



We're here to support
you and your family.

Philly **LOVES** Families
Philadelphia Department of Public Health



PHILLY FAMILIES CAN

Free, no-judgment support for every Philly family who wants it - for families with children of all ages. Get connected to home visiting programs, such as MOM PAT, Community-Based Case Management, and more.

DOULA SUPPORT

Get connected with a doula to support you through pregnancy, childbirth, and beyond.

RESOURCE CONNECTION

We recognize that the health and well-being of women, birthing people, teens, and children are essential to building a resilient and thriving community. Find resources for every stage.

SAFE SLEEP

Learn the ABCs of safe sleep and sign up for an in-person safe sleep education class.

BREASTFEEDING & INFANT FEEDING

Through the Pacify app, Philly families have free 24/7 access to lactation and infant feeding experts. The app provides unlimited access to live help through chat, voice, or video call. Use enrollment code PHILLY when you sign up.

MENTAL HEALTH AND WELLNESS SUPPORT

It's normal for parenthood to bring new mental and emotional challenges. Know the signs of postpartum depression and learn about what resources are out there to help.



Department of
Public Health

DIVISION OF REPRODUCTIVE,
ADOLESCENT, AND CHILD HEALTH

SCAN FOR MORE
INFORMATION OR VISIT
PHILLYLOVESFAMILIES.COM

