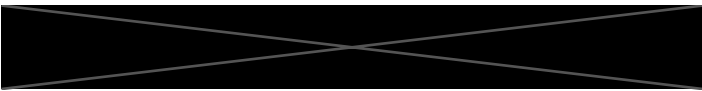
PSS Answer Distribution for Company



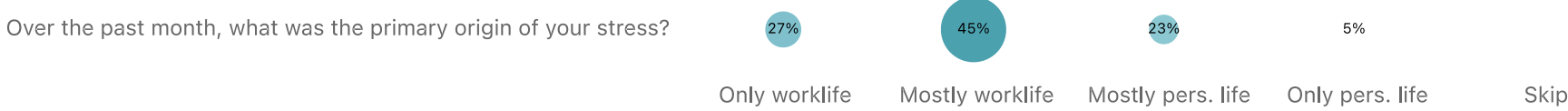
for any PSS Score: In the last month, how often have you... (231 measurements)



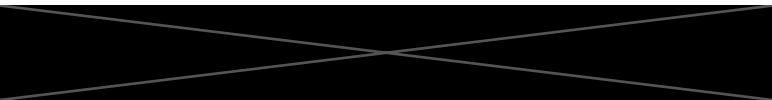
PSS Root Cause for Company



for any PSS Score: PSS Root Cause (214 measurements)



PSS Answer Distribution for Company

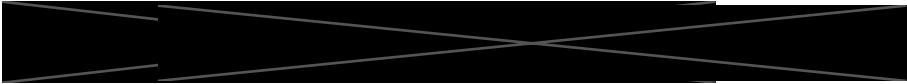


for PSS Score in range 0 - 17: In the last month, how often have you... (140 measurements)

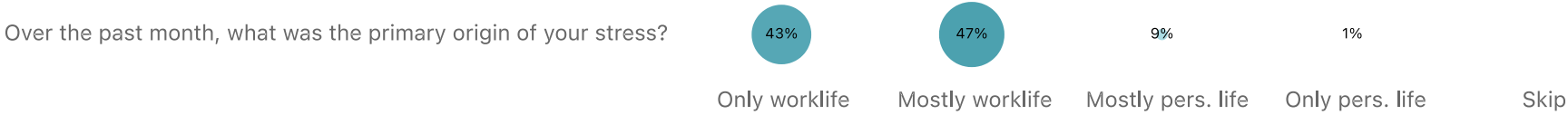




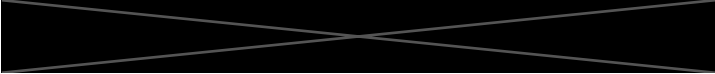
PSS Root Cause for Company



for PSS Score in range 0 - 17: PSS Root Cause (123 measurements)



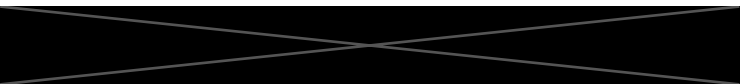
PSS Answer Distribution for Company



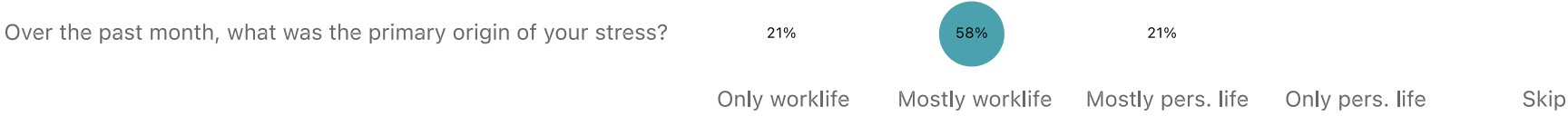
for PSS Score in range 14 - 17: In the last month, how often have you... (54 measurements)



PSS Root Cause for Company



for PSS Score in range 14 - 17: PSS Root Cause (53 measurements)





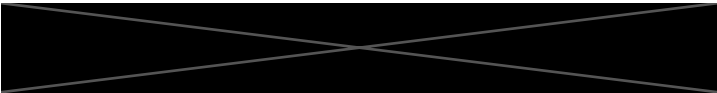
PSS Answer Distribution for Company



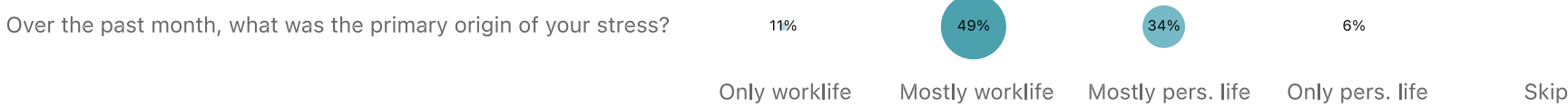
for PSS Score in range 14 - 40: In the last month, how often have you... (145 measurements)



PSS Root Cause for Company



for PSS Score in range 14 - 40: PSS Root Cause (144 measurements)



PSS Answer Distribution for Company

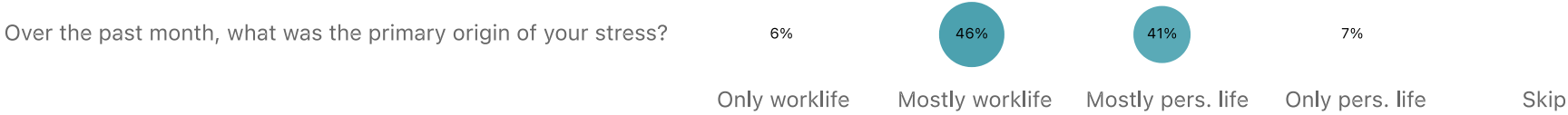


for PSS Score in range 18 - 27: In the last month, how often have you... (85 measurements)



PSS Root Cause for Company

for PSS Score in range 18 - 27: PSS Root Cause (85 measurements)



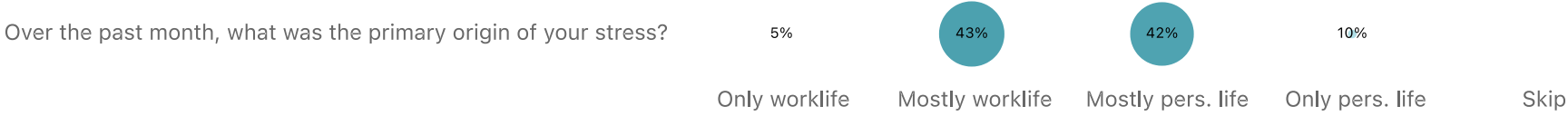
PSS Answer Distribution for Company

for PSS Score in range 18 - 40: In the last month, how often have you... (91 measurements)



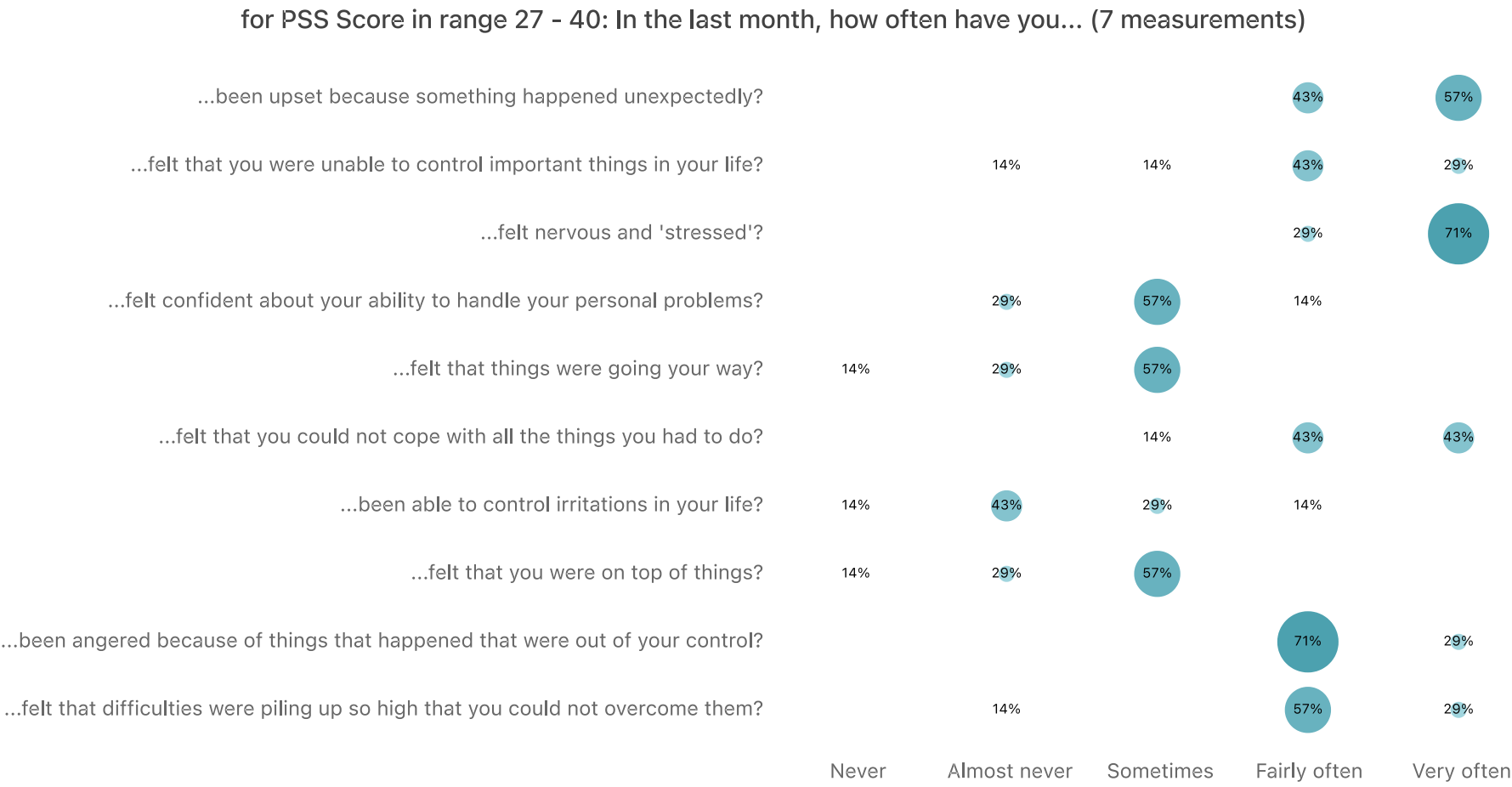
PSS Root Cause for Company

for PSS Score in range 18 - 40: PSS Root Cause (91 measurements)





PSS Answer Distribution for Company



PSS Root Cause for Company

