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Renewable UK Medical Examinations (Wind Turbine Medical Examinations) Advice Beforehand

Please review the below carefully to minimise the likelihood of delays and increased costs associated with retesting where same is required.

1. Previous Certification

a. If you have a previous RenewableUK Medical / Wind Turbine Medical / EI 3583 Certificate(s) please ensure to bring same.

2. Identification

a. Please ensure to bring valid, in date, government photo identification. E.g. passport.

3. Medication

a. If you take any medications, please bring a list of medication(s).

4. Audiometry

- a. You will be booked to have a hearing test please avoid loud noise for 16 hours before hand.
- b. Please also ensure that your ears are free from wax.

5. Glasses

a. Please bring all types of glasses worn to improve vision.

6. Fitness test

- a. You will be required to complete a fitness test.
- b. Please wear comfortable and loose clothing.
- c. Please wear shoes with good grip and flexibility.
- d. Please do not eat, smoke nor drink coffee nor tea for 2 hours before the test.
- e. Avoid heavy exercise 24 hours before the test.
- f. It is required to be in general good health before a fitness test.
- 7. Please arrive with a full bladder and able to give a urine test.
- 8. If you or your employer/company requires a drugs of abuse screen please ensure to review the associated <u>pre-appointment advisory</u>.