



MMC Microsuction for Ear Wax Info

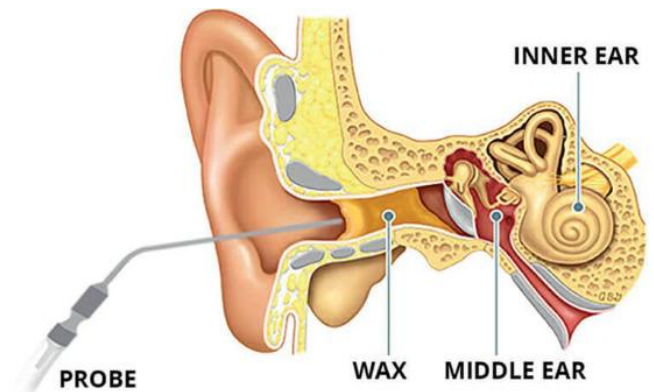
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Background;

Ear wax build up in the ear can lead to temporary hearing loss, earaches, persistent itching, a feeling of fullness in the ear, and tinnitus (ringing or buzzing). Mungret Medical Centre offers a nurse led service for the removal of ear wax. Please note that other condition(s) may cause the same and/or similar symptoms and the service at Mungret Medical Centre is solely for the removal of ear wax.

What is microsuction for ear wax removal?

With microsuction for ear wax removal a gentle vacuum is applied. It is widely considered the gold standard for clearing ear blockages and can target stubborn or hard wax directly. The procedure can seem noisy during it, but it is generally very well tolerated procedure with soon positive effects.



Pre-procedure advice;

- For ear wax the application of olive oil (room temperature), or Cerumol, twice a day for a week can help with the procedure and increase ease of complete wax removal.
- This service is intended for ear wax removal only, other conditions such as, but not limited to, infection are not intended to be addressed by this service at Mungret Medical Centre.

Aftercare advice;

- Avoid getting water in your ears for 24-48 hours after the microsuction procedure. Protect ears with cotton balls coated in petroleum jelly when showering or washing your hair.
- Do not insert anything into the ear canal like cotton swabs, bobby pins or tissues, as this could disturb the healing process.
- Refrain from vigorous physical activity, exercise, swimming or strenuous activity for 1-2 days following the procedure. This helps prevent complications.
- Use over-the-counter pain relievers such as paracetamol or ibuprofen if you experience any discomfort, ear pain or headaches afterwards.
- Avoid using in-ear headphones or earbuds for a few days until ears heal fully. This prevents irritation.
- If you have any concerns or other issues following the procedure please seek medical review.