

Main Meal

OPTION 1
OPTION 2

Veggies

Pasta

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges 	Mixed bean bolognaise with penne pasta   	Vegetable sausages with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice  	Vegetable nuggets, chips & tomato ketchup 
Roasted vegetable pizza & oven baked wedges	Halal beef & lentil bolognaise with penne pasta   	Halal roast chicken breast with roast potatoes & gravy	Halal creamy coconut chicken & chickpea curry with carrot rice  	Halal fish fingers, chips & tomato ketchup
Broccoli 	Carrots & peas 	Carrot & cabbage 	Broccoli & cauliflower 	Baked beans 
Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Creamy pesto penne pasta 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 
Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo
Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Orange jelly & mandarins 	Baked apple & cinnamon sponge 	Strawberry yogurt & strawberry sauce 

Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 	OPTION 1 Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
	OPTION 2 Halal tomato, spinach & salmon pasta	Halal chicken & vegetable pie with new potatoes	Halal roast turkey breast, roast potatoes & gravy	Halal lemon & herb chicken with chickpeas & vegetable rice	Halal fish & chips with tomato ketchup
Veggies 	Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Pasta 	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Filled Rolls 	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats 	Watermelon wedge	Oaty apple crumble & custard	Chocolate mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

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KEY Wholegrain Vegetarian
 Nutritionist's Choice Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 	OPTION 1 Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Roast Quorn fillet with roast potatoes & gravy	Baked creamy mac 'n' cheese	Quorn dippers, chips & tomato ketchup
	OPTION 2 Rainbow vegetable stir fried rice	Halal chicken sausages (beef casing) with mashed potatoes & gravy	Halal roast chicken breast, roast potatoes & gravy	Halal BBQ chicken loaded mac 'n' cheese	Halal fish fingers, chips & tomato ketchup
Veggies 	Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked beans
Pasta 	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta
Filled Rolls 	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats 	Chocolate shortbread	Apple & summer berry crumble with custard	Strawberry yogurt & strawberry sauce	Raspberry jelly & mandarins	Chocolate fruit crispie cake

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Wholegrain Vegetarian

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