

# ALLERGEN MATRICES



This document includes the allergen information for our Summer 2026 primary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on -

4/17

All meals for pupils with allergies must be pre-ordered at least one week in advance.



IFG

## KEY

✓ = contains

**M** = may contain

Blank = does not contain

Menu FIR Intolerance Report

Primary Menu IFG Halal & Non Halal (A) April 26

| Dish Name | Cereals containing Gluten : |               |               |     |        |      |      |             |          |      |          |      |         |          | Tree Nuts : |            |           |            |               |                                 |         |        |         |        |                           |       |  |  |
|-----------|-----------------------------|---------------|---------------|-----|--------|------|------|-------------|----------|------|----------|------|---------|----------|-------------|------------|-----------|------------|---------------|---------------------------------|---------|--------|---------|--------|---------------------------|-------|--|--|
|           | Wheat                       | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Fish | Crustaceans | Molluscs | Eggs | Soybeans | Milk | Almonds | Hazelnut | Walnut      | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Peanuts | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin |  |  |

WK1 Monday

|                                                                             |   |   |   |  |  |   |   |   |  |  |  |   |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |  |   |  |
|-----------------------------------------------------------------------------|---|---|---|--|--|---|---|---|--|--|--|---|---|---|--|--|--|--|--|--|--|--|--|--|--|--|--|---|---|--|---|--|
| Primary Broccoli 10429 (Yield 50ptn/s)                                      |   |   |   |  |  |   |   |   |  |  |  |   |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |  |   |  |
| Primary Halal Pepperoni Pizza & Oven Baked Wedges 1024576 (Yield 12ptn/s)   | ✓ | ✓ | M |  |  | M | M | M |  |  |  | M | M | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  | M | M |  |   |  |
| Primary Lemon Shortbread 1018591 (Yield 84ptn/s)                            |   |   |   |  |  |   |   |   |  |  |  |   |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |  | ✓ |  |
| Primary Margherita Pizza & Oven Baked Wedges 1019526 (Yield 12ptn/s)        | ✓ | ✓ | M |  |  | M | M | M |  |  |  |   |   | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |  |   |  |
| Primary Pepperoni Pizza & Oven Baked Wedges 1024558 (Yield 12ptn/s)         | ✓ | ✓ | M |  |  | M | M | M |  |  |  |   |   | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |  |   |  |
| Primary Roasted Vegetable Pizza & Oven Baked Wedges 1017131 (Yield 12ptn/s) | ✓ | ✓ | M |  |  | M | M | M |  |  |  |   |   | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |  |   |  |

WK1 Tuesday

|                                                                                  |   |   |  |  |  |   |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |  |  |  |
|----------------------------------------------------------------------------------|---|---|--|--|--|---|--|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|--|--|--|
| Primary Beef & Lentil Bolognaise with Penne Pasta 1019350 (Yield 150ptn/s)       | ✓ | ✓ |  |  |  |   |  |  |  |  |  | M |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | M |  |  |  |
| Primary Carrots & Peas 2932 (Yield 80ptn/s)                                      |   |   |  |  |  |   |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |  |  |  |
| Primary Chocolate & Banana Brownie Sponge 1019361 (Yield 64ptn/s)                | ✓ |   |  |  |  | ✓ |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |  |  |  |
| Primary Halal Beef & Lentil Bolognaise with Penne Pasta 1019352 (Yield 150ptn/s) | ✓ | ✓ |  |  |  |   |  |  |  |  |  | M |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | M |  |  |  |
| Primary Mixed Bean Bolognaise With Penne pasta 1019601 (Yield 50ptn/s)           | ✓ | ✓ |  |  |  |   |  |  |  |  |  | M |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | M |  |  |  |

WK1 Wednesday

|                                                                                         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Primary Carrots & Cabbage 1015987 (Yield 80ptn/s)                                       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primary Halal Roast Chicken Breast With Roast Potatoes & Gravy 1019424 (Yield 100ptn/s) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primary Orange Jelly and Mandarins 1008354 (Yield 30ptn/s)                              |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primary Roast Gammon Roast Potatoes & Gravy 1001263 (Yield 100ptn/s)                    |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primary Vegetable Sausages with Roast Potatoes and Gravy 1017148 (Yield 21ptn/s)        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

WK1 Thursday

## WK2 Tuesday

## WK2 Wednesday

## WK2 Thursday

## WK2 Friday

## WK3 Monday

[illegible]

## WK3 Tuesday

## WK3 Wednesday

## WK3 Thursday

**Dish Name**

- | <u>Cereals containing Gluten :</u> |  |
|------------------------------------|--|
| Wheat                              |  |
| Spelt (Wheat)                      |  |
| Kamut (Wheat)                      |  |
| Rye                                |  |
| Barley                             |  |
| Oats                               |  |
| Fish                               |  |
| Crustaceans                        |  |
| Molluscs                           |  |
| Eggs                               |  |
| Soybeans                           |  |
| Milk                               |  |
| <u>Tree Nuts :</u>                 |  |
| Almonds                            |  |
| Hazelnut                           |  |
| Walnut                             |  |
| Cashew nut                         |  |
| Pecan nut                          |  |
| Brazil nut                         |  |
| Pistachio nut                      |  |
| Macadamia nut or Queensland nut    |  |
| Peanuts                            |  |
| Celery                             |  |
| Mustard                            |  |
| Sesame                             |  |
| Sulphur dioxide/sulphites          |  |
| Lupin                              |  |

## WK3 Friday

[illegible]