

WELCOME TO OUR

## February Newsletter

*Winter Skin Recovery & Spring Prep*

### Winter Skin Recovery

**How cold weather affects the skin—and why now is the time to repair and prepare**



Winter can quietly take a toll on the skin. Cold outdoor temperatures combined with dry indoor heat strip the skin of moisture and weaken its natural barrier, often leaving it dry, dull, or more sensitive than usual. Even when covered during colder months, the skin still requires consistent care and protection.

When it comes to healthy, glowing skin, consistency is everything. Supporting the skin throughout winter helps maintain balance, strengthen the skin barrier, and prevent long-term damage. If your goal is radiant skin by spring and summer, now is the time to begin.

Winter is also the ideal season for professional skin treatments. With reduced sun exposure, the skin is better able to heal and respond to treatments such as microneedling and laser therapies—allowing results to develop safely and effectively.

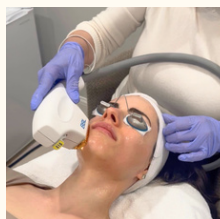
## Service Recommendations

WINTER'S REDUCED SUN EXPOSURE MAKES THIS AN IDEAL TIME FOR SKIN REJUVENATING TREATMENTS.



### HYDRAFACIAL

- Restores hydration and radiance
- Clears congestion while calming the skin
- Strengthens the skin barrier in winter



### BBL HERO

- Corrects pigmentation, redness & sun spots
- Custom light-based treatment
- Improves tone, texture, and visible signs of aging



### EXION RF MICRONEEDLING

- Collagen and elastin stimulation
- Improved texture and skin firmness
- Supports long-term skin renewal

## Events

At tyte Medispa & Gallery



Pilates | Every Saturday 10am - 11am

Galentines Day: Relax and Renew  
Sip a Little Rosé & Glow All Day  
February 13<sup>th</sup> | 12 - 6pm

Open Reception “Imagined Realities:  
Inner Worlds from New York” curated by  
Lara Arafah  
February 21<sup>st</sup> | 3 - 6pm

## Skincare Recommendations

### Alastin Restorative Skin Complex

Supports the skin's natural regenerative process while improving overall texture and firmness.



### Alastin HA Immerse

Deeply hydrates while helping restore and maintain the skin barrier.



[Shop Online](#)

### Alastin Regenerating Skin Nectar

Designed to boost results and support skin recovery before and after advanced aesthetic treatments.



HAVE QUESTIONS OR NOT SURE WHERE TO START?  
OUR TEAM IS ALWAYS HAPPY TO HELP GUIDE YOU

*“Do today what your future self will thank you for!”*

[Book Here](#)