



## Abbey Trust Primary 100 Words

### Oracy will:

Value your voice

Improve your vocabulary

Develop your language and expression

### WEEK 2

Generate | Global | Highlighted

## Our Award Winners this week are:

### Headteachers Award

Reception - Alessia and Ngola

Year 1 - Finley and Reggie

Year 2 - India and Ibby

Year 3 - Ivan and Georgia

Year 4 - Joel and Emmy

Year 5 - Macaulay and Leila

Year 6 - Kaiden and Joe

### Attendance Prize Winners

Reception - Amira and Ahsan

Year 1 - Theo and Sydney

Year 2 - Iyra and Naomi

Year 3 - Denzel and Ruona

Year 4 - Sofia and Blossom

Year 5 - Maxine and Mark

Year 6 - Isaac and Zoe

**Well done everyone!**

## Attendance Matters

Whole school attendance is on the increase, which is fabulous. However, 20% of our children are now classed as persistent absentees by the Government. These children have attendance below 90%. All children received individual attendance records last week. If you need another copy, please let us know. By working together to prioritise attendance, we can give all our children the best possible foundation to thrive and succeed.

*We learn with head heart and hand*

[www.ccuprimary.co.uk](http://www.ccuprimary.co.uk)

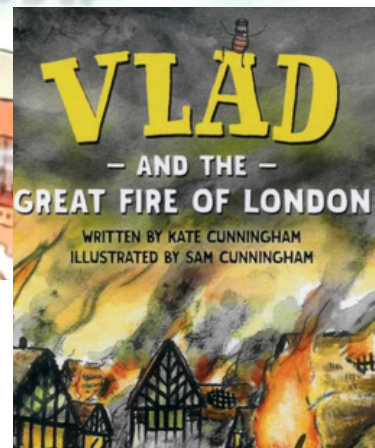
## Year 1 News

Year 1 have settled beautifully into the school routines after the Christmas Holidays.

We are using the book VLAD and the Great Fire of London to help us with our writing. We have learnt the oral story and are busy writing sentences using capital letters and full stops in our writing.

In line with that we are learning about The Great Fire of London in History.

This week we thought about how it must have been for the people who lived through the Great Fire of London. We used our senses to consider what the people saw, smelt, heard, touched and tasted.



# LUNCH TIME

At CCUA we thrive in all ways to be a healthy school. This term we are focusing on using what we learnt from 'Cooking with lentils' and 'Christ Church Cooks Christmas' (thank you again for all the parents that attended both of these events). We are encouraging our children to make healthy choices, with an open mind to totally understanding our individual children's needs.

Attached is also an eat well guide from the government and a guide for the reasons why we encourage healthy food choices.

We all thank you for your support and have loved looking at the variety of food choices in our lunch boxes.





To help us learn more

To give us energy

Better behaviour

Healthy  
teeth

Healthy skin, hair and nails

To grow up healthy and ready for life

## Eatwell Guide

Check the label on  
packaged foods

Each serving (150g) contains

Energy	Fat	Saturated	Sugars	Salt
1046kJ 250kcal	3.0g	1.3g	34g	0.9g
LOW	LOW	HIGH	MED	
13%	4%	7%	36%	15%

of an adult's reference intake  
Typical values (as sold) per 100g: 697kJ/ 167kcal

Choose foods lower  
in fat, salt and sugars

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.



Water, lower fat  
milk, sugar-free  
drinks including  
tea and coffee  
all count.

Limit fruit juice  
and/or smoothies  
to a total of  
150ml a day.



Eat less often and  
in small amounts

Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS

## REMINDERS



### **Our School Day**

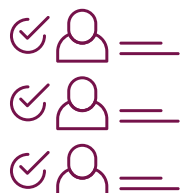
**7:30am** - Breakfast Club (application only)

**8:00am** - Free Breakfast Club (application only)

**8:30am** - School gates open

Children arriving after the gates close, at 8:50am, should come to the office with an adult to ensure they are signed in to get their attendance mark and give their lunch choice.

**3:05pm** - School gates open



### **Attendance (absences and appointments)**

If your child is going to be absent from school, for any reason, please report this before 9am. We ask that you provide letters/texts about appointments. There are two ways you can report absences and appointments:

by email - [ccua-attendance@ccuaprimery.co.uk](mailto:ccua-attendance@ccuaprimery.co.uk) (please do not use any other email to report absences)

by telephone - 0113 2638606 (messages may be left on this number)



### **Uniform and Clothing**

Please ensure your child's name is in clothing they wear to school so lost clothing may be returned to the correct child.

Our school uniform is available from My Clothing - [www.myclothing.com](http://www.myclothing.com)



### **Contact details**

Please remember to let us know of any changes for your child's address, telephone numbers, or medical information so that your child's records can be updated.



### **Parking**

Please help us to keep all our children safe by parking carefully, away from street corners, zigzags and yellow line markings at the beginning and end of the school day. Everyone should be able to see clearly to cross the roads safely.



### **School Office**

The school office is open from 8am-3:30pm.